



Healthy Heart Community Telephone-Based Support Group

For veterans, family and friends
to share their experiences, stories of inspiration
and questions or concerns.

When

Every 1st Monday of the month
5-6pm

To Join

Dial [800-767-1750](tel:800-767-1750) toll-free from any phone
then enter participant code [68069#](#).
For questions can call [415-750-2016](tel:415-750-2016)

Info

The SFVAMC Healthy Heart Program is offering telephone-based support groups for program participants and those who have graduated.

During these conference calls you are invited to share your experience of leading a heart-healthy life after a cardiac event and to learn from other veterans. This is a secure conference call, you can remain anonymous.