Veterans enrolled in care at the San Francisco VA:

Thinking about the role of substance use in your life? Where to start?

1. You can attend a drop-in group. (No referral needed.)
   - **SFVA Medical Center:** Wednesdays at 3:00pm in the Medical Practice Conference Room
   - **SFVA Downtown Clinic:** Mondays, Tuesdays, Wednesdays, & Fridays at 9:30am

2. Already in Mental Health treatment?
   Your counselor can advise you and, if needed, put in a consult to get you started in the Access Center Transitions Group.

3. Talk with your primary care provider.
   They can advise you and, if needed, send a consult to get you connected to Mental Health/Substance Use Services.

4. Simply walk into Mental Health Same Day Clinic for evaluation in Building 203, GA-28.

- Are you concerned you might need help detoxing?
  Drop into the Mental Health Same Day Clinic for an evaluation.
  If you are in withdrawal, or experiencing an emotional crisis, go to the Emergency Department or call 911.

For more information about outpatient treatment:
- **Same Day Clinic:** (415) 221-4810 x24824
- **Substance Use Transitions Program:** (415) 221-4810 x23146
- **Psychiatric Evaluation Service:** (415) 750-6674
- **SFVA Downtown Clinic:** (415) 281-5100