



Do You See a Non-VA Health Care Provider?

VLER Health is a program that shares certain parts of your Veteran health record between the Department of Veterans Affairs (VA), the Department of Defense (DoD), and selected private health care providers over a secure and confidential network known as the eHealth Exchange. This program is **free** and voluntary for Veterans.

How might VLER Health benefit me? Many Veterans receive a portion of their care from non-VA health care providers. Sharing certain parts of your Electronic Health Record (EHR) will help reduce the need for patients and families to carry records between health care providers as well as allow your private health care provider to make more informed decisions about your care. In an emergency, immediate access to additional health care information could save your life.

Who can view my health information? Your non-VA health care provider and VA doctors will both be able to see certain parts of your health record and use it to create a better picture of your overall health.

How do I join? Signing up is fast and easy. You may sign up in person, through the mail, by fax, or online.

Online: Simply visit <https://www.ebenefits.va.gov> and complete the following 4 steps:

1. Click on **ACCESS MY DOCUMENTS** at the top of the page.
2. Scroll down to the Health section & click **MANAGE MY AUTHORIZATIONS AND PREFERENCES (VLER)**
3. At the bottom of the page click on **SHARE YOUR ELECTRONIC HEALTH INFORMATION WITH NON-VA HEALTH CARE PROVIDERS.**
4. Highlighted on this page you will find the "VLER Authorization Form" (to share your medical information) and the "VLER Health Revocation Form" (to stop sharing your medical information).
5. Print out and complete the Authorization form. Return it to the SFVAMC by fax, mail, or in person.
PLEASE DO NOT EMAIL COMPLETED FORMS BACK TO THE SFVAMC.

In Person: Simply fill out the VA Authorization form (VA Form 10-0485) and turn in at the MyHealthVet office (in Medical Practice, Bldg. 200, 1st Floor) at the San Francisco VA Medical Center; or at the outpatient clinic locations in Eureka, Clearlake, Ukiah, Santa Rosa, San Bruno, or the San Francisco VA Downtown Clinic.

By Mail: Download and fill out the VA Authorization (VA Form 10-0485) from our internet site at www.sanfrancisco.va.gov/vlerhealth.asp. Mail the Authorization form to :

San Francisco VA Medical Center
Attn: ROI Office
4150 Clement Street (136C)
San Francisco, CA 94121

By Fax: Fax the VA Authorization to the SFVAMC ROI Office at (415) 379-5568.

What if I decide not to join? Participation is entirely voluntary. Deciding not to participate will not affect your for a VLER Health benefits or your relationship with your doctor and/or the San Francisco VA Medical Center.

What if I join and later change my mind? If you change your mind, you can visit your San Francisco VA Medical Center website or call the toll-free VLER Health Information line at 1-877-771-VLER (8537) to request the VLER Health Revocation form to stop sharing your health information.

Please visit our internet site at www.sanfrancisco.va.gov/vlerhealth.asp to download the forms and learn more about VLER Health.

If you would like to see which non-VA health care facilities are participating in this program, please visit www.va.gov/vler/vlerhealth.asp.