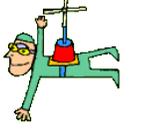


San Francisco VAMC Fort Miley Psychosocial Rehabilitation and Recovery Center

ELECTIVE TRACK

(415) 750-2226

~ Summer 2011 Schedule ~ July 11 - September 30, 2011~

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
 <p>One to One Support 9:00 - 9:45 John Room GA-91</p>	 <p>Speaking of Smoking 9:00 - 9:45 Externs Room GA-41</p>	 <p>Vet 2 Vet 9:00 - 9:45 Room GA-91</p>	 <p>Dual Recovery 9:00 - 9:45 John Room GA-41</p>	 <p>Relationship Skills 9:00 - 9:45 Elena / Yukie Room GA-41</p>	 <p>Heart of Recovery 9:00 - 9:45 Jennifer / Maria Room GA-41</p>	 <p>One to One Support 9:00 - 9:45 John Room GA-91</p>	 <p>Veterans Community Council 9:00 - 9:45 Room GA-41</p>		
 <p>Hope, Transcendence and Recovery 10:00 - 10:45 Rob / Maria Room GA-41</p>	 <p>Social Skills 10:00 - 10:45 Elena / Yukie / Jesse Rooms GA-41 and GA-91</p>	 <p>Sounds of Recovery 10:00 - 10:45 Dan Room GA-41</p>	 <p>Back to School 10:00 - 10:45 Karen / Elena Room GA-91</p>	 <p>Ending Self Stigma 10:00 - 10:45 Karin / Jennifer Room GA-41</p>	 <p>Mind Over Mood 10:00 - 10:45 Maria / Elena Room GA-91</p>	 <p>Social Skills 10:00 - 10:45 Elena / Yukie / Maria / Adrian Room GA-41 and GA-91</p>			
 <p>Stress Management 11:00 - 11:45 Debbie Room GA-41</p>	 <p>Women's Group 11:00 - 11:45 Debbie Room GA-41</p>	 <p>Community Integration 11:00 - 11:45 Elena Room GA-30</p>	 <p>Health and Wellness 11:00 - 11:45 Debbie Room GA-41 <i>*Community Meeting 1st Wed of month</i></p>	 <p>Wellness Management 11:00 - 11:45 Michael / Maria Room GA-41</p>	 <p>WIZMO: Wisdom in Motion 11:00 - 11:45 Richard / Jesse Room GA-41</p>				
 <p>Wellness Activity 12:00 - 12:30 GA-91</p>	 <p>Wellness Activity 12:00 - 12:30 GA-91</p>	 <p>Wellness Activity 12:00 - 12:30 GA-91</p>	 <p>Wellness Activity 12:00 - 12:30 GA-91</p>	 <p>Wellness Activity 12:00 - 12:30 GA-91</p>	 <p>Wellness Activity 12:00 - 12:30 GA-91</p>				
 <p>Write Now 12:30 - 1:15 Richard / Jesse / Dan Room GA-41</p>	 <p>Art of Life 1:15 - 2:45 Richard / Adrian Room GA-41</p>	 <p>Get Yourself Going! 1:00 - 1:45 Elena / Yukie Room GA-41</p>	 <p>OT Workshop 1:00 - 1:45 Kevin Room GA-18</p>	 <p>Recovery Walk 1:00 - 1:45 John Room GA-24</p>	 <p>Recovery Walk 1:00 - 1:45 John Room GA-24</p>				
 <p>Veterans Voice 1:15 - 2:45 Richard / Jesse Room GA-41</p>	 <p>WRAP Group 1:15 - 2:00 Kevin Room GA-18</p>	 <p>Get Yourself Going! 1:00 - 1:45 Elena / Yukie Room GA-41</p>	 <p>OT Workshop 1:00 - 1:45 Kevin Room GA-18</p>	 <p>Recovery Walk 1:00 - 1:45 John Room GA-24</p>	 <p>Recovery Walk 1:00 - 1:45 John Room GA-24</p>				
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