



## **San Francisco VA Medical Center**

2014-2015  
Psychology Externship Program

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Internship and Practicum Programs in Clinical Psychology

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## Psychology Externship Training Program Training Year 2014-2015

Application deadline is **February 19, 2014**.

### Training Opportunities

We are offering externship (practicum) training this year in the areas of: **Community Mental Health/Santa Rosa CBOC, Substance Abuse/PTSD Treatment, General Addictions Treatment, Opioid Dependence Treatment, Women's Clinic, Health Psychology, HIV/HCV Treatment, Mood Disorders, Neuropsychology, Psychosocial Rehab, and PTSD Treatment.**

A copy of our comprehensive Psychology Predoctoral Training Program brochure is available on this website if you would like more information about our Medical Center and our training site. On the following pages are specific descriptions of the separate externship training rotations as well as biosketches of our training staff.

### Eligibility & Requirements

To be eligible for externship placement at San Francisco VA Medical Center, you must be in good standing at an APA accredited doctoral program in psychology. All applicants must have had varicella (chicken pox) or the vaccination and will be required to take a PPD test prior to start. San Francisco VA is a drug-free workplace.

Externships are without financial compensation and are typically 16-20 hours per week; days and hours will be negotiated with supervisors and may vary between emphasis areas. The training year begins on **July 1, 2014** and ends on June 30. There is a 3 day required Psychology Trainee Orientation at the start (**July 1-3**) as well as a two-day Medical Center Orientation that may be taken in July or August.

### Application Procedure & Selection

To apply, please email the enclosed application materials to the address provided (**SFVAMC\_MHS\_psychology\_practicum@outlook.com**) no later than **February 19, 2014**.

On the application cover page, Part 1, please **rank order** your preferences if you are applying to more than one area. Your application will be reviewed by the rotation supervisors you selected in your rank order list. If a supervisor in a specific rotation would like to invite you for an interview, they will contact you directly to set up a date and time. If you are not invited to interview by an emphasis area, you will not be considered or ranked by that particular emphasis area.

Interviews will take place between February-April. SFVAMC is participating in the BAPIC Match and will submit individual rankings for each emphasis area on April 2, 2014. BAPIC Match Results will be announced on Ranking Day **April 11, 2014**.

Please note: It is important that applicants be aware that we make a clear distinction between "internship" and "externship" training, and applicants are asked to sign a brief statement at the end of our externship application so as to avoid any misunderstanding. We use the term "externship" to denote a part-time (less

than 40 hour/week) unfunded practicum experience with a concentration in a particular area. The hours accrued as an extern at our Medical Center are not counted for California licensure as a psychologist.

### **Contact Information**

For questions about specific rotations, you may contact the supervisors directly at the email address listed on each rotation description. General administrative questions may be sent to Casey Lee at [casey.lee@va.gov](mailto:casey.lee@va.gov) and general questions about the overall SFVA Psychology Training Program may be sent to Kellie Rollins, PsyD, Director of Psychology Training, at [kellie.rollins2@va.gov](mailto:kellie.rollins2@va.gov).

Note: We kindly ask that you do not call the program to check on the status of your application until it is clear there may be a problem. We aim to preserve staff support resources as much as possible in order to sort and review applications in a timely manner.

Thank you for your interest in our program.

# **Santa Rosa Veterans Affairs Community Based Outpatient Clinic (CBOC)**

## **Emphasis on Community-based Mental Health with non-urban Veteran Populations**

The Santa Rosa CBOC is located 55 miles north of San Francisco and is a satellite clinic of the San Francisco VA Medical Center, serving veterans from Sonoma, Marin, Napa, Lake, and Mendocino Counties. It operates as a multidisciplinary community health center, with specialty clinics for primary care, mental health, dentistry, and other allied health services. It serves a unique and diverse patient population with an increasing number of returning OEF/OIF veterans as well as aging Vietnam and older veterans. The mental health clinic provides high quality care for veterans with both acute and chronic problems across the lifespan, including the treatment of posttraumatic stress disorders related to combat and military sexual assault, substance abuse, anger management, depression, chronic mental illness, and psychiatric illness co-occurring with medical conditions. The Santa Rosa CBOC MH staff value a multidisciplinary treatment team approach, and the staff includes psychiatrists, psychologists, psychiatric nurses, veteran peer support specialists, psychiatric nurse practitioners, a clinical social worker, three postdoctoral psychology fellows, and one-to-three psychology externs. Mental health providers have expertise in multiple areas, including behavioral health, substance abuse, group psychotherapy, PTSD treatment, evidence-based treatments, psychosocial rehabilitation, geropsychiatry, and suicide prevention. Team members also coordinate and provide care with onsite medical providers through the Integrated Care Clinic in Primary Care.

The CBOC offers one-to-three externships (16- to 20 hours per week) to advanced pre-doctoral students enrolled in APA accredited psychology programs. The primary emphasis of the externships is general skills development, focused on assessment, clinical writing & conceptualization, and individual and group treatment. The extern functions as part of the multidisciplinary team and will receive weekly clinical and didactic training, as well as participate in clinical team meetings and case presentations. Externs also gain exposure to multidisciplinary team functioning and methods of coordinating care across disciplines. Training is under the direction of the psychology team, with particular focus on multiple therapeutic orientations and interventions (e.g., cognitive-behavioral therapy, interpersonal therapy, brief therapy, and psychodynamic therapy).

Contact: Dr. Turner, SR-CBOC Training Coordinator, at [Andrew.Turner2@va.gov](mailto:Andrew.Turner2@va.gov)

## **Substance Use Disorders / PTSD Clinic (SUPT)**

The Substance Abuse Programs (SAP) in the Mental Health Service is comprised of several programs combined to address the individual and diverse treatment needs of veterans with substance use disorders. Externs will work in the Substance Abuse/PTSD Clinic (SUPT). This will allow the extern to gain in-depth experience treating these co-morbid conditions commonly encountered in both veteran and non-veteran populations, which often lead to substantial problems in functioning.

The SUPT Team is one of only four specialized programs in the VA system dedicated to outpatient treatment of veterans with co-occurring Substance Use Disorders (SUDs) and PTSD who served in combat or who experienced sexual trauma in the military. The team consists of a psychiatrist, two psychologists, two social workers, postdoctoral psychology fellows, predoctoral interns, externs, social work interns, and psychiatry residents.

This externship will provide graduate students in clinical psychology an opportunity to increase their understanding of substance use disorders and posttraumatic stress disorders and to develop a foundation in effective treatment strategies for these conditions. Clinical opportunities include co-facilitation of psychotherapy groups (primarily skills, and manually-based), individual psychotherapy cases (both long-term and short-term problem-focused), and psychodiagnostic assessments/treatment planning.

If the extern so chooses, he or she may have the opportunity to plan, develop, and implement a psychotherapy group, usually with the assistance of the substance abuse postdoctoral fellow. Examples of previous such groups have been DBT groups, Seeking Safety groups, Interpersonal Psychotherapy groups, Anger Management, and others. Externs also may have the opportunity to complete at least one full psychological assessment battery, write a comprehensive integrated report, and present the findings to the team if an appropriate case can be identified. On SUPT, the trainee will develop a foundation to provide exposure-based treatments, systems informed, cognitive-behavioral, psychodynamic therapies, and increase understanding of the neurobiological underpinnings of substance dependence and psychopharmacology.

\*Notes: There will be one externship position available in SUPT for the 2014-15 training year. The extern is expected to complete up to 20 hours weekly on the externship, and will receive the optimal experience by attending the externship on Mondays, Wednesdays, and Fridays. It is also possible that some adjustment to the days may be requested depending on the plans for the year, but this will be discussed prior to the externship start.

Contact information: Dr. Wan at [samuel.wan@va.gov](mailto:samuel.wan@va.gov)

## General Addictions Clinics

In the General Addiction Clinics there are a range of excellent training opportunities in the assessment and treatment of substance use disorders and co-occurring conditions that span the continuum of recovery from initial engagement and contemplation of change through long-term recovery. There are two general addictions clinics and externs may participate in rotations focused in either clinic or both. Veterans admitted to these clinics manifest problems based on the multiple disabilities which are typically related to a history of addiction to alcohol and other drugs of abuse. Problems may include psychiatric disorders such as primary affective disorders and primary psychoses, transient affective or psychotic symptoms resulting from substance abuse, PTSD or other anxiety disorders, dementia and varying degrees of cognitive impairment, and personality disorders of all types. About 70% of enrollees have problems with multiple substances. Drugs of abuse include alcohol, amphetamines, cocaine, benzodiazepines, opiates and marijuana.

The **Substance Abuse Day Hospital (SADH)** provides comprehensive intensive outpatient treatment. The SADH is an intensive outpatient program in which patients attend therapeutic activities from 9 am-noon for three to five days per week. Each patient has a case manager, however, groups are the primary mode of treatment. Group topics include relapse prevention, mindfulness meditation, psychoeducation, vocational therapy, recreational therapy, 12-step, and process. There are groups based upon CBT and DBT principles and groups designed to build a recovery oriented therapeutic milieu. Trainees working in SADH will develop expertise in assessing, diagnosing and treating substance use disorders and related medical and psychiatric conditions, including managing and appropriately triaging intoxication and withdrawal. There is a range of ongoing group therapy offerings on the SADH that trainees may participate in. You will have an opportunity to work with other trainees, including addiction medicine fellows, anesthesia pain fellows, psychiatry residents, medical students, and other psychology trainees. The multidisciplinary team allows for a unique opportunity to collaborate with experts in related fields.

The **Drug and Alcohol Treatment Clinic** is designed to encourage long-term continuing care within an abstinence-based model. Treatment is based on a three phase model (roughly equivalent to stabilization/sobriety, sustained recovery/abstinence, and integration/ ongoing maintenance), and utilizes group psychotherapy as main treatment modality. In this model, early treatment is highly structured and behaviorally oriented, and externs will have the opportunity to co-facilitate skills-based groups such as CBT Relapse Prevention and Mindfulness Based Relapse Prevention. It is likely that additional skills group opportunities will be available depending upon the clinic need at the time. In the past, Seeking Safety, DBT, and Anger Management groups have been offered. Externs will also co-facilitate semi-structured, process style groups with their primary supervisor, where advanced phases are progressively less structured and more psychotherapy/insight oriented. While abstinence is the goal for the bulk of the programming in the General Addictions Clinics, level of motivation vary among veterans and externs can participate in a motivational enhancement group for veterans struggling with chronic relapse, an MI based group for veterans who have committed to seeking assistance but have not committed to complete abstinence, and/or a substance use group for women veterans who may or may not be ready to commit to abstinence.

### **Additional Information about Externship in the General Addiction Clinics:**

Individual psychotherapy (short-term and long-term) is available and externs will be encouraged to adopt the treatment modality that best meets the needs of the veterans they are working with (e.g. CBT, dynamic psychotherapy, existential, etc). Traumatic childhood histories are fairly common among this veteran

population and in the context of substance dependence, many veterans demonstrate pervasive dysregulation of affect, cognition, behavior, relationships, and self-identity and frequently present chronic homelessness, legal consequences including court-mandated treatment, and extensive interpersonal problems. Externs will have the opportunity for case management and collaboration with numerous community partners including transitional housing and residential treatment programs, back-to-work programs, VA medical providers, probation officers, and various social service agencies.

Externs may also be able to participate in the Behavioral Access Center, where all veterans seeking mental health care are initially evaluated and triaged to various clinics within the VA system. This experience requires approximately 4 hours each week, and externs will develop skills conducting comprehensive integrated evaluations and implementing initial treatment plans for veterans presenting with a wide range of psychiatric needs. The Behavioral Access Center offers a high-paced, rich learning environment, where emphasis is placed on early treatment engagement, brief stabilization therapy when warranted, and team collaboration across clinics and disciplines to increase timely access to care for all veterans at the SFVAMC. Externs can expect to complete several integrated assessments, and carry 2-3 brief psychotherapy cases, for each 6 month rotation. The Access Center is also the clinic that houses a motivational interviewing based group for veterans to explore their motivation for making changes to their substance use. Externs may have the opportunity to co-lead this group.

Externs will work with their primary supervisors to determine individualized training plans that will include didactics and readings in addition to the clinical opportunities described above. There are three different seminars that are open and available to externs in the General Addictions Clinic. Externs will be encouraged to attend a bi-weekly clinical seminar and case conference with staff from the Substance Abuse Programs (currently meets on the 1<sup>st</sup> and 3<sup>rd</sup> Monday of each month). Externs may also participate in a Substance Abuse Programs seminar facilitated by John Straznickas, M.D. that fulfills the substance abuse requirements for state licensure (Mondays noon to 1pm for 6 months) and/or the advanced substance abuse seminar (Wednesdays 1-2:30 year round), which often features cutting edge research and guest lecturers who are experts in the field. Externs will be encouraged to develop talk and deliver case presentations when possible.

Externs will be selected to work with one of the Staff Psychologists as a primary supervisor, but may have the opportunity to do rotations or focused projects or cases with each of the primary supervisors. The primary supervisors and Staff Psychologists are Chris Galloway, Ph.D., Jessica Keyser, Ph.D., and Joni Utley, Psy.D. In these clinics training experiences may also be supervised by Sally Vrana, M.D. Staff Psychiatrist and Medical Director of DAT and Ellen Herbst, MD, Staff Psychiatrist and Medical Director of SADH.

Contact information: Dr. Galloway at [Christopher.galloway@va.gov](mailto:Christopher.galloway@va.gov)

# Opioid Replacement Treatment Clinic (ORT)

The Opioid Replacement Treatment Clinic (ORT) within the Substance Abuse Programs (SAP) of the Mental Health Service at SFVAMC is an intensive outpatient substance abuse treatment program for Veterans with primary opioid dependence and offers comprehensive mental health services, psychosocial rehabilitation and medication-assisted treatments for addiction. The majority of ORT patients also have co-occurring psychiatric disorders and polysubstance abuse/dependence issues (e.g., stimulants, alcohol, benzodiazepines, nicotine). Given the destructive nature of chronic substance abuse, particularly injection drug use, many also suffer from other medical illnesses such as hepatic diseases and severe psychosocial stressors such as homelessness. Patients are mostly men, range in age from 23-85, and 40% are ethnic minorities.

ORT functions as a multidisciplinary hospital team that includes two psychologists, a psychiatrist, nurses, addiction therapists, psychology post-doctoral fellows, psychology interns, psychiatry residents, nursing students, a toxicology specialist, and pharmacy staff. Although classified as an outpatient program, the milieu more resembles an intensive day program and many Veterans come to the program 4-7 days per week. Dispensing is open every day and psychological services are offered in the mornings Monday-Friday.

Training in the ORT Clinic will provide externs with an opportunity to increase the understanding of the biopsychosocial underpinnings of substance use disorders and develop a solid foundation in effective treatment strategies for addiction, co-occurring disorders, and recovery from the drug-using lifestyle. Therapy is primarily integrative and patient-centered with case conceptualizations largely approached from a psychodynamic perspective. Clinical opportunities include co-facilitation of psychotherapy groups (process-oriented or skills-based), individual psychotherapy cases (both long and short-term), psychodiagnostic assessment and treatment planning. The extern will have the opportunity to plan, develop, and implement a psychotherapy group with another trainee or staff member. Examples of past such groups are: DBT, Seeking Safety, interpersonal psychotherapy, mindfulness groups, stimulant use recovery, alcohol recovery, social skills groups, anger management, etc. Externs may also co-lead a motivational enhancement group with Joan Zweben, Ph.D, a nationally recognized leader in the substance abuse treatment field and a possibility for a co-facilitated dreams group. Additionally, externs will complete at least one full psychological assessment battery, write a comprehensive integrated report, and present the findings to the team.

One hour per week of individual supervision with Kellie Rollins, Psy.D. and one hour of group supervision with the postdoctoral fellow working in the SUD emphasis area will be provided. Consultation with Dr. Zweben, David Kan, MD, ORT Medical Director, and other physicians on staff occur regularly.

Externs will be fully integrated into the ORT Team and participate in Clinical Team Meetings where consultation with other team members representing broad disciplines will be expected. In addition, externs will attend the advanced Substance Abuse Seminar chaired by Dr. Zweben and Dr. Batki, Chief of Substance Abuse Programs. Scheduling permitted, the weekly 1 hour substance abuse lecture series for UCSF psychiatry residents led by John Straznickas, MD, is also open to the ORT extern and meets coursework criteria for California licensure (held on Mondays).

Practicum is 16 hours per week on Tuesdays and Wednesdays.

Contact information: Dr. Rollins at [Kellie.rollins2@va.gov](mailto:Kellie.rollins2@va.gov)

## Women's Mental Health

The Women's Clinic Mental Health Program provides clinical training in trauma informed and gender sensitive mental health treatment. The externship training experience offers an opportunity to work in a collaborative setting with a multidisciplinary team consisting of psychology, psychiatry, social work, and primary care providers. Patients in the Women's Clinic are women and transgendered veterans from multiple service eras and spouses of disabled veterans who present with a wide array of mental health issues. Many patients presenting to the Women's Clinic have histories of complex trauma, Military Sexual Trauma, and interpersonal difficulties. Extern in the Women's Clinic will primarily receive training and supervision in the treatment of depression, risk management, personality disorders, PTSD, and other anxiety disorders. In addition, coordination of care with other SFVA specialty clinics, such as pain management and substance use disorders, other VA resources such as the Vet Center, and community-based mental health services, is also part of standard care for many patients.

Pre-doctoral extern in the Women's Clinic has the opportunity to co-facilitate groups such as Seeking Safety, Acceptance and Commitment Therapy, and Mindfulness-based Stress Reduction group. In addition, extern will have the opportunity to provide short and long-term psychotherapy utilizing primarily Cognitive Behavioral Therapy (CBT), Interpersonal Psychotherapy (IPT) and Time-Limited Dynamic Psychotherapy (TLDP).

There will be one pre-doctoral externship training position available in the Women's Clinic in the 2014-2015 training year. The extern will be supervised by primary supervisor and staff psychologist, Dr. Hui-Qi Tong. Pre-doctoral externship training in the Women's Clinic is structured as a part-time (20 hours/week) training experience over a 12-month period. The training year begins on July 1st and continues through June 30th. Pre-doctoral extern in the Women's Clinic spends his/her time as follows:

<b>%</b>	<b>Hrs/wk</b>	<b>Training Activity</b>
80	16	Direct patient care
5	1	Seminar/didactic Training
10	2	Individual/group supervision (Dr. Hui-Qi Tong)
5	1	Case conference

Contact information: Hui-Qi Tong, PhD at [hui-qi.tong@va.gov](mailto:hui-qi.tong@va.gov)

# Health Psychology

The Health Psychology Program provides clinical training in various aspects of behavioral medicine, including pain management and cognitive-behavioral treatment of anxiety, depression, and somatoform disorders. Clinical training is provided in other aspects of behavioral medicine including adjustment to chronic illness, smoking cessation, weight control, and treatment of psychophysiological disorders. The predoctoral externs in Health Psychology provide psychological consultation and conduct stress and pain management therapy (both group and individual), biofeedback, and hypnotherapy. In addition, they perform psychological evaluations for candidates for bariatric surgery, co-lead weight control groups and serve on interdisciplinary teams in the areas of pain management, smoking cessation, and obesity treatment (VA MOVE!).

## Supervision

Clinical supervision is provided by Timothy P. Carmody, Ph.D., Director of the Health Psychology Program. Supervision is provided in weekly one-on-one sessions, case conferences, and co-therapy experiences in cognitive-behavioral groups. Externs also participate in the interdisciplinary Pain Assessment Clinic on Monday afternoons where additional supervision is provided by Dr. Sarah Palyo, Clinical Director of the Intensive Pain Rehabilitation Program. Dr. Jessica Keyser, staff psychologists in the ORT Clinic, provides additional supervision of the psychological evaluations of bariatric surgery candidates.

## Didactic Training

There is a weekly Health Psychology Seminar. Topics include chronic pain, adjustment to illness, integrated models of care, cognitive behavior therapy, self-care in disease management, weight management, stress management, smoking cessation, mindfulness, biofeedback, and hypnosis. There are also presentations on various topics in general medicine including coronary heart disease, hypertension, diabetes, chronic obstructive pulmonary disease, and cancer.

## Predoctoral Externship Positions

There are two predoctoral externship training positions available in the Health Psychology Program during any given training year. Predoctoral externship training in Health Psychology is structured as a part-time (16-20 hours/week) training experience over a 12-month period. All clinical training activities in Health Psychology are scheduled on Mondays, Wednesdays, and Thursdays. The training year begins on July 1st and continues through June 30th.

Predoctoral externs in Health Psychology spend their time as follows (based on 20 hours/week):

%	Effort Hrs/wk	Training Activity
75	11-15	Direct patient care
10	2	Seminar/didactic Training
15	3	Supervision

Contact information: Dr. Carmody at [timothy.carmody@va.gov](mailto:timothy.carmody@va.gov)

# HIV/HCV Psychology

## Description of Pre-doctoral Externship Training

The HIV & Hepatitis C (HIV/HCV) externship provides clinical training in various aspects of health psychology and behavioral medicine in HIV and Hepatitis C clinical care. For veterans living with HIV these include a wide range of clinical issues including adjustment to diagnosis, stigma, medication/treatment adherence, pain management, substance abuse, smoking cessation, and other behavioral health issues related to disease prevention and healthy living. Externs will also see patients for anxiety, depression, PTSD, and other mental health issues. For veterans living with HCV, externs will see patients for initial evaluation to determine treatment readiness for interferon treatment, will see patients for brief or long-term individual therapy to increase HCV treatment readiness, and provide on-going support for patients while on HCV treatment. There are opportunities to co-lead groups in both clinical settings and opportunities for training in Acceptance and Commitment Therapy (ACT).

## Potential clinical opportunities available include:

- Co-lead Hepatitis C support group
- Conduct Hepatitis C focused telehealth sessions
- Conduct intakes for HIV patients interested in MH services
- Conduct pre-Hepatitis C evaluations to determine treatment readiness
- Conduct brief neuropsychological evaluations of HIV and Hepatitis C patients and write report
- Maintain caseload of individual therapy patients, referred through the HIV and/or Liver Clinic
- Consult with medical providers and other mental health providers on cases

## Predoctoral Externship Positions

There is one predoctoral externship training position available in HIV/HCV. Preference will be given to externs in their 3<sup>rd</sup>/4<sup>th</sup> year of training. The externship is structured as a part-time (20 hours/week) training experience over a 12-month period. The extern will be expected to be on campus on Tuesday mornings from 9-1 and spend two full days at Ft. Miley (main medical center); there may be an option to spend one of the days at our 3<sup>rd</sup> & Harrison Community Based Outpatient Clinic (CBOC) in downtown San Francisco (see example schedule below). The training year begins on July 1st and continues through June 30th.

<b>Day</b>	<b>Time</b>	<b>Location</b>	<b>Scheduled activities</b>
Monday	9-10am	Virtual	National HIV/HCV Didactic Seminar
Tuesday	9-1pm	Ft. Miley Campus	
Wednesday	8-4:30pm	Ft. Miley Campus	1:00-2:30pm Substance use seminar 3:00-4:00pm Case conference/Group supervision
Thursday	9-4:30pm	Ft. Miley Campus	

## Supervision

Supervision is provided in weekly individual and group supervision and a weekly case conference for the HIV/HCV extern. One hour of group clinical supervision will be provided by staff psychologists William Hua, PhD, and Maggie Chartier, PsyD, MPH; an additional hour of individual supervision will be provided by the HIV/HCV Postdoctoral Fellow.

## Didactic Training

The extern will participate in the National HIV/HCV virtual seminar series, which focuses on the clinical care and mental health management of HIV and Hepatitis C patients. This didactic occurs every other Monday

from 9:00-10:00am. Case conferences will be every Wednesday afternoon from 3:00-4:00pm with a once monthly Acceptance and Commitment Therapy (ACT) learning group supervision.

Contact information: Dr. Hua at [William.hua@va.gov](mailto:William.hua@va.gov)

# Mood Disorders Psychotherapy Program

The Mood Disorders Psychotherapy Program at the VA San Francisco Medical Center provides training in evidence-based psychotherapy for the treatment mood and anxiety disorders, as well as related and co-occurring conditions (e.g., borderline personality disorder, insomnia, nightmares). The program focuses on the use of evidence-based psychotherapy (primarily cognitive-behavioral interventions) and the use of case formulation to guide treatment. Trainees can participate in structured cognitive-behavioral group therapy for major depression, CBT group for anxiety disorders, and individual cognitive-behavioral therapy for mood and anxiety disorders. Additional possible opportunities (depending on resources, interest, and patient need) include dialectical behavior therapy for borderline personality disorder, cognitive-behavior therapy for insomnia, imagery rehearsal therapy for nightmares, mindfulness-based stress reduction, diagnostic assessment using the Structured Clinical Interview for the DSM-IV (SCID), diagnostic screening, and provision of services via video-conference.

## Supervision

Clinical supervision will be provided by John R. McQuaid, Ph.D. and Mark Stalnaker, Ph.D. Supervision will be provided in weekly one-on-one sessions and co-therapy experiences in cognitive-behavioral groups. Treatment will be either audio or video recorded for supervision purposes. Trainees can also participate in group supervision team, and receive additional supervision from postdoctoral fellows in the rotation.

## Didactic Training

There is a weekly, 9-month long seminar open to trainees and staff on evidence-based psychotherapy. Topics include principles of cognitive and behavioral therapies, overview of current evidence-based therapies (interpersonal psychotherapy, dialectical behavior therapy, “third wave” interventions) application to specific disorders (depression, anxiety, personality disorders, psychosis) and additional topics of interest to the class.

## Predoctoral Externship Positions

There will be two predoctoral externship training positions available in the Mood Disorders Psychotherapy Program during any given training year. Predoctoral externship training in mood disorders will be structured as a part-time ( up to 20 hours/week) training experience over a 12-month period. The training year begins on July 1st and continues through June 30th. Predoctoral externs in mood disorders are anticipated to spend their time as follows:

<b>% Effort</b>	<b>Hrs/wk</b>	<b>Training Activity</b>
75	15	Direct patient care
10	2	Seminar/didactic Training
15	3	Supervision

Contact information: Dr. McQuaid at [john.mcquaid@va.gov](mailto:john.mcquaid@va.gov)

# Neuropsychology

The Neuropsychology Externship Program (20 hours/week) provides training in neuropsychological evaluation and consultation. Externs participate in weekly didactic training and case-conference meeting (2.5 hours). A variety of assessment techniques are taught and practiced, and basic psychometric principles are reviewed. Trainees gain experience applying a hypothesis-testing approach to the neuropsychological evaluation, and learn to select and integrate methods from clinical interviewing, intelligence testing, cognitive screening assessments, more detailed battery-approaches to neuropsychological assessment, projective testing, and traditional self-report techniques (MMPI-2, PAI, NEO-PI-R, etc.). Basic neuroanatomy is also reviewed in these seminars. Further opportunities are available for attendance at brain-cutting and psychiatry and neurology rounds.

The Neuropsychology Program provides consultation services to many different programs of the SFVAMC and VA clinics and programs in the surrounding region. Clinical conditions include neurodevelopmental conditions (e.g. LD and ADHD), acquired conditions related to strokes and TBI, Epilepsy) and neurodegenerative disorders including Alzheimer's dementia and Parkinson's disease, and other Axis I and Axis II mental health disorders (including PTSD, mood, and substance abuse disorders). Trainees will have an opportunity to perform evaluations for individually scheduled outpatient appointments or at the bedside, and to participate in the weekly multidisciplinary Memory Disorders Clinic. Trainees participate in all phases of patient evaluation and consultation, including information gathering, assessment, scoring and interpretation, report writing and case-conferences, feedback and consultation to patients, family members and health care providers. Referral questions are broad and range from educational evaluations and recommendations for accommodations, requests for diagnostic clarification, determination of decision making capacity, and more. Externs may also participate in neurorehabilitation and learn techniques to support or remediate cognitive impairment.

Dr.'s Filanosky and Rothlind are the supervising psychologists for this training experience. Dr. Filanosky is dually trained in rehabilitation psychology and clinical neuropsychology and board certified in the former. He co-leads the primary care behavioral health integrated clinic which he helped to develop in 2007 after completing his postdoctoral fellowship at Mount Sinai Hospital in New York. He is a licensed as a Psychologist in California. Dr. Rothlind has been the Director of the Neuropsychology Program at the SFVAMC since May, 1995. Prior to joining our Service, he served on the faculty of the University of Maryland School of Medicine (1992-1995), where he also provided training and supervision in the area of clinical neuropsychology. He is licensed as a Psychologist in California.

Contact information: Dr. Rothlind at [Johannes.rothlind@va.gov](mailto:Johannes.rothlind@va.gov) or Dr. Filanosky at [Charles.Filanosky@va.gov](mailto:Charles.Filanosky@va.gov)

## **Psychosocial Rehabilitation and Recovery Center (PRRC)**

Psychosocial Rehabilitation (12-16 hours per week). Jennifer Boyd, PhD, CPRP; Michael Drexler, PhD, CPRP

The Psychosocial Rehabilitation and Recovery Center (PRRC) program provides services to veterans with severe mental illness (SMI) with GAF scores of 50 or less. Diagnoses include schizophrenia, schizoaffective disorder, major depression, psychosis NOS, severe PTSD, and similar conditions. The PRRC offers services based on a community college model, and students (patients) select from among skills-based classes (groups), those that would contribute to their individually chosen recovery goals. The PRRCs are mandated at VAs nationwide, and are charged with providing up to date evidence based services contributing to role recovery in SMI. The PRRC interdisciplinary team includes psychology, social work, occupational therapy, nursing, creative arts therapy, peer support and health technicians, and trainees which may include psychiatry residents, psychology postdoctoral fellows, psychology interns, psychology externs, as well as trainees from all the other disciplines listed above.

Working with members of the interdisciplinary team, the extern will be involved at several levels of the program, co-leading skills oriented classes (groups), offering individual intervention, and engaging in recovery oriented assessment as needed. Weekly individual and possible group supervision is provided (depending on the number of trainees). Attendance at weekly clinical staff meetings and trainings, as well as the monthly Mental Health Psychosocial Recovery Forum is expected. The extern will also have the opportunity to provide group psychosocial rehabilitation interventions in the Psychiatric Intensive Care Unit under the supervision and guidance of the Local Recovery Coordinator (LRC), Dr. Drexler.

Externs are under the overall supervision of Dr. Jennifer Boyd, Director of the PRRC, and Dr. Michael Drexler, Clinical Director of the PRRC and Local Psychosocial Recovery Coordinator for Severe Mental Illness.

Contact information: Dr. Drexler at [Michael.drexler@va.gov](mailto:Michael.drexler@va.gov)

## Posttraumatic Stress Disorder Clinical Team (PCT)

The PCT at San Francisco VA Medical Center is one of the largest in the nation with regard to clinical activity. Our PCT specializes in the outpatient treatment of veterans from all eras who have PTSD related to combat, combat support, combat training, or military sexual trauma (MST) in the course of active duty military service. We also treat veterans whose primary mental health diagnosis is PTSD, regardless of trauma type, and a significant proportion of our patients have histories of complex trauma. Many of our veterans suffer from comorbid disorders, depression and substance abuse being the most frequent. Issues regarding medical illness, chronic pain, postwar adjustment, and relationship stress are increasingly common.

We serve a predominantly male population ranging in age from 18 to 90+ years, although the number of women accessing services is increasing. Our population is quite diverse, with multiple ethnicities (including significant numbers of Filipino American veterans), ages, sexual orientations and levels of SES represented. Veterans are not required to have served in a war to be treated by the PCT; however, our largest cohorts are Vietnam Era veterans and veterans of the current wars in Iraq and Afghanistan (Operation Enduring Freedom [OEF] and Operation Iraqi Freedom [OIF]). We also serve World War II / Korean Conflict veterans and veterans from modern deployments (e.g., Persian Gulf, Desert Storm, Desert Shield and peacekeeping operations).

**Training Opportunities:** PCT offers 16- to 20-hour per week psychology practicum placements (externships); we anticipate having 2 positions available for the 2014-2015 training year. Staff supervision is provided by psychologists Dawn Lawhon, PhD, Shira Maguen, PhD, Susan Maxwell, PsyD, Martha Schmitz, PhD, and Angela Waldrop, PhD. Externs will also have the opportunity to engage in individual supervision with our postdoctoral fellows, who specialize in working with PTSD in returning veterans and comorbid PTSD/substance use disorders.

Our externs gain proficiency in specialty evaluation, treatment planning, and treatment engagement of veterans with PTSD, many with co-occurring substance use disorders, mood disorders, and/or chronic pain. Using a phase-based approach to trauma recovery (i.e., evaluation, stabilization, exposure/uncovering, integration and relapse prevention, maintenance), trainees learn to provide both time-limited and long-term individual and group psychotherapy. There is also the opportunity to train in the provision of telemental health with veterans who live in remote areas.

Training in the assessment and diagnosis of PTSD primarily takes place in the context of the SFVAMC Behavioral Health Access Center. This intake clinic serves as the starting point for patients entering mental health care at SFVA. Each PCT extern will be assigned to one 2-hour Access Center shift. The extern will work closely with the PTSD specialist on that team, first observing and later conducting specialty PTSD evaluations with close supervision. The extern will also receive training in the assessment of PTSD using the Clinician-Administered PTSD Scale (CAPS), the PTSD Checklist (PCL), and other relevant measures. Supervision is provided by PCT staff both in clinic and in additional supervision time outside of the Access Center shift.

Training in interdisciplinary and/or brief treatments for PTSD primarily occurs in the context of the PTSD 360 Clinic. This is a multidisciplinary clinic staffed by psychiatry, psychology, social work, and peer support personnel, in which PTSD-specialty medication management and brief individual behavioral treatments are provided. Each extern will be assigned to one 3-hour clinic shift, in which the extern will (1) conduct brief PTSD stabilization-focused individual psychotherapies (typically 4-8 sessions) and (2) learn and administer

brief structured interventions (typically 1-2 sessions), including Motivational Interviewing and Brief CBT for Insomnia. Supervision is provided in clinic by PCT Postdoctoral Psychology Fellows with the support and guidance of staff who specialize in these areas. Outside of the 360 Clinic, the extern will also receive an additional hour of individual supervision with this [postdoctoral](#) fellow, in which the focus will be on longer-term therapy cases and professional development (including preparing for internship application).

With regard to training in individual psychotherapy for PTSD, the focus in the first half of the externship training year is on developing competency in stabilization, maintenance, and non-exposure based treatments for PTSD (e.g., psychoeducation and treatment engagement, Cognitive Behavioral Therapy for PTSD, Seeking Safety and grounding from emotional pain, etc.). Based on the extern's progress in these areas, specialized training in Cognitive-Processing Therapy for PTSD may be provided in the second half of the year. Though most individual therapy offered in PCT is time-limited and structured, there are also opportunities to provide longer-term care using psychodynamic, interpersonal, and/or other theoretical orientations.

Group psychotherapy is central to our treatment approach, and we offer our patients a full range of modalities, including drop-in psychoeducation, support, wellness, and meditation groups, time-limited skills-based classes, and ongoing long-term process groups. We strive to provide each extern with opportunities to co-facilitate a mix of these, with a supervisory emphasis on learning how to provide group-based treatments that enhance our veterans' knowledge of PTSD symptoms and healthy coping strategies, with focused skill-building to decrease emotional reactivity and increase mindfulness-based self-care.

In addition to individual and group supervision in the context of Access Center and 360 Clinic, each extern will receive 1 hour per week of individual supervision with a PCT staff psychologist and 1 hour per week of individual supervision with a PTSD-specialty [postdoctoral](#) fellow. In addition, externs will meet for brief supervision with their co-therapists following group therapy meetings, and will receive group supervision on a periodic basis throughout the year.

Externs also attend a weekly multidisciplinary seminar and clinical conference, which reviews the empirical literature pertaining to a number of different topics relevant to PTSD, including: epidemiological research findings, diagnostic research, treatment research (e.g., relative efficacies of group and individual therapies, research on cognitive behavioral, psychodynamic, exposure therapies), physiological findings in PTSD, psychopharmacological treatment of PTSD, and cultural factors in the expression of and treatment for PTSD within various subpopulations.

Contact Person: Dr. Lawhon at [dawn.lawhon@va.gov](mailto:dawn.lawhon@va.gov)

San Francisco VA Medical Center  
Psychology Externship Training Program

***Please copy and paste application into word doc and type***

**Part 1:**

Please rank order those areas of training to which you are applying:

- \_\_\_ Santa Rosa CBOC
- \_\_\_ Substance Use Disorders/PTSD (SUPT)
- \_\_\_ General Addictions Clinic
- \_\_\_ Opioid Replacement Treatment Clinic (ORT)
- \_\_\_ Women's Clinic
- \_\_\_ Health Psychology
- \_\_\_ HIV/HCV Treatment
- \_\_\_ Mood Disorders Psychotherapy Program
- \_\_\_ Neuropsychology
- \_\_\_ Psychosocial Rehab (PRRC)
- \_\_\_ PTSD Treatment (PCT)

**Name:**

**Mailing Address:**

**Work Phone:**

**Home Phone:**

**Cell Phone:**

**BEST PHONE NUMBER TO REACH YOU:**

**U.S. Citizen:** Yes No

**Graduate School:**

**Director of Training:**

**APA Accredited:** Yes No **(MUST BE ACCREDITED TO APPLY)**

**Type of Program:** Clinical Counseling

**Type of degree:** Ph.D. Psy.D.

**Status in graduate program, both currently and anticipated as of July 1, 2014**

(If unsure, provide approximate dates of completion)

**Date of completion of course work for doctoral degree:** \_\_\_\_\_

**Date of completion of any qualifying examinations:** \_\_\_\_\_

**Date of completion of dissertation:** \_\_\_\_\_

**All materials should be emailed to: [SFVAMC\\_MHS\\_psychology\\_practicum@outlook.com](mailto:SFVAMC_MHS_psychology_practicum@outlook.com)**

**Graduate school transcripts may be mailed separately to the address below if they cannot be sent electronically.**

**Application Checklist:**

\_\_\_ Parts 1-5 of the application

\_\_\_ Curriculum Vitae

\_\_\_ Three letters of recommendation to support your application. They may be addressed to Dr. Rollins and emailed by the writer to the address provided above.

*Note: One of these must be from the Director of Training or a professor at your graduate school indicating approval of your seeking placement at the SFVAMC and confirmation of your graduate student standing.*

\_\_\_ Graduate Program Transcript (unofficial will be considered but official will be required if accepted).

*Note: Graduate school transcripts may be mailed separately to the address below if they cannot be sent electronically.*

**Please email application materials to: [SFVAMC\\_MHS\\_psychology\\_practicum@outlook.com](mailto:SFVAMC_MHS_psychology_practicum@outlook.com)**

Transcripts unable to be sent electronically, may be mailed to:

**Casey Lee  
Psychological Services  
Mental Health Service  
San Francisco VA Medical Center  
4150 Clement Street (116B)  
San Francisco, CA 94121**

**2. Please describe your clinical experience (including clinical settings, patient or client population, duties in each setting, and approximate number of supervised clinical hours in each setting). Also indicate if you expect to obtain additional clinical experience between the time of your application and the beginning of the externship. Discuss the nature of your supervised experience.**

**3. Please describe your assessment experience (including the names of the psychological/psychometric tests you have administered/interpreted). Approximate the number of each test you have given and the nature of the supervised experience you have received. Also indicate if you expect to acquire more assessment experience before July.**

**4. Please discuss your interest in the emphasis areas to which you are applying and your goals for externship. Be specific regarding the types of clinical experiences you are seeking. Also, please describe how these goals fit within your overall plan for clinical training during graduate school (you may describe more than one emphasis area in this section).**

**5. Agreement Regarding Representation of Training Experience**

I, \_\_\_\_\_(printed name) understand that I am applying a training experience with the Psychological Services/Mental Health Service, San Francisco VA Medical Center that is classified as an “Externship.” Should I be accepted, I agree to represent this training at all times as an “Externship,” and I agree not to represent it anywhere (whether verbally, on a CV, to a license agency, etc.) as an “Internship” or as part of an internship. While my graduate school may count this externship experience toward its internally defined criteria for satisfying “internship” requirements, I will make sure that it does not represent to anyone externally that I obtained part or all of an “internship” at the SFVAMC.

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**Signature**

**Date**

## San Francisco VA Medical Center Psychology Training Staff

**Keith R. Armstrong, L.C.S.W.** is the Director of the Family Therapy Clinic, the social workers in Mental Health Service and is a Clinical Professor of Psychiatry at the University of California, San Francisco (UCSF). He is also a member of the Posttraumatic Stress Disorder Program. Prior to his 23 years of outpatient work at the VA he was the inpatient social worker for the VA's Psychiatric Inpatient Unit. He received his master's degree in Social Work from University of California, Berkeley in 1984. He is author of clinical and research articles and chapters addressing the treatment of traumatized individuals and families. He co-authored *Courage After Fire*, a self-help book for returning Iraq and Afghanistan veterans and their families and recently co-authored book *Courage After Fire for Parents*. In 2005 he was given his 4th excellence in teaching award by the University of California Psychiatry Residents Association. In 2005 he also won the Excellence in Direct Teaching Award by the Haile Debas Academy of Medical Student Educators and in 2011 he won the prestigious George Sarlo award given to the top UCSF Department of Psychiatry instructor. He is currently a consultant to the intensive Family Therapy program at UCSF.

**Steven L. Batki, M.D.** is chief of the Substance Abuse Programs, director of the Addiction Psychiatry Fellowship Program, and director of the Addiction Research Program at the San Francisco VA Medical Center. He is Professor in Residence in the UCSF Department of Psychiatry. In his previous role at UCSF, he was Director of the Division of Substance Abuse and Addiction Medicine at San Francisco General Hospital. Dr. Batki engages in clinical research in addiction psychiatry and psychopharmacology with a focus on the treatment of addiction and comorbid mental illness and medical disorders. His research work is currently funded by NIDA and the Department of Defense. His NIDA projects are aimed at improving the treatment of methamphetamine dependence. Dr. Batki's DoD-funded research at the San Francisco VAMC focuses on clinical trials to improve the treatment of alcohol use disorder in veterans with PTSD and in veterans with mild TBI.

**Jennifer E. Boyd, Ph.D., CPRP**, is the Director of the Psychosocial Rehabilitation and Recovery Center and the Chief of Peer Support at the San Francisco VA. She is also an Associate Adjunct Professor of Psychiatry at the University of California, San Francisco. Dr. Boyd was educated at Stanford University, the University of Maryland, Georgetown University, and Columbia University. Her research investigates the influence of sociocultural factors on psychopathology, such as the cross-cultural validity of psychological measures, and the effect of internalized stigma on the course of severe mental illness. Noteworthy papers include —"Hearing voices: Explanations and implications," "Internalized stigma predicts erosion of morale among psychiatric outpatients," "Correlates and consequences of internalized stigma for people living with mental illness: a systematic review and meta-analysis," "The relationship of multiple aspects of stigma and personal contact with someone hospitalized for mental illness, in a nationally representative sample" In clinical work, Dr. Boyd uses the recovery model of psychosocial rehabilitation. She received awards from the American Psychological Association Division 18 in 2009 for Outstanding Contributions in Psychosocial Rehabilitation, and in 2013 the Michael S. Neale award for service to people with serious mental illness.

**Kristine Burkman, Ph.D.**, Dr. Burkman is a Staff Psychologist with the Drug and Alcohol Treatment (DAT) Clinic, and a Study Therapist with the PTSD Research Program. Dr. Burkman received her doctorate in clinical psychology from Northwestern University, Feinberg School of Medicine, where her research focused on the development of risk behaviors among youth with complex trauma histories. She completed her pre-doctoral internship and postdoctoral fellowship here at the San Francisco VA Medical Center, where she specialized in substance use disorders and co-occurring traumatic stress disorders. Dr. Burkman provides teaching and supervision to VA trainees in psychology and psychiatry, and offers training in comprehensive diagnostic evaluations, case management, and individual and group psychotherapy. Her clinical interests include attachment, harm reduction, skills-based interventions for self-regulation including DBT, anger management, and mindfulness. Dr. Burkman's research interests include: complex trauma, combat related PTSD, and treatment development. She is currently helping (PI=Shira Maguen, Ph.D.) develop a novel treatment intervention for PTSD among combat veterans who have killed in war and struggle with moral injury.

**Timothy P. Carmody, Ph.D.** is Director of the Health Psychology Program, Health Sciences Clinical Professor of Psychiatry, UCSF, and Associate Director for Mental Health for the Center of Excellence for Education in Patient-aligned Care Teams in Primary Care. He received his doctorate in clinical psychology from the University of Montana in 1977 and has been a member of the Psychological Services staff since 1985. His professional interests include nicotine dependence, chronic pain, obesity/weight control, and behavioral factors in the prevention and treatment of coronary heart disease. He is affiliated with the Department of Psychiatry's Treatment Research Center and NIDA-funded Drug Abuse Treatment/Services Research Training Program, focusing on tobacco use cessation in alcohol-dependent smokers. He has published in a variety of areas in behavioral medicine including smoking cessation, pain management, and prevention of coronary disease. Dr. Carmody has been the recipient of a Research Career Development Award from the National Heart, Lung, and Blood Institute (NHLBI) and has served on several ad hoc grant review committees for NHLBI. He was also a member of the Evidence-Based Behavioral Medicine Committee for the Society of Behavioral Medicine. His research has been funded by the VA HSR&D and RR&D Programs, NIDA, and the University of California Tobacco-Related Diseases Research Program. He serves as an editorial consultant to

several professional journals and is a member of the editorial boards for the *Journal of Clinical Psychology in Medical Settings* and *Psychological Services*. He also serves as chair of the VA's National Technical Advisory Group for tobacco use cessation, member of the planning committee for the VA Psychology Leadership Conference, and is current chair of the APA Division 18/VA section.

**Maggie Chartier, Psy.D., MPH** is a staff psychologist at the San Francisco VA Medical Center and an Assistant Clinical Professor at UCSF. She is the National Public Health Clinical Psychologist for VHA's HIV, Hepatitis, and Public Health Pathogens Program within the Office of Public Health. Prior to graduate school, Dr. Chartier served as a Peace Corps Volunteer in the Ivory Coast, and then completed her M.P.H. in Epidemiology and received a certificate in International Development from the University of Washington, Seattle. She received her Psy.D. from the PGSP-Stanford Consortium in Palo Alto, California in 2009 and completed her clinical internship at UCSF followed by a postdoctoral fellowship in HIV/HCV psychology at the SFVAMC. Her primary areas of clinical interest are in the mental health care of patients with HIV and Hepatitis C, health psychology, mental health integration, and Acceptance and Commitment Therapy (ACT).

**John Devine, M.D.** is a staff psychiatrist General Psychiatry Outpatient Services and is an Associate Clinical Professor, Department of Psychiatry, University of California, San Francisco. Dr. Devine received his medical degree from the University of Vermont in 1988, and completed his internship and residency in psychiatry at the University of California, San Francisco in 1992. He served as Chief Resident in Psychiatry at the SFVAMC from 1992-93, and has since worked as a staff psychiatrist in the outpatient services. His interest include psychiatric education, psychodynamic psychotherapy, group psychotherapy, treatment issues related to affective disorders and the psychiatric issues of patients with HIV infection. Dr. Devine's most recent publication has been a chapter on psychotherapy of patients with HIV infection in a book entitled: *The UCSF ADS Health Project Guide to Counseling: Perspectives on Psychotherapy, Prevention and Therapeutic Practice*.

**Jeremy Doughan, Psy.D.**, is an Assistant Clinical Professor of Psychiatry at UCSF School of Medicine and staff clinical psychologist at the San Francisco Department of Veterans Affairs Medical Center, Division of Geropsychiatry. Dr. Doughan provides clinical services to a number of programs and clinics throughout the medical center: Home Based Primary Care, Hospice/Palliative Care Service, Geriatric Medical Practice Clinic and Geropsychiatry Mood Assessment Clinic. In addition, Dr. Doughan is the Clinical Geropsychology Postdoctoral Fellowship Director and co-director for the Geropsychology training program at SFVAMC. Dr. Doughan received his undergraduate degree in psychology from the University of Minnesota. He subsequently received his master's and doctoral degree from the Minnesota School of Professional Psychology. During his graduate tenure, he completed an advanced practicum in geriatrics at the Minneapolis Department of Veterans Affairs Medical Center, a pre-doctoral APA clinical psychology internship at the Miami Department of Veterans Affairs Medical Center and APA postdoctoral fellowship in Clinical Psychology, with Geropsychology specialization, at the Department of Veterans Affairs Boston Healthcare System. He held academic appointments as a Teaching Fellow in Psychiatry at the Boston University School of Medicine and Clinical Psychiatry Fellow at Harvard Medical School. Currently he is an Adjunct Professor of Psychology at the University of San Francisco. Dr. Doughan's interests include geriatric-neuropsychological evaluations, personality assessments of older adults, interpersonal psychotherapy of geriatric patients and academic teaching/supervision of trainees.

**Michael L. Drexler, Ph.D., CPRP**, is the Local Psychosocial Recovery Coordinator (LRC) for Serious Mental Illness at the SFVAMC, and is the Clinical Director of the Psychosocial Rehabilitation and Recovery Center (PRRC). As the LRC, he provides patient and staff education, support, consultation and evidence-based intervention supporting role recovery. He works closely with interdisciplinary teams across the service, and most intensely with the Psychiatric Inpatient Care Unit as well as Mental Health Intensive Case Management. As Clinical Director of the PRRC, he provides clinical supervision to the interdisciplinary team, is directly responsible for many aspects of program development, and provides recovery oriented interventions. He also provides evaluations in the Compensation and Pension Clinic and provides ongoing consultation to the mental health services provided in that clinic. Dr. Drexler is a staff psychologist and neuropsychologist. Prior to becoming the LRC, he served as Geropsychologist and Geriatric Neuropsychologist at SFVAMC. Before coming to the VA, he worked at Laguna Honda Hospital and Rehabilitation Center in San Francisco, one of the largest skilled nursing and subacute rehabilitation facilities of its kind, where he served as Director of the Neuropsychology Service, Program Director of Psychosocial Units, and Psychosocial Coordinator of the Dementia Cluster. Dr. Drexler has worked as the consulting psychologist/neuropsychologist for Geriatric Services of San Francisco, Garfield Geropsychiatric Hospital in Oakland, Morton Bakar Geropsychiatric Center in Hayward (which was heavily oriented toward psychosocial rehabilitation), and Letterman Army Medical Center in San Francisco. He is Assistant Clinical Professor at UCSF, adjunct professor at the California School of Professional Psychology of Alliant University, Berkeley/Alameda, Instructor in Psychosocial Rehabilitation, Geropsychology and Neuropsychology at UC Berkeley Extension, and Lecturer, Level 6, at Notre Dame de Namur University. Dr. Drexler is a Fellow of the National Academy of Neuropsychology, and his service to that organization has included being Chair of the Education Committee. He is board certified by the United States Psychiatric Rehabilitation Association. He is a Past President of the Northern California Neuropsychology Forum. He received his doctorate from the California School of Professional Psychology of Alliant International University, Berkeley, in 1988.

**Maria Isabella Fernandez, M.D.** is the Director of Psychiatric Intensive Care Unit and Assistant Clinical Professor at University of California, San Francisco. She graduated medical school at the University of Barcelona and completed residency at UCSF and a fellowship in geriatric psychiatry at Brown University. Her areas of interest are inpatient psychiatry, mood disorders, electroconvulsive therapy, and geriatric psychiatry. She teaches and directly supervises 3rd year UCSF medical students on their core psychiatry rotation and lectures in medical student rounds. She has published in the areas of panic disorder and treatments with buprenorphine.

**Charles Filanosky, Ph.D., ABPP** is a Staff Clinical Neuropsychologist board certified in Rehabilitation Psychology. He is an Assistant Clinical Professor of Psychiatry at UCSF and plays an active role in SFVA's Center of Excellence in Primary Care Education. Dr. Filanosky is detailed to primary care where he evaluates veterans who screen positive for mental and behavioral health concerns and provides consultation services to the medical staff. He also performs neuropsychological evaluations for PNAP where he specializes in traumatic brain injury (TBI). In addition, he is involved in the coordination of services for returning OEF/OIF veterans, performs compensation and pension evaluations at San Quentin and Napa State and is a member of the Polytrauma Clinical Support Team. He conducts brief evidence-based therapies including CBT and Problem Solving Therapy. Prior to this, he completed a two year post-doctoral residency in clinical neuropsychology and rehabilitation research at The Mount Sinai Medical Center in New York and was an adjunct member of the faculty at Hunter College of the City University of New York. He earned his doctorate at the Pacific Graduate School of Psychology (2004) and has a Master's degree in education from Boston University (1995). His research interests include neuropsychological assessment, TBI, applications of technology in within mental health, and coping with grief and bereavement.

**Chris Galloway, Ph.D.**, is a Staff Psychologist for the Substance Abuse Day Hospital and Drug and Alcohol Treatment Clinic. He received his Ph.D. in Clinical Psychology in 2006 from the University of North Carolina at Chapel Hill and subsequently completed a Postdoctoral fellowship with the Dual Disorders team at the Center for Excellence in Substance Abuse Treatment and Education at the Seattle VA. In October 2007 Dr. Galloway joined the staff at the SFVAMC to develop and direct the Suicide Prevention Program. He has served as Co-Chair of the SFVAMC Disruptive Behavior Committee, Co-chair of the MHS Quality Improvement Committee and led the Mental Health Service's Systems Redesign efforts. He is currently President of the Board of the Greater SF Bay Area Chapter of the American Foundation for Suicide Prevention. Dr. Galloway is also the Lead for the VISN 21 Substance Use Disorder programs. Dr. Galloway offers opportunities for training in all aspects of assessment and treatment of addictions, as well as program development. Dr. Galloway's research interests include assessment, etiology, and treatment of substance abuse and comorbid mental health conditions as well as suicide prevention.

**Caitlin Hasser, M.D.** is the Director of the Women's Mental Health Program, the VA site director for UCSF psychiatry residency training program and Assistant Clinical Professor at UCSF. She completed medical school at the University of Virginia in 2003 and her psychiatry residency at UCSF in 2007. Dr. Hasser works as a consultant to the Women's Clinic, a multidisciplinary clinic designed to provide comprehensive services to women veterans. The women's mental health program is currently expanding with increases in the services provided to women as well as educational opportunities for trainees in this integrated setting. Her interests include affective and anxiety disorders during pregnancy and the postpartum period, intimate partner violence screening, sexual trauma, post-traumatic stress disorder, primary care-mental health integration, multidisciplinary teaching and improving access to care. She has a strong commitment to teaching and regularly supervises psychology and psychiatry trainees. Her most recent publication is a perspective on intimate partner violence screening.

**Ellen Herbst, M.D.** is an Assistant Clinical Professor of Psychiatry at UCSF. She is the Medical Director of the Substance Abuse Day Hospital (SADH) at the VA Medical Center, an intensive outpatient day program for patients with substance use and dual-diagnosis disorders. She has extensive clinical experience working with veterans with chronic mental illness, with a particular interest in substance use disorders, women's health, and post-traumatic stress disorder. In 2005, Dr. Herbst helped to design and implements a clinical trial investigating the effectiveness of D-cycloserine medication treatment combined with cognitive behavioral therapy for post-traumatic stress disorder. She also has a strong commitment to teaching and regularly supervises UCSF psychiatric residents, fellows, and medical students.

**William Q. Hua, Ph.D.**, is a psychologist in the Infectious Diseases and Liver clinics at the San Francisco VA Medical Center, where he provides psychosocial and behavioral support for veterans living with HIV and/or hepatitis C (HCV). He also mentors providers to provide specialty HIV and HCV mental health care to veterans living in rural communities through the Specialty Care Access Network Extension for Community Healthcare Outcomes (SCAN-ECHO) program. Prior to coming to the San Francisco VA in 2013, Dr. Hua received specialized behavioral medicine training through the Palo Alto VA Health Care System psychology internship and fellowship programs. He completed his Ph.D. in Clinical Health Psychology & Behavioral Medicine from the University of North Texas-Denton/University of North Texas Health Sciences Center. Dr. Hua is also a co-founder of a nonprofit organization called Here to Hope which focuses on promoting health and education for both HIV-positive and HIV-negative

children living in children's homes in Guyana, South America. In 2010, he was recognized by the American Psychological Association for his local, national, and international work in reducing stigma and improving wellness in persons living with HIV/AIDS.

**Sabra Inslicht, Ph.D.** is a Staff Psychologist at the PTSD Clinic at the San Francisco VA Medical Center (SFVAMC). She received her Ph.D. in clinical and health psychology from the University of Pittsburgh, completed a clinical internship at the Palo Alto VA and clinical and research postdoctoral fellowships at Stanford, UCSF, and the SFVAMC. Within the PTSD program, Dr. Inslicht conducts evaluations of PTSD patients, sees individual therapy cases and specializes in evidenced based treatments for PTSD, including Prolonged Exposure and Cognitive Processing Therapy for PTSD. Research interests include biological risk and resilience in PTSD such as fear extinction processes and associated neurobiological correlates, pharmacological adjuncts to enhance fear extinction, and the application of these findings to the treatment of PTSD in veterans. She also conducts research on gender differences in biological moderators (i.e. neurosteroids) of the stress response in PTSD. She is available for consultation on both research and clinical activities.

**David Kan, M.D.** is the Medical Director of the ORT clinic and Medical Review Officer for SFVAMC. He received his medical degree from Northwestern University Medical School and completed his psychiatry residency at UC San Francisco. He has also completed a Forensic Psychiatry Fellowship. He has supervised psychiatry and psychology trainees in the ORT and Substance Abuse Day Hospital and has won teaching awards through UCSF. His professional interests include addiction treatment, forensic psychiatry and assessment and treatment of special populations including the criminal justice populations. Dr. Kan also works part time for the City and County of San Francisco conducting evaluations and risk assessments. He is a member of the SFVAMC psychotherapeutic medications and co-chair of the Behavioral Alert Review committee. He authored the addiction chapter for First Aid for the Psychiatry and Neurology Boards published by McGraw-Hill Medical Publications. Dr. Kan was honored with "Teacher of the Year" in UCSF residency for 2012.

**Susan Karpenko, L.C.S.W.** is a clinical social worker and certified group psychotherapist from the American Group Psychotherapy Association. She received her graduate degree in Social Welfare from the University of California Berkeley. She is a staff member with the San Francisco VA's Substance Use and Posttraumatic Stress Disorder program (SUPT). She provides treatment for veterans with co-occurring substance disorder and complex trauma histories, including combat, military accident and military sexual trauma. She supervises trainees from multiple health care provider disciplines in the SUPT program. She is a leader in providing and maintaining the Anger Management groups. She practices evidence-based treatments, including Prolonged Exposure and Cognitive Behavioral Therapies and has adapted them to group therapy settings. She is key provider of group therapy training to psychology interns, externs, residents and social work interns.

**Jessica Keyser, Ph.D.** is a staff psychologist in the Opioid Replacement Treatment Clinic (ORT) within the Substance Abuse Programs. She also works with the Health Psychology team, conducting evaluations and running a support group for patients pursuing gastric bypass surgery, and she conducts research with the PTSD team. She received her Ph.D. from Temple University in 2010, after completing her internship training at the SFVAMC. Following her internship, she completed a postdoctoral fellowship at the SFVAMC specializing in substance use and co-occurring disorders. Dr. Keyser's research interests include treatment of moral injury in PTSD, emotional processes (e.g., emotion awareness) underlying mood, eating, and substance use disorders, and cognitive vulnerability to depression. Clinically, Dr. Keyser is interested in co-occurring disorders, specifically, mood/anxiety disorders (e.g., PTSD and social anxiety disorder) and substance use disorders as well as eating disorders. She is also passionate about training and regularly supervises psychology trainees and psychiatry residents in individual and group therapy.

**G. Dawn Lawhon, Ph.D.** is the training director for the Posttraumatic Stress Disorder Clinical Team (PCT) and has been a member of the PCT staff since 2007. After receiving her Ph.D. in Clinical Psychology and Women's Studies from the University of Michigan (2004), Dr. Lawhon completed a clinical post-doctoral fellowship in PTSD at the San Francisco VAMC (2005) and a NIDA-funded research fellowship in substance abuse treatment at the University of California, San Francisco (2007). Within the PTSD clinical program, Dr. Lawhon conducts evaluations, leads therapy groups, and treats patients in individual therapy, with emphasis on enhancing motivation for treatment, particularly in the context of complex trauma. She also conducts intakes and serves as a specialty PTSD consultant in the Behavioral Health Access Center. Dr. Lawhon specializes in integrative group treatment of PTSD, in which psychoeducation and cognitive behavioral skill building are provided within a relational and mindfulness-based frame. She provides supervision to psychiatry residents, psychology interns, externs and fellows, and participates in the PCT educational seminar.

**Kewchang Lee, M.D.** Dr. Lee is Director of the Psychiatry Consultation Unit at the SF-VAMC and Associate Clinical Professor of Psychiatry at the UCSF School of Medicine. He is actively involved in clinical and teaching activities, focusing on consultation-liaison psychiatry and mental health issues in the primary care setting. He is Director of the UCSF Fellowship Program in

Psychosomatic Medicine, and has published several chapters in psychiatry, internal medicine, and geriatric medicine texts. Dr. Lee was educated at Harvard University, and received his MD at New York University in 1992. He was trained in the psychiatry residency program at UCSF.

**Russell Lemle, Ph.D.** is Psychology Director, Mental Health Service and Associate Clinical Professor, UCSF Medical School, Department of Psychiatry. He obtained his doctorate from SUNY at Buffalo in 1979. He completed his pre-doctoral internship at UCLA Neuropsychiatric Institute and postdoctoral fellowship in Family Therapy at Langley Porter Psychiatric Institute. Between 1984 and 1993, he was Chief of the SFVAMC Outpatient Alcohol Clinic, during which period he authored articles on alcohol treatment and etiology. Since 1992, he has been the Psychology Director (formerly called Chief Psychologist). Other areas of professional interest, teaching and publications include couples therapy, psychotherapy process and group therapy. Dr. Lemle is on the Planning Committee of the yearly national VA Psychology Leadership Conference and mentors trainees who are interested in the development of mental health policy. For his significant contributions to national VA Psychology issues, he received an APA Presidential Citation in 2005, the APA Division 18 Harold Hildreth Award in 2011 and the Antonette Zeiss Distinguished Career Award of the Association of VA Psychologist Leaders in 2013. Dr. Lemle is a Fellow in APA Division 18

**Shira Maguen, Ph.D.** is a Staff Psychologist on the Posttraumatic Stress Disorder Clinical Team (PCT). Dr. Maguen completed her internship and postdoctoral training at the National Center for PTSD at the VA Boston Healthcare System after receiving her doctorate in Clinical Psychology from Georgia State University. She is involved with both the clinical and research components of the PTSD program. Within the PTSD clinical program, Dr. Maguen conducts evaluations and sees patients for individual therapy. She is involved in the provision of services for the returning Afghanistan and Iraq War veterans, including working as part of the Integrated Care Clinic. Dr. Maguen specializes in evidence-based cognitive behavioral therapies, including Cognitive Processing Therapy (CPT) and Prolonged Exposure (PE) Therapy and for PTSD. She leads the CPT seminar and supervision group offered through the PCT. She provides supervision to psychology interns, externs and fellows, teaches psychiatry residents in training with the PCT, and participates in the PCT educational seminar. Her research interests fall under the umbrella of PTSD and include risk and resilience factors in veterans, the psychological impact of killing in war, mental health issues in female veterans, and sleep and PTSD.

**Megan McCarthy, Ph.D.**, is a staff psychologist with the Suicide Prevention Program and the Director of the Telemental Health Program. She completed her predoctoral internship at SFVAMC and received her doctoral degree from the University of California, Berkeley. During fellowship at Cambridge Hospital/Harvard Medical School, she specialized in psychotherapies that focus on developmental and interpersonal aspects of psychopathology. As part of the suicide prevention program, Dr. McCarthy is based at the Santa Rosa CBOC and performs a range of clinical, administrative, and educational duties focused on the assessment, management, and treatment of suicidal behaviors in veterans at the Northern CBOCs (Santa Rosa, Ukiah, Eureka, and Clearlake). Dr. McCarthy is especially interested in interpersonal psychotherapy (IPT), models of clinical supervision, encouraging trainees to provide clinical care via videoteleconferencing, and bringing attachment research to bear on the development of more effective psychotherapies.

**John R. McQuaid, Ph.D.**, is Associate Chief of Mental Health for Clinical Administration at the San Francisco VA Medical Center, and serves as a staff psychologist for the General Psychiatric Outpatient Service (GPOS). He completed his undergraduate education at the University of California, San Diego, his Ph.D. at the University of Oregon, and his internship and postdoctoral fellowship at the University of California, San Francisco. Prior to joining the San Francisco VA in 2009, Dr. McQuaid worked at the VA San Diego Healthcare System and UCSD for 13 years as Director of a mood clinic. Dr. McQuaid's clinical and research expertise is in the development and use of cognitive-behavioral interventions for psychiatric disorders and health management issues. He has served as a PI, co-investigator or consultant on several treatment studies applying cognitive-behavior therapy to treatment of psychosis, comorbid depression and substance dependence, phantom limb pain and high risk sex behaviors. Dr. McQuaid also has extensive experience as a clinical supervisor, having twice received the teaching excellence award from the VA San Diego/UCSD Psychology Internship Program.

**Thomas Neylan, M.D.** is the Director of the Posttraumatic Stress Disorders (PTSD) Clinical and Research Programs at the San Francisco Veterans Affairs Medical Center. He is a Professor, In Residence in the Department of Psychiatry at the University of California, San Francisco. Dr. Neylan has been an active researcher in the study of sleep and Posttraumatic Stress Disorder for the past 18 years. He has been the Principal Investigator on multiple funded projects sponsored by the National Institutes of Health, the National Institute of Justice, the Department of Defense, and the Department of Veterans Affairs. Dr. Neylan has first-authored multiple articles in prominent psychiatric journals including the Archives of General Psychiatry, the American Journal of Psychiatry, Biological Psychiatry, Chronobiology International, Journal of Clinical Psychiatry, Journal of Traumatic Stress, Neuropsychopharmacology, and Psychosomatic Medicine. He has presented his research at national meetings such as the American Psychiatric Association, the American College of Neuropsychopharmacology, the American Sleep Disorders

Association, and the International Society for Traumatic Stress Studies. Dr. Neylan has served on the National Institutes of Health, Center for Scientific Review, Adult Psychopathology and Disorders of Aging Study Section.

**Tatjana Novakovic-Agopian, Ph.D.** is a Staff Clinical and Rehabilitation Neuropsychologist at the SFVAMC Neurology and Rehabilitation Service and the TBI- Polytrauma Clinic. She is also an Assistant Adjunct Professor at the Department of Neurology UCSF, and a Co-Director of the Program in Rehabilitation Neuroscience at SFVAMC, Martinez VA and CPMC. She was educated at Johns Hopkins University, California School of Professional Psychology and UCSF. Her area of particular interest includes ecologically valid assessment and treatment of executive control problems following brain injury. She is presently directing multisite (SFVAMC, Martinez VA, CPMC and UC Berkeley) clinical research protocols for assessment (cognitive and functional outcomes, and functional neuroimaging), and rehabilitation of executive functions following brain injury. Prior to joining SFVA she worked as a Clinical and Rehabilitation Neuropsychologist at the California Pacific Regional Rehabilitation Center, where she was also a Chair of the Brain Injury Research Committee. She also worked as a Clinical Neuropsychologist at San Francisco General Hospital/ UCSF Neurology Department, focusing on Neuropsychology of HIV. She is past president of the Northern California Neuropsychology Forum. She has presented her work internationally and is an author of a number of peer reviewed publications.

**Nancy Odell, L.C.S.W.** is a clinical social worker on the Substance Use/ Posttraumatic Stress Team (SUPT) and an Associate Clinical Professor at the UCSF Medical School, Department of Psychiatry. She received her graduate degree in Clinical Social Work from Boston College and worked at the National Center for Posttraumatic Stress Disorder prior to working at the San Francisco VA Medical Center. She provides group supervision for psychiatry residents and coordinates the SUPT Clinical Training Seminar. Ms. Odell participated in an inter-cultural exchange in the Republic of Vietnam. She traveled to Vietnam and met with various mental health professionals, university and government officials to exchange treatment information on Posttraumatic Stress Disorder and substance use disorders. She participated in a treatment outcome study with Stanford University investigating the effectiveness of group psychotherapy for women diagnosed with Posttraumatic Stress Disorder from childhood sexual abuse. She participated in MIRECC and DOD funded studies investigating the effectiveness of exposure based treatments for Vietnam and Iraq/Afghanistan veterans. She has specialized training in Cognitive Processing Therapy (CPT) for the treatment of trauma and additional training in Mindfulness Based Stress Reduction treatment. She has extensive training in Control Mastery Theory and her orientation is cognitive/behavioral and psychodynamic. Ms. Odell has a private practice in San Francisco.

**Sarah Palyo, Ph.D.**, is the Manager of the Intensive Pain Rehabilitation Program and Behavioral Pain Programs for the SFVAMC Pain Clinic. She received her Ph.D. in clinical psychology from the State University of New York at Buffalo and completed her clinical internship at the Palo Alto VA Medical Center. She completed a post-doctoral fellowship in Stanford University's Behavioral Medicine Clinic. Dr. Palyo specializes in the assessment and treatment of co-occurring chronic pain conditions and psychiatric disorders, with an emphasis on CBT and ACT based interventions. Treatment modalities include individual, group, and video conferencing sessions with patients in the Community Based Outpatient Clinics. Dr. Palyo is also involved in the development of the interdisciplinary Pain Clinic, which has plans to include a CARF-accredited, tertiary pain program. Dr. Palyo's research interests include co-occurring chronic pain and PTSD and resiliency.

**Stephen M. Rao, Ph.D.** is the Health Behavior Coordinator and Director of Training Psychology Postdoctoral Fellowship Program at the SFVAMC. He obtained his B.A. from Drew University, and his M.A. and Ph.D. from Binghamton University – The State University of New York. He completed a Predoctoral Internship at the Palo Alto VA Health Care System, Psychology Service and a Postdoctoral Fellowship at Stanford University School of Medicine, Department of Psychiatry and Behavioral Sciences. Prior to joining the SFVA Mental Health Service he was a Clinical Research Mentor in the UCSF Clinical Psychology Training Program, within the Public Service and Minority Cluster at San Francisco General Hospital, Director of UCSF Psychosocial Medicine Clinic at SFGH, Director of the UCSF Interdisciplinary Pain Management Program and Associate Director for the Correctional Medicine Consultation Network holding faculty appointments in the Departments of Psychiatry and Family and Community Medicine at UCSF School of Medicine. His clinical interests include use of evidence-based Cognitive Behavioral Therapy, Behavioral Medicine and Health Psychology, multidisciplinary and Family Systems approaches in the assessment, treatment and self-management, of co-morbid psychiatric, polytrauma, and chronic disease syndromes, within individual and group, couples and family therapies. His teaching and training efforts emphasize a developmental model embedded within a scientist-practitioner approach accompanied by interactive, experiential and problem-based learning approaches. His research interests include clinical translational and treatment outcome investigations into the role of cognition and affect mediating the management of acute and chronic pain, among culturally diverse, underserved and traumatized populations.

**Kellie Rollins, Psy.D.** is the Director of the Clinical Psychology Internship and Practicum Training Programs at San Francisco VA Medical Center and staff psychologist and clinical supervisor of the Opioid Replacement Treatment Team (ORT) within the Substance Abuse Programs at San Francisco VA Medical Center (SFVAMC). She assumes a clinical educator role as Associate

Clinical Professor in the Department of Psychiatry at the University of California, San Francisco School of Medicine. Dr. Rollins received her Doctor of Psychology degree from Nova Southeastern University in 2005 after completing predoctoral internship at Harvard Medical School/Boston VA Medical Center where she specialized in assessment and treatment of severe psychopathology in women Veterans and longer-term psychodynamic psychotherapy. She subsequently completed her postdoctoral fellowship at SFVAMC, focusing on the treatment of substance use disorders and posttraumatic stress and was hired on as staff in 2006. In her role as staff psychologist in ORT Clinic, she provides individual psychotherapy and group psychotherapy for Veterans with substance use disorders and co-occurring psychiatric, personality/characterological and medical conditions. As Director of Psychology Training at SFVAMC, Dr. Rollins leads the APA accredited clinical psychology predoctoral internship and the practicum training programs. She is also Chair of SFVAMC Mental Health Service Quality Improvement (QI), Member-At-Large of the Executive Committee of the VA Psychology Training Council (VAPTC) and Campus Training Representative for the APA Federal Education Advocacy Coordinators. Beyond the VA, she is chair of American Association for Treatment of Opioid Dependence (AATOD) conference steering committee and has a part-time private practice in San Francisco.

**Nicholas Rosenlicht, M.D.** directs the Mood Disorders Clinic at the San Francisco VA Medical Center, as well as attends on the consultation-liaison service within the UCSF Department of Psychiatry. Prior to his return to UCSF, Dr. Rosenlicht had served as Associate Professor and Director of Inpatient and Partial Programs in the Department of Psychiatry at UMDNJ/Robert Wood Johnson in New Jersey and prior to that as Assistant Professor at both UC Davis and UCLA. Dr. Rosenlicht received his medical degree from Case Western University School of Medicine in Ohio (Alpha Omega Alpha) in 1984, and completed his internship and residency in psychiatry at the University of California, Los Angeles in 1988. He served as Chief Resident in Psychiatry at the West LA VA from 1987-88. Dr. Rosenlicht has extensive experience in both clinical and basic research in sleep medicine, and clinical research in mood disorders. He has taught and published in the area of evidence based medicine, particularly relating to medication trials. His current research at the San Francisco VAMC explores pharmacological and rTMS treatment of resistant depression and CBT treatment of insomnia.

**Johannes C. Rothlind, Ph.D.** directs the Neuropsychological Assessment Program at the SF VAMC. He is an Associate Clinical Professor of Psychiatry at UCSF. Dr. Rothlind obtained his Ph.D. in Clinical Psychology from the University of Oregon in 1990, with a focus in neuropsychology. He completed his pre-doctoral clinical psychology internship at the UCSD/San Diego VAMC with special emphasis in geriatric neuropsychology. From 1990-1992 he completed a NIA-sponsored postdoctoral neuropsychology fellowship at the Johns Hopkins University School of Medicine, where he was engaged in mentored research on the neuropsychology of Huntington's disease and received further supervised training in clinical neuropsychology. Dr. Rothlind came to the SFVAMC in 1995 after several years on the faculty of the University of Maryland School of Medicine, as an assistant professor of psychiatry. His responsibilities at the SFVAMC include leadership of the operations of the Neuropsychological Assessment Program. He provides evaluation and consultation services to a wide range of clinical programs including the various clinics of the Mental Health Service, Medical Practice Clinics, the PADRECC, Memory Disorders Clinic, Comprehensive Epilepsy Program, and TBI clinic. He is the director of the Clinical Neuropsychology Residency training program at the San Francisco VA, and provides teaching and supervision to clinical psychology trainees at all levels of experience (practicum students, interns, post-doctoral fellows). He leads weekly training seminars and case-conferences reviewing core topics in neuropsychological and psychological assessment, including functional neuroanatomy, and theoretical and empirical foundations of clinical neuropsychological assessment and consultation. Dr. Rothlind also maintains active collaboration with SFVAMC and UCSF investigators studying the effect of deep brain stimulation for treatment of Parkinson's disease. His research interests also include developing methods for brief and reliable assessment of disorders of self-awareness in patients with neuropsychological disorders.

**Emily Sachs, Ph.D.** is a Staff Psychologist at the San Francisco VA Medical Center (SFVAMC) specializing in pain management and trauma recovery in primary care, Pain Clinic and rural clinics via tele-mental health. To address the specific needs of Veterans returning from Iraq and Afghanistan with chronic pain, Dr. Sachs developed a specialized group program focusing on healthy pain coping, substance abuse prevention, and readjustment issues. Dr. Sachs also provides evidence-based training to medical staff regarding safe management of complex chronic pain patients. Dr. Sachs earned her Ph.D. in Clinical Psychology at Fordham University in 2011, and completed her Clinical Internship and Postdoctoral Fellowship at the SFVAMC, with a focus on Pain Management, Primary Care Psychology and evidence-based treatments for PTSD. She has published original research articles on trauma and coping with chronic illness in the *Journal of Traumatic Stress* and the *Journal of Hospice and Palliative Medicine*.

**Martha Schmitz, Ph.D., ABPP** is a staff psychologist at the San Francisco Veterans Affairs Medical Center and Assistant Clinical Professor at University of California-San Francisco School of Medicine. She provides Posttraumatic Stress Disorder treatment to veterans residing in rural areas via telehealth, as well as at the medical center. Dr. Schmitz offers continuing education workshops and consultation in the treatment of PTSD and substance abuse to clinicians both nationally and abroad.

She began working with Lisa M. Najavits, PhD, author of *Seeking Safety: A Treatment Manual for PTSD and Substance Abuse*, as a postdoctoral fellow at McLean Hospital-Harvard Medical School in 2000 and continues to work as her associate through Treatment Innovations. She received her doctorate in counseling psychology from the University of Missouri-Columbia after earning her master's and bachelor's degrees from the University of California-Davis. She has collaborated on several research projects in both the United States and France. Her clinical and research interests include posttraumatic stress disorder, substance abuse, and resiliency in survivors of trauma.

**Mark Stalaker, Ph.D.**, is Director of the SFVAMC Suicide Prevention Program. After receiving his Ph.D. in Social Psychology in 2004 from Harvard University, he obtained a Certificate of Clinical Respecialization from the University of Massachusetts at Amherst in 2006. He subsequently completed his clinical internship at the Baltimore VA Medical Center and postdoctoral fellowship in posttraumatic stress at the San Francisco VA Medical Center. As part of the suicide prevention program Dr. Stalaker performs a range of clinical, administrative, and educational duties focused on the assessment, management, and treatment of suicidal behaviors in the veteran population. Dr. Stalaker's research and clinical interests include suicide prevention and behavioral risk management, and cognitive-behavioral and mindfulness-based treatment interventions.

**John Straznickas, M.D.** is the Team leader for the Substance Use Posttraumatic Team (SUPT) and a staff attending psychiatrist in the Substance Abuse Outpatient Clinic (SAOPC) at the San Francisco VA Medical Center. He is an Associate Clinical Professor in the Department of Psychiatry at the University of California, San Francisco School of Medicine, and has received several teaching awards from the residents in psychiatry including the Excellence in Teaching Award in 2004, 2007, 2008 and 2010. He organizes the substance abuse seminar for all the trainees and supervises the psychiatry residents and the psychology fellows, interns, externs and medical students. He has expertise in the theory and practice of group psychotherapy and leads two group supervision seminars for both faculty group leaders and psychiatry residents. Dr. Straznickas received his medical degree from Duke University and is a graduate of the UCSF psychiatry residency program.

**Elizabeth S. Sutherland, Psy.D.** is the Geropsychologist in the Geriatrics and Extended Care Line at the San Francisco VA Medical Center. Dr. Sutherland graduated from John F. Kennedy University in 2007 and completed her predoctoral internship at Mount Sinai Medical Center in Manhattan through the Department of Rehabilitation Medicine. Internship specialized in acute inpatient units, which included the spinal cord injury unit, traumatic brain injury unit, and major medical rehabilitation unit. Dr. Sutherland completed her postdoctoral fellowship at the San Francisco VA Medical Center, specializing in older adults for both inpatient and outpatient services. Research interests include evaluating the efficacy of interdisciplinary teams with individuals diagnosed with dementia within long-term care facilities.

**Alexander Threlfall, M.D., M.A.**, is the associate chief of staff (ACOS) for SFVAMC MH operations in the community based outpatient clinics (CBOC's). He is also the acting director for mental health at the Santa Rosa CBOC. He completed his fellowship training in geriatric psychiatry at UCSF and the SFVAMC in June of 2011 after completing his residency training at the University of Pennsylvania in June of 2010, where he was chief resident of psychosomatics and emergency psychiatry at the Hospital of the University of Pennsylvania and inpatient services at the Philadelphia VAMC. He attended medical school at Texas Tech School of Medicine in Lubbock, TX, which provided a unique opportunity for training in rural setting. As the ACOS for MH – CBOC's, Dr. Threlfall has brought his clinical expertise and administrative background to facilitate the continued innovation of mental health care within the SFVAMC's CBOC's across both the generational and clinical spectrum.

**Hui Qi Tong, Ph.D.** is a staff psychologist with the PTSD Clinic Team /Women's Clinic at the San Francisco VA Medical Center. Dr. Tong received her medical degree from Shanghai Medical College, Fudan University in China and her PhD in Clinical Psychology from Palo Alto University. She completed her psychiatric residency program at Shanghai Mental Health Center, Shanghai Jiao Tong University and her psychology internship and fellowship at the San Francisco VA Medical Center. She has expertise in research-informed psychotherapy and works with an integrative approach. In her clinical work, Dr. Tong conducts CBT-based intervention (i.e. Seeking Safety), Interpersonal Psychotherapy (IPT), Time-limited Dynamic Psychotherapy (TLDP) and Mindfulness-Based Stress Reduction (MBSR). Dr. Tong is also actively involved in the Global Mental Health Program at UCSF, conducting PTSD research and providing training in psychotherapy in China.

**Angela Waldrop, Ph.D.**, is Director of the Psychology Fellowship Program for the VA Advanced Fellowship Program in Mental Illness Research and Treatment. She is an Assistant Adjunct Professor of Psychiatry at UCSF and a Staff Psychologist on the PTSD Clinical Team at the San Francisco VAMC. She received her doctorate in clinical psychology from the University of Missouri-St. Louis. She completed her predoctoral internship and a NIMH-funded research postdoctoral fellowship at the Medical University of South Carolina (MUSC), primarily at the National Crime Victims Research and Treatment Center. Her research interests include comorbidity of substance use disorders and PTSD, the role of impulsivity in risky behaviors, HIV risk behaviors, associations between stress reactivity and addiction, and gender differences. Her clinical expertise is in the treatment of PTSD, anxiety and mood disorders, and substance use disorders.

**Samuel Wan, Ph.D.**, is a staff psychologist with the SFVAMC Substance Use and PTSD Clinic (SUPT) and is an Assistant Clinical Professor of Psychiatry at UCSF. . He completed his pre-doctoral internship with the Boston Consortium in Clinical Psychology and post-doctoral fellowship in Substance Use Disorders at the San Francisco VA Medical Center. He received his Ph.D. in Counseling Psychology from Boston College, and later collaborated on a clinical research project investigating the efficacy of treatments for co-occurring chronic pain and PTSD. As team member of the SUPT clinic, Dr. Wan performs a range of clinical, administrative, and educational activities focused on the assessment, management, and treatment of co-occurring substance use disorders and PTSD in the veteran population. Dr. Wan's clinical interests include substance use disorders, posttraumatic stress disorder, multicultural psychology, particularly Asian American psychology, and gender issues. He is currently serving as Chair of the Planning Committee for the Annual VA Psychology Leadership Conference, Member-At-Large for Division 51 (Society for the Psychological Study of Men and Masculinity), and as Chair of the Psychology Diversity Committee. For 2012, Dr. Wan was selected as the James Besyner Early Career Award for Distinguished Contributions to VA Psychology by the Association of VA Psychology Leaders. For 2008-09, Dr. Wan was an Early Career Leadership Fellow with the Asian American Psychological Association, a program that he now co-chairs.

**Joan Zweben, Ph.D.** is part time staff psychologist at the VA where she supervises trainees in issues related to the treatment of addiction. Dr. Zweben is a Clinical Professor in the Department of Psychiatry, UCSF Medical Center. Dr. Zweben is an APA Fellow in the Addiction Division since 1997. Most of her time is spent as Director of the East Bay Community Recovery Project in Oakland, a substance abuse treatment program that provides psychological and medical services in residential and outpatient settings, and also offers supportive housing. Dr. Zweben is widely known as a consultant in the area of drug and alcohol treatment. She is an author of four books and over 70 journal articles and book chapters on substance abuse issues.. She does consulting and training in a wide range of drug and alcohol treatment modalities.

**Leila Zwelling, L.C.S.W** is a clinical social worker with the San Francisco VA's Women's Clinic Mental Health and Posttraumatic Stress Disorder programs and an Assistant Clinical Professor with UCSF's Psychiatry Department. She provides gender-specific treatment for women with complex trauma histories, including civilian and military sexual trauma, as well as spouses of veterans with PTSD. Ms. Zwelling supervises trainees in the Women's Integrated Care Clinic, providing mental health treatment and consultation in the primary care setting. As the clinics' Intake Coordinator, she has played a key role in the expansion of women's mental health services at the San Francisco VA. She practices evidence-based treatments, including Prolonged Exposure and Interpersonal Psychotherapy. A graduate of the University of Virginia, she completed clinical training with UCSF's Infant-Parent Program, and worked in San Francisco General Hospital's Psychiatry Department prior to joining the VA.