



# **San Francisco VA Medical Center**

2013-2014  
Psychology Externship Program

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Director of Psychology Training

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## Psychology Externship Training Program Training Year 2012-2013

Application deadline is **February 22, 2013**.

### Training Opportunities

We are offering externship (practicum) training this year in the areas of: **Community Mental Health/Santa Rosa Clinic, Substance Abuse/PTSD Treatment, Substance Abuse Treatment, Opioid Dependence Treatment, Women's Clinic, Health Psychology, Mood Disorders, Neuropsychology, Psychosocial Rehab, PTSD Treatment, and HIV/HCV Treatment.**

A copy of our comprehensive Psychology Predoctoral Training Program brochure is available on this website if you would like more information about our Medical Center and training site. On the following pages are specific descriptions of the separate externship training rotations and bio sketches for our training staff.

### Eligibility & Requirements

To be eligible for externship placement at San Francisco VA Medical Center, you must be in good standing at an APA accredited doctoral program in psychology. All applicants must have had varicella (chicken pox) or the vaccination and will be required to take a PPD test prior to start. San Francisco VA is a drug-free workplace.

Externships are without compensation and are typically 16-20 hours per week; days and hours will be negotiated with supervisors. The training year begins on July 1 and ends on June 30. There is a 3-4 day required Psychology Trainee Orientation at the start as well as a two-day Medical Center Orientation that may be taken in July or August.

### Application Procedure & Selection

To apply, please complete the enclosed application materials and return no later than **February 22, 2013**.

On the application cover page, Part 1, please **rank order** your preferences if you are applying to more than one area. Your application will be reviewed by the rotation supervisors you selected in your rank order list. If a supervisor in a specific rotation would like to invite you for an interview, they will contact you directly to set up a date and time. If you have not been selected to interview for any of your selected rotations, you will receive an email indicating such by **April 1, 2013**. *If you receive an email indicating you have not been selected for an interview, this applies to all rotations you ranked. If you receive an interview with one rotation, you will not receive a formal email from other rotations you have ranked.*

Individual interviews will take place from Feb–April. We will make offers on **APRIL 15, 2013** from 8:30-noon, the Practicum Notification Date agreed upon by BAPIC (Bay Area Practicum Information Collaborative). Please be sure that the telephone number we have on file for you is the one we can reach you at on PND.

Please note: It is important that applicants be aware that we make a clear distinction between “internship” and “externship” training, and applicants are asked to sign a brief statement at the end of our externship application so as to avoid any misunderstanding. We use the term “externship” to denote a part-time (less than 40 hour/week) unfunded practicum experience with a concentration in a particular area. The hours

accrued as an extern at our Medical Center are not counted for California licensure as a psychologist.

**Contact Information**

For questions about specific rotations, you may contact the supervisors directly at the email address listed on each rotation description. General administrative questions may be sent to Sulema Jackson at [sulema.jackson@va.gov](mailto:sulema.jackson@va.gov) and general questions about the overall SFVA Psychology Training Program may be sent to Kellie Rollins, PsyD, Director of Psychology Training, at [kellie.rollins2@va.gov](mailto:kellie.rollins2@va.gov).

Please purchase package tracking or enclose a self-addressed stamped envelope or postcard with your application that we can return to serve as receipt of your application's arrival. We kindly ask that you do not call the program to check on the status of your application until it is clear there may be a problem. We aim to preserve staff support resources as much as possible in order to sort and review applications in a timely manner.

Thank you for your interest in our program.

# **Community Mental Health / Santa Rosa Veterans Affairs Community Based Outpatient Clinic (CBOC)**

## **Emphasis on Substance Use Disorders and Posttraumatic Stress Disorder**

The Santa Rosa CBOC is located 55 miles north of San Francisco and is a satellite clinic of the San Francisco VA Medical Center, serving veterans from Sonoma, Marin, Napa, Lake, and Mendocino Counties. It operates as a community mental health center with a unique and diverse patient population serving an increasing number of returning OEF/OIF veterans and aging Vietnam veterans. The clinic provides high quality care for veterans with mental health problems across the lifespan, emphasizing posttraumatic stress disorder related to combat and sexual assault, substance abuse, anger management, depression, chronic mental illness, and psychiatric illness co-occurring with medical illnesses. The Santa Rosa CBOC consists of a multidisciplinary treatment team including psychiatry, psychologists (including the suicide prevention coordinator for all CBOCs), registered nurses, a peer support specialist, a psychiatric nurse practitioner, a social worker, two postdoctoral psychology fellows, and three psychology externs. Mental health providers have expertise in areas including Primary Care Psychology, chronic pain, Geropsychology, Geropsychiatry, substance abuse, and suicide prevention. Team members also coordinate care with medical providers through the Integrated Care Clinic in Primary Care.

The CBOC offers three 16- to 20-hour per week externships to pre-doctoral students enrolled in APA accredited psychology programs. The primary focus of the externships is on substance abuse and posttraumatic stress disorder (PTSD), although other mental health problems are also addressed. The extern will function as part of the multidisciplinary team. The extern will receive clinical and didactic training in the assessment and treatment of substance abuse, PTSD, suicide assessment and crisis intervention, geropsychology, pain management, and multiple therapeutic interventions relevant to clinical needs (e.g., motivational interviewing). Externs will develop skills in clinical interviewing, individual therapy, and group therapy with particular focus on anger management, substance abuse (along the spectrum of the recovery process), and PTSD. Externs will also gain exposure to multidisciplinary team functioning and methods of coordinating care across disciplines. Training is under the direction of the psychology team, with particular focus on multiple therapeutic orientations and interventions (e.g., CBT, ACT, mindfulness-based therapy, and psychodynamic therapy).

Contact information: Kimberly E. Hiroto, Ph.D. at [Kimberly.Hiroto@va.gov](mailto:Kimberly.Hiroto@va.gov)

## **Substance Use Disorders / PTSD Clinic (SUPT)**

The Substance Abuse Programs (SAP) in the Mental Health Service is comprised of several programs combined to address the individual and diverse treatment needs of veterans with substance use disorders. Externs will work in the Substance Abuse/PTSD Clinic (SUPT). This will allow the extern to gain in-depth experience treating these co-morbid conditions commonly encountered in both veteran and non-veteran populations, which often lead to substantial problems in functioning.

The SUPT Team is one of only five specialized programs in the VA system dedicated to outpatient treatment of veterans with co-occurring Substance Use Disorders (SUDs) and PTSD who served in combat or who experienced sexual trauma in the military. The team consists of a psychiatrist, psychologist, two social workers, an addictions therapist, postdoctoral psychology fellows, predoctoral interns, externs, social work interns, and psychiatry residents.

This externship will provide graduate students in clinical psychology an opportunity to increase understanding of substance use disorders and posttraumatic stress disorders and develop a solid foundation in effective treatment strategies for these conditions. Clinical opportunities include co-facilitation of psychotherapy groups (process-oriented and skills-based), individual psychotherapy cases (both long-term and short-term problem-focused), and psychodiagnostic assessments/treatment planning.

Oftentimes, the extern will have the unique opportunity to plan, develop, and implement a psychotherapy group of choice with the substance abuse postdoctoral fellow. Examples of such are DBT groups, Seeking Safety groups, Interpersonal Psychotherapy groups, Anger Management, and others. Externs also have the opportunity to complete at least one full psychological assessment battery, write a comprehensive integrated report, and present the findings to the team. On SUPT, the trainee will develop a foundation to provide exposure-based treatments, systems informed, cognitive-behavioral, psychodynamic therapies, and increase understanding of the neurobiological underpinnings of substance dependence and psychopharmacology.

\*Note about schedule: The extern is expected to complete up to 20 hours weekly on the externship, and will receive the optimal experience by attending the externship on Mondays, Wednesdays, and Fridays. Some adjustment to the days may be possible, but these days are optimal.

Contact information: Samuel Wan, PhD at [samuel.wan@va.gov](mailto:samuel.wan@va.gov)

## General Addictions Clinics

In the General Addiction Clinics there are a range of excellent training opportunities in the assessment and treatment of substance use disorders and co-occurring conditions that span the continuum of recovery from initial engagement and contemplation of change through long-term recovery. There are two general addictions clinics and externs may participate in rotations focused in either clinic or both. Veterans admitted to these clinics manifest problems based on the multiple disabilities which are typically related to a history of addiction to alcohol and other drugs of abuse. Problems may include psychiatric disorders such as primary affective disorders and primary psychoses, transient affective or psychotic symptoms resulting from substance abuse, PTSD or other anxiety disorders, dementia and varying degrees of cognitive impairment, and personality disorders of all types. About 70% of enrollees have problems with multiple substances. Drugs of abuse include alcohol, amphetamines, cocaine, benzodiazepines, opiates and marijuana.

The **Substance Abuse Day Hospital (SADH)** provides comprehensive intensive outpatient treatment. The SADH is a Monday-Friday intensive outpatient program in which patients attend therapeutic activities from 9 am- 2 pm. Each patient has a case manager, however, groups are the primary mode of treatment. Group topics include relapse prevention, Seeking Safety, mindfulness meditation, psychoeducation, vocational therapy, recreational therapy, 12-step, and process. There are groups based upon CBT and DBT principles and groups designed to build a recovery oriented therapeutic milieu. Trainees working in SADH will develop expertise in assessing, diagnosing and treating substance use disorders and related medical and psychiatric conditions, including managing and appropriately triaging intoxication and withdrawal. There is a range of ongoing group therapy offerings on the SADH that trainees may participate in. You will have an opportunity to work with other trainees, including addiction medicine fellows, anesthesia pain fellows, psychiatry residents, medical students, and other psychology trainees. The multidisciplinary team allows for a unique opportunity to collaborate with experts in related fields.

The **Drug and Alcohol Treatment Clinic** is designed to encourage long-term continuing care within an abstinence-based model. Treatment is based on a three phase model (roughly equivalent to stabilization/sobriety, sustained recovery/abstinence, and integration/ ongoing maintenance), and utilizes group psychotherapy as main treatment modality. In this model, early treatment is highly structured and behaviorally oriented, and externs will have the opportunity to co-facilitate skills-based groups such as CBT Relapse Prevention, Mindfulness Based Relapse Prevention, ACT group for stimulant users, and Anger Management. Externs will also co-facilitate 2x/week, semi-structured, process style groups with their primary supervisor, where advanced phases are progressively less structured and more psychotherapy/insight oriented. While abstinence is the goal in our General Addictions Clinics, level of motivation vary among veterans and externs can participate a motivational enhancement group for veterans struggling with chronic relapse, and/or a substance use group for women veterans who may or may not be ready to commit to abstinence.

### **Additional Information about Externship in the General Addiction Clinics:**

Individual psychotherapy (short-term and long-term) is available and externs will be encouraged to adopt the treatment modality that best meets the needs of the veterans they are working with (e.g. CBT, dynamic psychotherapy, existential, etc). Traumatic childhood histories are fairly common among this veteran population and in the context of substance dependence, many veterans demonstrate pervasive dysregulation of affect, cognition, behavior, relationships, and self-identity and frequently present chronic homelessness, legal consequences including court-mandated treatment, and extensive interpersonal

problems. Externs will have the opportunity for case management and collaboration with numerous community partners including transitional housing and residential treatment programs, back-to-work programs, VA medical providers, probation officers, and various social service agencies.

Externs can also participate in the Behavioral Access Center, where all veterans seeking mental health care are initially evaluated and triaged to various clinics within the VA system. This experience requires approx 4 hours each week, and externs will develop skills conducting comprehensive integrated evaluations and implementing initial treatment plans for veterans presenting with a wide range of psychiatric needs. The Behavioral Access Center offers a high-paced, rich learning environment, where emphasis is placed on early treatment engagement, brief stabilization therapy when warranted, and team collaboration across clinics and disciplines to increase timely access to care for all veterans at the SFVAMC. Externs can expect to complete between 15-20 integrated assessments, and carry 2-3 brief psychotherapy cases, for each 6 month rotation. The Access Center is also the clinic that houses a motivational interviewing based group for veterans to explore their motivation for making changes to their substance use. Externs may have the opportunity to co-lead this group.

Externs will work with their primary supervisors to determine individualized training plans that will include didactics and readings in addition to the clinical opportunities described above. There are three different seminars that are open and available to externs in the General Addictions Clinic. Externs will be encouraged to attend a bi-weekly clinical seminar and case conference with staff from the Substance Abuse Programs (currently meets on the 1<sup>st</sup> and 3<sup>rd</sup> Monday of each month). Externs may also participate in a Substance Abuse Programs seminar facilitated by John Straznickas, M.D. that fulfills the substance abuse requirements for state licensure (Mondays noon to 1pm for 6 months) and/or the advanced substance abuse seminar (Wednesdays 1-2:30 year round), which often features cutting edge research and guest lecturers who are experts in the field. Externs will be encouraged to develop talk and deliver case presentations when possible.

Externs will be selected to work with one of the Staff Psychologists as a primary supervisor, but may have the opportunity to do rotations or focused projects or cases with each of the primary supervisors. The primary supervisors and Staff Psychologists are Kristine Burkman, Ph.D., Chris Galloway, Ph.D., and Carl Williams, Ph.D. In these clinics training experiences may also be supervised by Sally Vrana, M.D. Staff Psychiatrist and Medical Director of DAT and Ellen Herbst, MD, Staff Psychiatrist and Medical Director of SADH.

## Opioid Replacement Treatment Clinic (ORT)

The Substance Abuse Programs (SAP) in the Mental Health Service is comprised of several programs combined to address the individual and diverse treatment needs of veterans with substance use disorders. Externs in this practicum will complete a major rotation through the Opioid Replacement Treatment Clinic (ORT) with potential for a minor through the Pain Clinic or SADH. ORT is an outpatient substance abuse treatment program for opioid dependent patients, offering both psychological and medication-assisted treatments for addiction. The majority of ORT patients also have co-occurring psychiatric and medical disorders, as well as polysubstance abuse/dependence issues (e.g., stimulants, alcohol, benzodiazepines, nicotine). ORT functions as a multidisciplinary hospital team that includes two psychologists, a psychiatrist, nurses, addiction therapists, a psychology post-doctoral fellow, interns, psychiatry residents and pharmacy staff. Although ORT is an outpatient program, it closely resembles a day treatment program given the frequency and intensity of treatment activities and the interdisciplinary clinical team. Patients are mostly men, range in age from 23-85 and 40% are ethnic minorities.

Externship in ORT will provide graduate students in clinical psychology an opportunity to increase understanding of substance use disorders and develop a solid foundation in effective treatment strategies for addiction and co-occurring disorders, particularly PTSD and SUD. Therapy is primarily integrative and patient-centered. Clinical opportunities include co-facilitation of psychotherapy groups (process-oriented or skills-based), individual psychotherapy cases (both long and short-term), and psychodiagnostic assessments/treatment planning. The extern may have the unique opportunity to plan, develop, and implement a psychotherapy group of choice with the substance abuse treatment postdoctoral fellow, supervisor or another trainee. Examples of such are DBT groups, Seeking Safety, interpersonal psychotherapy, mindfulness groups, stimulant recovery, alcohol recovery, social skills groups, anger management and now, a young adults group and problematic gambling group. Externs may also co-lead a motivational enhancement group with Joan Zweben, Ph.D, a nationally recognized leader in the substance abuse treatment field.

Additionally, to help prepare graduate students for internship, externs will complete at least one full psychological assessment battery, write a comprehensive integrated report and present the findings to the team. For half of the year, scheduling permitted, externs may join a team in the Behavioral Health Access Center with a psychologist in the Substance Abuse Programs. The Access Center promotes brief interventions up to six sessions and includes patients presenting with general mental health issues (not just substance abuse). The team is interdisciplinary and includes a didactic hour promoting an intense learning environment. Externs will have the opportunity to observe experienced staff, work together or more independently depending on the case and extern skill level. Graduated levels of responsibility promote close supervision, teamwork and a unique training opportunity.

Weekly individual supervision will be provided by Kellie Rollins, Psy.D., Director of Training, Staff Psychologist and Clinical Supervisor for ORT and/or Jessica Keyser, Ph.D, ORT Staff Psychologist, and group supervision with the postdoctoral fellow. Consultation with Dr. Zweben, David Kan, MD, ORT Medical Director, and other physicians on staff occur regularly. Externs will be fully integrated into the ORT Team and participate in Clinical Team Meetings. In addition, externs will attend the advanced Substance Abuse Seminar chaired by Joan Zweben, Ph.D. The weekly 1 hour substance abuse lecture series for UCSF psychiatry residents led by John Straznickas, MD, is also open to psychology externs and meets coursework criteria for California licensure (held on Mondays). Practicum is 16-20 hours per week. Days may be negotiable but most clinic and departmental activities fall on Tuesdays & Wednesdays. Contact information: Dr. Rollins at [Kellie.rollins2@va.gov](mailto:Kellie.rollins2@va.gov) and Dr. Keyser at [jessica.keyser@va.gov](mailto:jessica.keyser@va.gov)

## Women's Mental Health

The Women's Clinic Mental Health Program provides clinical training in trauma informed and gender sensitive mental health treatment. The externship training experience offers an opportunity to work in a collaborative setting with a multidisciplinary team consisting of psychology, psychiatry, social work, and primary care providers. Patients in the Women's Clinic are women and transgendered veterans from multiple service eras and spouses of disabled veterans who present with a wide array of mental health issues. Many patients presenting to the Women's Clinic have histories of complex trauma, Military Sexual Trauma, and interpersonal difficulties. Extern in the Women's Clinic will primarily receive training and supervision in the treatment of depression, risk management, personality disorders, PTSD, and other anxiety disorders. In addition, coordination of care with other SFVA specialty clinics, such as pain management and substance use disorders, other VA resources such as the Vet Center, and community-based mental health services, is also part of standard care for many patients.

Pre-doctoral extern in the Women's Clinic has the opportunity to co-facilitate groups such as Seeking Safety, Acceptance and Commitment Therapy, and Mindfulness-based Stress Reduction group. In addition, extern will have the opportunity to provide short and long-term psychotherapy utilizing primarily Cognitive Behavioral Therapy and Interpersonal Psychotherapy.

There will be one pre-doctoral externship training position available in the Women's Clinic in the 2013-2014 training year. Pre-doctoral externship training in the Women's Clinic is structured as a part-time (16 hours/week) training experience over a 12-month period. The training year begins on July 1st and continues through June 30th. Pre-doctoral extern in the Women's Clinic spends his/her time as follows:

<b>%</b>	<b>Hrs/wk</b>	<b>Training Activity</b>
78	12	Direct patient care
6	1	Seminar/didactic Training
9	2	Individual/group supervision (Dr. Hui-Qi Tong)
6	1	Case conference

Contact information: Hui-Qi Tong, PhD at [hui-qi.tong@va.gov](mailto:hui-qi.tong@va.gov)

# Health Psychology

## Description of Predoctoral Externship Training

The Health Psychology Program provides clinical training in various aspects of behavioral medicine, including pain management and cognitive-behavioral treatment of anxiety, depression, and somatoform disorders. Clinical training is provided in other aspects of behavioral medicine including adjustment to chronic illness, smoking cessation, weight control, and treatment of psychophysiological disorders. The predoctoral externs in Health Psychology provide psychological consultation and conduct stress and pain management therapy (both group and individual), biofeedback, and hypnotherapy. In addition, they perform psychological evaluations for candidates for bariatric surgery, co-lead weight control groups and serve on interdisciplinary teams in the areas of pain management, smoking cessation, and obesity treatment.

## Supervision

Clinical supervision is provided by Timothy P. Carmody, Ph.D., Director of Health Psychology Program. Supervision is provided in weekly one-on-one sessions, case conferences, and co-therapy experiences in cognitive-behavioral groups. Externs also participate in interdisciplinary case conferences.

## Didactic Training

There is a weekly Health Psychology Seminar. Topics include chronic pain, adjustment to illness, integrated models of care, cognitive behavior therapy, self-care in disease management, weight management, stress management, smoking cessation, mindfulness, biofeedback, and hypnosis. There are also presentations on various topics in general medicine including coronary heart disease, hypertension, diabetes, chronic obstructive pulmonary disease, and cancer.

## Predoctoral Externship Positions

There are two predoctoral externship training positions available in the Health Psychology Program during any given training year. Predoctoral externship training in Health Psychology is structured as a part-time (16-20 hours/week) training experience over a 12-month period. All clinical training activities in Health Psychology are scheduled on Mondays, Wednesdays, and Thursdays. The training year begins on July 1st and continues through June 30th.

Predoctoral externs in Health Psychology spend their time as follows (based on 20 hours/week):

<u>% Effort</u>	<u>Hrs/wk</u>	<u>Training Activity</u>
75	11-15	Direct patient care
10	2	Seminar/didactic Training
15	3	Supervision

# Mood Disorders Psychotherapy Program

The Mood Disorders Psychotherapy Program at the VA San Francisco Medical Center provides training in evidence-based psychotherapy for the treatment major depressive disorder and related diagnoses (bipolar disorder, borderline personality disorder). The program focuses on the use of evidence-based psychotherapy (primarily cognitive-behavioral techniques) and the use of case formulation to guide treatment. structured cognitive-behavioral group therapy for major depression and individual cognitive-behavioral therapy for mood and anxiety disorders. Additional possible opportunities (depending on resources, interest, and patient need) include dialectical behavior therapy for borderline personality disorder, cognitive-behavior therapy for insomnia, imagery rehearsal therapy for nightmares, mindfulness-based stress reduction, diagnostic assessment using the Structured Clinical Interview for the DSM-IV (SCID), diagnostic screening, and provision of services via video-conference.

## Supervision

Clinical supervision will be provided by John R. McQuaid, Ph.D. and Mark Stalnaker, Ph.D. Supervision will be provided in weekly one-on-one sessions and co-therapy experiences in cognitive-behavioral groups. All treatment will be either audio or video recorded for supervision purposes. Trainees can also participate in a group supervision team.

## Didactic Training

There is a weekly, year-long course seminar open to trainees and staff on evidence-based psychotherapy. Topics will include principles of cognitive and behavioral therapies, overview of current evidence-based therapies (interpersonal psychotherapy, dialectical behavior therapy, “third wave” interventions) application to specific disorders (depression, anxiety, personality disorders, psychosis) and additional topics of interest to the class.

## Predoctoral Externship Positions

There will be two predoctoral externship training positions available in the Mood Disorders Psychotherapy Program during any given training year. Predoctoral externship training in mood disorders will be structured as a part-time ( up to 20 hours/week) training experience over a 12-month period. The training year begins on July 1st and continues through June 30th. Predoctoral externs in mood disorders are anticipated to spend their time as follows:

<b>% Effort</b>	<b>Hrs/wk</b>	<b>Training Activity</b>
75	15	Direct patient care
10	2	Seminar/didactic Training
15	3	Supervision

Contact information: Dr. McQuaid at [john.mcquaid@va.gov](mailto:john.mcquaid@va.gov)

# Neuropsychology

The Neuropsychology Externship Program (20 hours/week) provides training in neuropsychological evaluation and consultation. Externs participate in weekly didactic training and case-conference meeting (2 hours). A variety of assessment techniques are taught and practiced, and basic psychometric principles are reviewed. Trainees gain experience applying a hypothesis-testing approach to the neuropsychological evaluation, and learn to select and integrate methods from clinical interviewing, intelligence testing, cognitive screening assessments, more detailed battery-approaches to neuropsychological assessment, projective testing, and traditional self-report techniques (MMPI-2, PAI, NEO-PI-R, etc.). Basic neuroanatomy is also reviewed in these seminars. Further opportunities are available for attendance at brain-cutting and psychiatry and neurology rounds.

The Neuropsychology Program provides consultation services to many different programs of the SFVAMC and VA clinics and programs in the surrounding region. Clinical conditions include neurodevelopmental conditions (e.g. LD and ADHD), acquired conditions related to strokes and TBI, Epilepsy) and neurodegenerative disorders including Alzheimer's dementia and Parkinson's disease, and other Axis I and Axis II mental health disorders (including PTSD, mood, and substance abuse disorders). Trainees will have an opportunity to perform evaluations for individually scheduled outpatient appointments or at the bedside, and to participate in the weekly multidisciplinary Memory Disorders Clinic. Trainees participate in all phases of patient evaluation and consultation, including information gathering, assessment, scoring and interpretation, report writing and case-conferences, feedback and consultation to patients, family members and health care providers. Referral questions are broad and range from educational evaluations and recommendations for accommodations, requests for diagnostic clarification, determination of decision making capacity, and more. Externs may also participate in neurorehabilitation and learn techniques to support or remediate cognitive impairment.

Dr.'s Filanosky and Rothlind are the supervising psychologists for this training experience. Dr. Filanosky is dually trained in rehabilitation psychology and clinical neuropsychology and co-leads the primary care behavioral health integrated clinic which he helped to develop in 2007 after completing his postdoctoral fellowship at Mount Sinai Hospital in New York. He is licensed as a psychologist in California.... ADD TEXT HERE.. Dr. Rothlind has been the Director of the Neuropsychology Program at the SFVAMC since May, 1995. Prior to joining our Service, he served on the faculty of the University of Maryland School of Medicine (1992-1995), where he also provided training and supervision in the area of clinical neuropsychology. He is licensed as a Psychologist in California.

Contact information: Dr. Rothlind at [Johannes.rothlind@va.gov](mailto:Johannes.rothlind@va.gov) or Dr. Filanosky at [Charles.Filanosky@va.gov](mailto:Charles.Filanosky@va.gov)

## **Psychosocial Rehabilitation and Recovery Center (PRRC)**

Psychosocial Rehabilitation (12-16 hours per week). Jennifer Boyd, PhD, CPRP; Michael Drexler, PhD, CPRP

The Psychosocial Rehabilitation and Recovery Center (PRRC) program provides services to veterans with severe mental illness (SMI) with GAF scores of 50 or less. Diagnoses include schizophrenia, schizoaffective disorder, major depression, psychosis NOS, severe PTSD, and similar conditions. The PRRC offers services based on a community college model, and students (patients) select from among skills-based classes (groups), those that would contribute to their individually chosen recovery goals. The PRRCs are mandated at VAs nationwide, and are charged with providing up to date evidence based services contributing to role recovery in SMI. The PRRC interdisciplinary team includes psychology, social work, occupational therapy, nursing, creative arts therapy, peer support and health technicians, and trainees which may include psychiatry residents, psychology postdoctoral fellows, psychology interns, psychology externs, as well as trainees from all the other disciplines listed above.

Working with members of the interdisciplinary team, the extern will be involved at several levels of the program, co-leading skills oriented classes (groups), offering individual intervention, and engaging in recovery oriented assessment as needed. Weekly individual and possible group supervision is provided (depending on the number of trainees). Attendance at weekly clinical staff meetings and trainings, as well as the monthly Mental Health Psychosocial Recovery Forum is expected. The extern will also have the opportunity to provide group psychosocial rehabilitation interventions in the Psychiatric Intensive Care Unit under the supervision and guidance of the Local Recovery Coordinator (LRC), Dr. Drexler.

Externs are under the overall supervision of Dr. Jennifer Boyd, Director of the PRRC, and Dr. Michael Drexler, Clinical Director of the PRRC and Local Psychosocial Recovery Coordinator for Severe Mental Illness.

Contact information: Dr. Drexler at [Michael.drexler@va.gov](mailto:Michael.drexler@va.gov)

## Posttraumatic Stress Disorder Clinical Team (PCT)

The Posttraumatic Stress Disorder Clinical Team (PCT) at the Department of Veterans Affairs Medical Center, San Francisco, offers 16 hour psychology practicum placements (externships). Trainees will gain experience with in depth assessment and individual and group psychotherapy for PTSD. Supervision is provided by Angela Waldrop, Ph.D., Victoria Tichenor, Ph.D., Martha Schmitz, Ph.D. and Dawn Lawhon, Ph.D.

Supervision breakdown is as follows:

One hour weekly with Ph.D. psychologist; Possible one hour weekly with postdoctoral psychology trauma fellow; One hour twenty minutes weekly didactic covering clinical issues, biology, theory, research and case presentations; One hour weekly group psychotherapy consultation with postdoctoral fellow. Videotapes utilized; Brief supervision with co-therapist following group therapy meetings.

The Posttraumatic Stress Disorder Clinical Team (PCT) specializes in the outpatient treatment of veterans who have PTSD. The largest number of our population have trauma related to combat, combat support/training, or sexual abuse in the course of active duty military service. Our PCT is one of the largest in the nation with regard to clinical activity. The majority of the population in PCT is male Vietnam veterans, with some WWII veterans and rapidly increasing numbers of veterans from modern deployments (i.e., Afghanistan, Iraq, Persian Gulf, and peacekeeping operations). Many of our veterans suffer from co-morbid disorders, depression and substance abuse being the most frequent. Issues regarding medical illness, chronic pain, postwar adjustment, and relationship stress are increasingly common. Our population is quite diverse, with multiple ethnicities (significant numbers of Filipino American veterans), ages, sexual orientations and levels of SES represented.

The PCT is dedicated to providing comprehensive outpatient treatment for veterans suffering from posttraumatic stress disorder. Although we are in a densely populated urban location, our area of outreach covers eight counties in Northern California and extends nearly to the Oregon border. The secondary psychosocial effects of PTSD often pose as much a therapeutic challenge as the primary symptoms of the disorder. Thus, we see it as vital that a multi-modal phase based approach to treatment be employed. This approach includes a variety of treatment components provided by the PCT and a close collaboration with the excellent clinical resources within our Medical Center's Mental Health Service. The objectives of the treatment interventions are to reduce the intensity of symptoms and maximize social and vocational functioning. There is also an emphasis upon coordination of care with the other services in the Medical Center to optimize attention to physical problems. Veterans with Traumatic Brain Injury are seen in a specialized clinic and co-morbid chronic pain is coordinated with the pain clinic.

Stabilization treatment is particularly important for our newly returning and MST veterans. We focus on biological, social, cognitive and educational strategies with rapid referrals for Interdisciplinary medication management and brief treatment, structured phase I groups and brief individual treatments. Prolonged Exposure (PE) and Cognitive Processing Therapy (CPT) are provided individually. Integration and relapse prevention are accomplished primarily through group treatment, with several of our groups in PCT running long term. Additionally, the PCT is affiliated with an active research program. Treatments for insomnia and moral injury have been piloted with our clinic.

## Treatment Modalities:

Group Therapy: Short and long term groups are available to provide treatment interventions at each stage of treatment. PCT has an initial phase I group series focused on introducing veterans to the program as well as educating them regarding symptoms and coping. Veterans then participate in a group focused on emotional reactivity and finally in a mindfulness based stress management group. Other groups include PTSD Wellness and Seeking Safety groups which provide information about PTSD and its consequences and serve the function of both stabilization and maintenance treatments, integration and relapse prevention groups which draw from the experience of exposure work and examine it in the context of present day coping style, skills and relationships. The objective is to solidify gains in symptom reduction and emphasize optimal psychosocial functioning.

Individual Therapy: The PCT provides individual therapy when indicated. Individual therapy may be provided: 1) to stabilize a patient in crisis, 2) to provide psychoeducation and assistance with adjustment for newly returning veterans, 3) to provide exposure focused treatment (PE, CPT), behavioral therapy or focal dynamic treatment, 4) to provide adjunctive therapy to group work when the task of the group does not fit with specific issues of a patient 5) to address acute symptom exacerbation for ongoing patients and 6) to prepare a patient for group treatment.

360 Clinic: The PCT has two specialized interdisciplinary Pharmacology/Treatment Clinics staffed by PCT psychiatrists and psychologists. Patients are referred to the clinic from Access, which is the portal of entry for Mental Health or from within the PCT. The clinic provides medication management, brief targeted behavioral interventions, Clinician Administered PTSD Scales (CAPS), treatment planning and consultation. Under real time supervision, externs manage a panel of patients paired with a resident, providing extended care for our veterans.

Wellness: PCT offers wellness programming in conjunction with the Presidio YMCA. Veterans are invited to develop an appropriate program of exercise with support of our wellness staff specialists. Many of them work with other veterans. Additionally, an ongoing meditation group is offered.

Contact information: Victoria Tichenor, PhD at [Victoria.tichenor@va.gov](mailto:Victoria.tichenor@va.gov)

# HIV/HCV Psychology

## Description of Pre-doctoral Externship Training

The HIV & Hepatitis C (HIV/HCV) externship provides clinical training in various aspects of behavioral medicine in HIV and Hepatitis C clinical care. For Veterans living with HIV these include a wide range of clinical issues including adjustment to diagnosis, stigma, medication/treatment adherence, pain management, substance abuse, smoking cessation, and other behavioral health issues related to disease prevention and healthy living. Externs will also see patients for anxiety, depression, PTSD, and other mental health issues. For Veterans living with HCV, externs will see patients for initial evaluation to determine treatment readiness for interferon treatment, will see patients for brief or long-term individual therapy to increase HCV treatment readiness, and provide on-going support for patients while on HCV treatment. There are opportunities to co-lead groups in both clinical settings and opportunities for training in Acceptance and Commitment Therapy (ACT).

## Potential clinical opportunities available include:

- Co-lead Hepatitis C support group
- Conduct Hepatitis C focused telehealth sessions
- Conduct intakes for HIV patients interested in MH services
- Conduct pre-Hepatitis C evaluations to determine treatment readiness
- Conduct brief neuropsychological evaluations of HIV and Hepatitis C patients and write report
- Co-lead ACT group for stimulant using HIV patients and patients enrolled in substance use tx
- Maintain caseload of individual therapy patients, referred through the HIV and/or Liver Clinic
- Consult with medical providers and other mental health providers on cases

## Predoctoral Externship Positions

There are two predoctoral externship training positions available in HIV/HCV. Preference will be given to externs in their 3-4 year of training. The externship is structured as a part-time (20 hours/week) training experience over a 12-month period. Externs will be expected to be on campus on Tuesday mornings from 9-1 and spend one day at Ft. Miley (main medical center) and the other day our 3rd & Harrison Community Based Outpatient Clinic (CBOC) in downtown San Francisco (see schedules below). The training year begins on July 1st and continues through June 30th.

### Extern 1

<b>Day</b>	<b>Time</b>	<b>Location</b>	<b>Scheduled activities</b>
Monday	1-2	Virtual	National HIV/HCV Didactic Seminar
Tuesday	9-1	Ft. Miley Campus	11-12 Case Conference and clinical supervision
Wednesday	8-4:30	Ft. Miley Campus	Substance use seminar
Thursday	9-4:30	3 <sup>rd</sup> & Harrison CBOC	2-3 HCV Support Group

### Extern 2

<b>Day</b>	<b>Time</b>	<b>Location</b>	<b>Scheduled activities</b>
Monday	1-2	Ft. Miley Campus	National HIV/HCV Didactic Seminar
Tuesday	9-1	Ft. Miley Campus	11-12 Case Conference and clinical supervision
Wednesday	8-4:30	3 <sup>rd</sup> & Harrison CBOC	none
Friday	8-4:00	Ft. Miley Campus	ID Staff Meeting

**Supervision**

Supervision is provided in weekly individual and group supervision and a weekly case conference for the HIV/HCV extern. One hour of group clinical supervision will be provided Maggie Chartier, PsyD, MPH, Staff Psychologist and an additional hour of individual supervision will be provided by the HIV/HCV Postdoctoral Fellow.

**Didactic Training**

The externs will participate in the National HIV/HCV virtual seminar series, which focuses on the clinical care and mental health management of HIV and Hepatitis C patients. This didactic will meet every other Monday from 1-2 pm. Case conferences will be every Tuesday morning from 11-12 with a once monthly Acceptance and Commitment Therapy (ACT) learning group supervision from 10-12.

San Francisco VA Medical Center  
Psychology Externship Training Program

***Please copy and paste application into word doc and type***

**Part 1:**

Please rank order those areas of training to which you are applying:

- Community Mental Health//Santa Rosa Clinic
- Substance Use Disorders/PTSD (SUPT)
- General Addictions Clinic
- Opioid Replacement Treatment Clinic (ORT)
- Women's Clinic
- Health Psychology
- Mood Disorders Psychotherapy Program
- Neuropsychology
- Psychosocial Rehab (PRRC)
- PTSD Treatment (PCT)
- HIV/HCV Treatment

**Name:**

**Mailing Address:**

**Work Phone:**

**Home Phone:**

**Cell Phone:**

**BEST PHONE NUMBER TO REACH YOU ON PND:**

**U.S. Citizen:** Yes No

**Graduate School:**

**Director of Training:**

**APA Accredited:** Yes No (**MUST BE ACCREDITED TO APPLY**)

**Type of Program:** Clinical Counseling

**Type of degree:** Ph.D. Psy.D.

**Status in graduate program, both currently and anticipated as of July 1, 2013**

(If unsure, provide approximate dates of completion)

**Date of completion of course work for doctoral degree:** \_\_\_\_\_

**Date of completion of any qualifying examinations:** \_\_\_\_\_

**Date of completion of dissertation:** \_\_\_\_\_

**Application Checklist (via Email to the addresses below):**

\_\_\_ Parts 1-5 of the application.

\_\_\_ Curriculum Vitae

\_\_\_ Three letters of recommendation to support your application. They may be addressed to Dr. Rollins.  
*Note: One of these must be from the Director of Training or a professor at your graduate school indicating approval of your seeking placement at the SFVAMC and confirmation of your graduate student standing.*

\_\_\_ Graduate Program Transcript (unofficial will be considered but official will be required if accepted).

**Please email application materials to:**

**[Sulema.Jackson@va.gov](mailto:Sulema.Jackson@va.gov) and cc to: [Deirdre.Donovan@va.gov](mailto:Deirdre.Donovan@va.gov)**

If you have any question or concerns please feel free to email or call:

**Sulema Jackson**

(415)750-2004

[Sulema.Jackson@va.gov](mailto:Sulema.Jackson@va.gov)

**Psychological Services**

**Mental Health Service**

**San Francisco VA Medical Center**

**4150 Clement Street (116B)**

**San Francisco, CA 94121**

Or:

**Deirdre Donovan**

**415-221-4810 x5842**

[Deirdre.donovan@va.gov](mailto:Deirdre.donovan@va.gov)

**2. Please describe your clinical experience (including clinical settings, patient or client population, duties in each setting, and approximate number of supervised clinical hours in each setting). Also indicate if you expect to obtain additional clinical experience between the time of your application and the beginning of the externship. Discuss the nature of your supervised experience.**

**3. Please describe your assessment experience (including the names of the psychological/psychometric tests you have administered/interpreted). Approximate the number of each test you have given and the nature of the supervised experience you have received. Also indicate if you expect to acquire more assessment experience before July.**

**4. Please discuss your interest in the emphasis areas to which you are applying and your goals for externship. Be specific regarding the types of clinical experiences you are seeking. Also, please describe how these goals fit within your overall plan for clinical training during graduate school (you may describe more than one emphasis area in this section).**

**5. Agreement Regarding Representation of Training Experience**

I, \_\_\_\_\_ (printed name) understand that I am applying a training experience with the Psychological Services/Mental Health Service, San Francisco VA Medical Center that is classified as an “Externship.” Should I be accepted, I agree to represent this training at all times as an “Externship,” and I agree not to represent it anywhere (whether verbally, on a CV, to a license agency, etc.) as an “Internship” or as part of an internship. While my graduate school may count this externship experience toward its internally defined criteria for satisfying “internship” requirements, I will make sure that it does not represent to anyone externally that I obtained part or all of an “internship” at the SFVAMC.

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Signature

Date

## San Francisco VA Medical Center Psychology Training Staff

**Keith R. Armstrong, L.C.S.W.** is the Director of the Family Therapy Clinic, the social workers in Mental Health Service and is a Clinical Professor of Psychiatry at the University of California, San Francisco (UCSF). He is also a member of the Posttraumatic Stress Disorder Program. Prior to his 21 years of outpatient work at the VA he was the inpatient social worker for the VA's Psychiatric Inpatient Unit. He received his master's degree in Social Work from University of California, Berkeley in 1984. He is author of clinical and research articles and chapters addressing the treatment of traumatized individuals and families. He co-authored *Courage After Fire*, a self-help book for returning Iraq and Afghanistan veterans and their families. In 2005 he was given his 4th excellence in teaching award by the University of California Psychiatry Residents Association. In 2005 he also won the Excellence in Direct Teaching Award by the Haile Debas Academy of Medical Student Educators. He currently is involved in caregiver research at the Kansas City VA Medical Center and is also involved in consulting to the intensive Family Therapy program at UCSF.

**Steven L. Batki, M.D.** directs the Addiction Psychiatry Research Program at the San Francisco VA Medical Center, within the UCSF Department of Psychiatry. Prior to his return to UCSF, Dr. Batki had served as Professor and Director of Research in the Department of Psychiatry at the State University of New York (SUNY) Upstate Medical University from 1999 to 2007. Dr. Batki completed his psychiatry training at UCSF where he taught, directed clinical services, and conducted clinical research from 1983 to 1999. In his previous roles at UCSF, he was Clinical Professor of Psychiatry and Director of the Division of Substance Abuse and Addiction Medicine at San Francisco General Hospital until his move to SUNY Upstate Medical University in 1999. Dr. Batki engages in clinical research in addiction psychiatry and psychopharmacology with a focus on the treatment of addiction and comorbid mental illness and medical disorders. His NIAAA-funded research addresses the treatment of alcohol problems among individuals with schizophrenia. His NIDA project is aimed at improving the treatment of injection drug users with chronic Hepatitis C infection. Dr. Batki's research at the San Francisco VAMC will continue to focus on psychopharmacology and addiction comorbidity with schizophrenia as well as PTSD.

**Jennifer E. Boyd, Ph.D., CPRP**, is the Director of the Psychosocial Rehabilitation and Recovery Center and an Associate Adjunct Professor of Psychiatry at the University of California, San Francisco. Dr. Boyd was educated at Stanford University, the University of Maryland, Georgetown University, and Columbia University. Her research investigates the influence of sociocultural factors on psychopathology, such as the cross-cultural validity of psychological measures, and the effect of internalized stigma on the course of severe mental illness. Noteworthy papers include —"Hearing voices: Explanations and implications," "Internalized stigma predicts erosion of morale among psychiatric outpatients," "Correlates and consequences of internalized stigma for people living with mental illness: a systematic review and meta-analysis," "The relationship of multiple aspects of stigma and personal contact with someone hospitalized for mental illness, in a nationally representative sample" In clinical work, Dr. Boyd uses the recovery model of psychosocial rehabilitation.

**Timothy P. Carmody, Ph.D.** is Director of the Health Psychology Program and Health Sciences Clinical Professor in the Department of Psychiatry, UCSF. He is also Associate Director for Mental Health for the Center of Excellence for Education in Patient-aligned Care Teams in Primary Care. He received his doctorate in clinical psychology from the University of Montana in 1977 and has been a member of the Psychological Services staff since 1985. His professional interests include nicotine dependence, chronic pain, obesity/weight control, and behavioral factors in the prevention and treatment of coronary heart disease. He is affiliated with the Department of Psychiatry's Treatment Research Center, focusing on tobacco use cessation in alcohol-dependent smokers. He has published in a variety of areas in behavioral medicine including smoking cessation, pain management, coronary risk behaviors, and medical adherence. Dr. Carmody has been the recipient of a Research Career Development Award from the National Heart, Lung, and Blood Institute (NHLBI) and has served on several ad hoc grant review committees for NHLBI. He was also a member of the Evidence-Based Behavioral Medicine Committee for the Society of Behavioral Medicine. His research has been funded by the VA HSR&D and RR&D Programs, NIDA, and the University of California Tobacco-Related Diseases Research Program. He serves as an editorial consultant to several professional journals and is a member of the editorial boards for the *Journal of Clinical Psychology in Medical Settings* and *Psychological Services*. He also serves as chair of the VA's National Technical Advisory Group for tobacco use cessation and is chair-elect for the APA Division 18/VA section.

**Maggie Chartier, PsyD, MPH** is a staff psychologist at the San Francisco VA Medical Center and an Assistant Clinical Professor at UCSF. She is also the National Psychology Program Coordinator for the Behavioral Management of HIV and Hepatitis C for VHA's HIV, Hepatitis, and Public Health Pathogens Program (HHPHP) under Clinical Public Health. She received her MPH in Epidemiology at the University of Washington, Seattle in 2004 and her PsyD from the PGSP-Stanford Consortium in Palo Alto, California in 2009. She completed her clinical internship at UCSF and her postdoctoral fellowship in HIV/HCV Psychology at the San Francisco VA. Her primary areas of interest are in the psychological care of patients with HIV and Hepatitis C, health psychology, and Acceptance and Commitment Therapy (ACT).

**John Devine, M.D.** is a staff psychiatrist General Psychiatry Outpatient Services and is an Associate Clinical Professor, Department of Psychiatry, University of California, San Francisco. Dr. Devine received his medical degree from the University of Vermont in 1988, and completed his internship and residency in psychiatry at the University of California, San Francisco in 1992. He served as Chief Resident in Psychiatry at the SFVAMC from 1992-93, and has since worked as a staff psychiatrist in the outpatient services. His interest include psychiatric education, psychodynamic psychotherapy, group psychotherapy, treatment issues related to affective disorders and the psychiatric issues of patients with HIV infection. Dr. Devine's most recent publication has been a chapter on psychotherapy of patients with HIV infection in a book entitled: The UCSF ADS Health Project Guide to Counseling: Perspectives on Psychotherapy, Prevention and Therapeutic Practice.

**Jeremy Doughan, Psy.D.,** is an Assistant Clinical Professor of Psychiatry at UCSF School of Medicine and staff clinical psychologist at the San Francisco Department of Veterans Affairs Medical Center, Division of Geropsychiatry. Dr. Doughan provides clinical services to a number of programs and clinics throughout the medical center: Home Based Primary Care, Hospice/Palliative Care Service, Geriatric Medical Practice Clinic and Geropsychiatry Mood Assessment Clinic. In addition, Dr. Doughan is the Clinical Geropsychology Postdoctoral Fellowship Director and co-director for the Geropsychology training program at SFVAMC. Dr. Doughan received his undergraduate degree in psychology from the University of Minnesota. He subsequently received his master's and doctoral degree from the Minnesota School of Professional Psychology. During his graduate tenure, he completed an advanced practicum in geriatrics at the Minneapolis Department of Veterans Affairs Medical Center, a pre-doctoral APA clinical psychology internship at the Miami Department of Veterans Affairs Medical Center and APA postdoctoral fellowship in Clinical Psychology, with Geropsychology specialization, at the Department of Veterans Affairs Boston Healthcare System. He held academic appointments as a Teaching Fellow in Psychiatry at the Boston University School of Medicine and Clinical Psychiatry Fellow at Harvard Medical School. Currently he is an Adjunct Professor of Psychology at the University of San Francisco. Dr. Doughan's interests include geriatric-neuropsychological evaluations, personality assessments of older adults, interpersonal psychotherapy of geriatric patients and academic teaching/supervision of trainees.

**Michael L. Drexler, Ph.D., CPRP,** is the Local Psychosocial Recovery Coordinator (LRC) for Serious Mental Illness at the SFVAMC. As the LRC, he provides patient and staff education, support, consultation and evidence-based intervention supporting role recovery. He works closely with interdisciplinary teams across the service, and most intensely with the Psychosocial Rehabilitation and Recovery Center, the Psychiatric Intensive Outpatient Program, and also provides input and service to the Psychiatric Inpatient Care Unit as well as Mental Health Intensive Case Management. He also provides evaluations in the Compensation and Pension Clinic and manages the mental health services provided in that clinic. Dr. Drexler is a staff psychologist and neuropsychologist. Prior to becoming the LRC, he served as Geropsychologist and Geriatric Neuropsychologist at SFVAMC. Before coming to the VA, he worked at Laguna Honda Hospital and Rehabilitation Center in San Francisco, one of the largest skilled nursing and subacute rehabilitation facilities of its kind, where he served as Director of the Neuropsychology Service, Program Director of Psychosocial Units, and Psychosocial Coordinator of the Dementia Cluster. Dr. Drexler has worked as the consulting psychologist/neuropsychologist for Geriatric Services of San Francisco, Garfield Geropsychiatric Hospital in Oakland, Morton Bakar Geropsychiatric Center in Hayward (which was heavily oriented toward psychosocial rehabilitation), and Letterman Army Medical Center in San Francisco. He is Assistant Clinical Professor at UCSF, adjunct professor at the California School of Professional Psychology of Alliant University, Berkeley/Alameda, and is Instructor in Psychosocial Rehabilitation, Geropsychology and Neuropsychology at UC Berkeley Extension. Dr. Drexler is a Fellow of the National Academy of Neuropsychology, and his service to that organization has included being Chair of the Education Committee. He is board certified by the United States Psychiatric Rehabilitation Association. He is a Past President of the Northern California Neuropsychology Forum. He received his doctorate from the California School of Professional Psychology of Alliant International University, Berkeley, in 1988.

**Maria Isabella Fernandez, M.D.** is the Director of Psychiatric Intensive Care Unit and Assistant Clinical Professor at University of California, San Francisco. She graduated medical school at the University of Barcelona and completed residency at UCSF and a fellowship in geriatric psychiatry at Brown University. Her areas of interest are inpatient psychiatry, mood disorders, electroconvulsive therapy, and geriatric psychiatry. She teaches and directly supervises 3rd year UCSF medical students on their core psychiatry rotation and lectures in medical student rounds. She has published in the areas of panic disorder and treatments with buprenorphine.

**Charles Filanosky, Ph.D., Ed.M.** is a Staff Clinical and Rehabilitation Neuropsychologist in the Medical Practice – Mental Health Integrated Clinic (MP-MHIC) joining the SFVAMC in 2007. He is also an Assistant Clinical Professor of Psychiatry at UCSF. Prior to this, he completed a two year post-doctoral residency in clinical neuropsychology and rehabilitation research at The Mount Sinai Medical Center in New York and was an adjunct member of the faculty at Hunter College of the City University of New York. He earned his doctorate at the Pacific Graduate School of Psychology (2004) and has a Master's degree in education from Boston University (1995). Dr. Filanosky is primarily located in the MP-MHIC where he evaluates veterans who screen positive for

mental health concerns and provides consultation services to the medical staff and residents. His therapeutic approach integrates cognitive-behavioral, existential, and mindfulness based therapies. He also performs neuropsychological evaluations for PNAP where he specializes in traumatic brain injury (TBI). In addition, he is involved in the coordination of services for returning OEF/OIF veterans, consults to the PCT, performs compensation and pension evaluations and is a member of the Polytrauma Clinical Support Team. His research interests include neuropsychological assessment, TBI, applications of technology in within mental health, and coping with grief and bereavement.

**Chris Galloway, Ph.D.**, is a staff psychologist for the Substance Abuse Day Hospital (SADH) and the Drug and Alcohol Treatment (DAT) programs. After receiving his Ph.D. in Clinical Psychology in 2006 from the University of North Carolina at Chapel Hill, he completed a Postdoctoral fellowship with the Dual Disorders team at the Center for Excellence in Substance Abuse Treatment and Education at the Seattle VA. He established the SFVAMC Suicide Prevention Program in 2007 and continues to work with the SFVAMC Suicide Prevention Team on an interim basis. He has been active in VA Mental Health's System Redesign efforts as a coach for the regional network (VISN 21) and as chair of the SFVAMC Mental Health Systems Redesign Committee. Dr. Galloway's research interests include assessment, etiology, and treatment of substance abuse and comorbid mental health conditions as well as suicide prevention. He is a board member for the Greater San Francisco Bay Area chapter of the American Foundation for Suicide Prevention.

**Caitlin Hasser, M.D.** is the Director of the Women's Mental Health Program. She was educated at Harvard, completed medical school at the University of Virginia in 2003 and completed her psychiatry residency at UCSF in 2007. Dr. Hasser works as a consultant to the Women's Clinic, a multidisciplinary clinic designed to provide comprehensive services to women veterans. The women's mental health program is currently expanding with increases in the services provided to women as well as educational opportunities for trainees in this integrated setting. Her interests include affective and anxiety disorders during pregnancy and the postpartum period, intimate partner violence screening, sexual trauma, post-traumatic stress disorder and improving access to care. She is the VA site director for UCSF residency training. She has a strong commitment to teaching and regularly supervises psychology and psychiatry trainees.

**Ellen Herbst, M.D.** is an Assistant Clinical Professor of Psychiatry at UCSF. She is the Medical Director of the Substance Abuse Day Hospital (SADH) at the VA Medical Center, an intensive outpatient day program for patients with substance use and dual-diagnosis disorders. She has extensive clinical experience working with veterans with chronic mental illness, with a particular interest in substance use disorders, women's health, and post-traumatic stress disorder. In 2005, Dr. Herbst helped to design and implements a clinical trial investigating the effectiveness of D-cycloserine medication treatment combined with cognitive behavioral therapy for post-traumatic stress disorder. She also has a strong commitment to teaching and regularly supervises UCSF psychiatric residents, fellows, and medical students.

**Kimberly Hiroto, Ph.D.** is a staff psychologist with the Santa Rosa VA CBOC. She received her doctoral degree from the University of Colorado at Colorado Springs, which helped develop the Pikes Peak model for training in geropsychology. She then completed her internship with an emphasis in geropsychology at the Palo Alto VA, where she remained as a postdoctoral fellow in Palliative Care. She remains active within the geropsychology community, particularly related to the training of future geropsychologists, and is currently contributing to the APA's update on the Guidelines for Psychological Practice with Older Adults. Dr. Hiroto's interests include caregiving to persons with dementia, health literacy among cultural minority populations, healthy aging, PTSD at end-of-life, and adjusting to living with terminal illness, progressive disease, and/or physical disability.

**Erick Hung, M.D.** is the Associate Chief of Mental Health Service for the Community Based Outpatient Clinics at the San Francisco VA Medical Center. He is the Associate Director for the UCSF Adult Psychiatry Residency Training Program. He is an Assistant Clinical Professor in the Department of Psychiatry at the University of California, San Francisco School of Medicine, and has received several teaching awards from residents in psychiatry, including an Excellence in Teaching Award in 2011 and an Excellence in Teaching Award in 2010 from the UCSF Academy of Medical Educators. Partnering with Medicine, Nursing, and Pharmacy, he is part of the VA Center of Excellence for Interprofessional Education. He organizes several specialty training experiences for psychiatry residents and medical students in forensic psychiatry, community psychiatry, and telepsychiatry. He is the Chair of the Professionalism, Systems, and Leadership didactic module for the residency program. He has expertise in primary care-mental health integration, HIV psychiatry, forensic psychiatry, and community psychiatry. His research includes developing competency assessment tools in suicide and violence risk assessment. Dr. Hung received his medical degree from the University of California at San Francisco and is a graduate of the UCSF psychiatry residency program and forensic psychiatry fellowship. He is board certified in Psychiatry and Forensic Psychiatry.

**Sabra Inslicht, Ph.D.** is a Staff Psychologist at the PTSD Clinic at the San Francisco VA Medical Center (SFVAMC). She received her Ph.D. in clinical and health psychology from the University of Pittsburgh, completed a clinical internship at the Palo

Alto VA and clinical and research postdoctoral fellowships at Stanford, UCSF, and the SFVAMC. Within the PTSD program, Dr. Inslicht conducts evaluations of PTSD patients, sees individual therapy cases and specializes in evidenced based treatments for PTSD, including Prolonged Exposure and Cognitive Processing Therapy for PTSD. Research interests include biological risk and resilience in PTSD such as fear extinction processes and associated neurobiological correlates, pharmacological adjuncts to enhance fear extinction, and the application of these findings to the treatment of PTSD in veterans. She also conducts research on gender differences in biological moderators (i.e. neurosteroids) of the stress response in PTSD. She is available for consultation on both research and clinical activities.

**David Kan, M.D.** is the Medical Director of the ORT clinic and Medical Review Officer for SFVAMC. He received his medical degree from Northwestern University Medical School and completed his psychiatry residency at UC San Francisco. He has also completed a Forensic Psychiatry Fellowship. He has supervised psychiatry and psychology trainees in the ORT and Substance Abuse Day Hospital and has won teaching awards through UCSF. His professional interests include addiction treatment, forensic psychiatry and assessment and treatment of special populations including the criminal justice populations. Dr. Kan also works part time for the City and County of San Francisco conducting evaluations and risk assessments. He is a member of the SFVAMC psychotherapeutic medications and co-chair of the Behavioral Alert Review committee. He authored the addiction chapter for First Aid for the Psychiatry and Neurology Boards published by McGraw-Hill Medical Publications. Dr. Kan was honored with "Teacher of the Year" in UCSF residency for 2012.

**Jessica Keyser, Ph.D.** is a staff psychologist in the Opioid Replacement Treatment Clinic (ORT) within the Substance Abuse Programs. She also works with the Health Psychology team, conducting evaluations of candidates for gastric bypass surgery. She received her Ph.D. from Temple University in 2010, after completing her internship training at the SFVAMC. Following her internship, she completed a postdoctoral fellowship at the SFVAMC specializing in substance use and co-occurring disorders. Dr. Keyser's research interests include emotional processes (e.g., emotion awareness) underlying mood, eating, and substance use disorders and cognitive vulnerability to depression. Clinically, Dr. Keyser is interested in co-occurring disorders, specifically, mood/anxiety disorders (e.g., PTSD and social anxiety disorder) and substance use disorders as well as eating disorders.

**Dawn Lawhon, PhD** is a staff psychologist on the Posttraumatic Stress Disorder Team (PCT). After receiving her Ph.D. in Clinical Psychology and Women's Studies from the University of Michigan (2004), Dr. Lawhon completed a clinical post-doctoral fellowship in PTSD at the San Francisco VAMC (2005) and a NIDA-funded research fellowship in substance abuse treatment at the University of California, San Francisco (2007). Dr. Lawhon's research focuses on family systemic issues of individual treatment (e.g., how a patient's significant other affects and is affected by the patient's involvement in treatment, and in turn, how such systemic processes might be used to increase treatment adherence and efficacy). Other interests include psychotherapeutic issues of race, gender, class, and sexual orientation. Within the PTSD clinical program, Dr. Lawhon conducts evaluations, leads therapy groups, and treats patients in individual therapy, with emphasis on enhancing motivation for treatment and recovery from military sexual trauma. She serves as PCT Intake Coordinator, and also oversees coordination and provision of mental health services for Afghanistan and Iraq War veterans through an integrated clinic located in Primary Care. Dr. Lawhon specializes in psychodynamic, interpersonal, and self-psychological approaches to treatment, and also conducts prolonged exposure therapy for PTSD. She provides supervision to psychology interns, externs and fellows, teaches psychiatry residents in training with the PCT, and participates in the PCT educational seminar.

**Kewchang Lee, M.D.** Dr. Lee is Director of the Psychiatry Consultation Unit at the SF-VAMC and Associate Clinical Professor of Psychiatry at the UCSF School of Medicine. He is actively involved in clinical and teaching activities, focusing on consultation-liaison psychiatry and mental health issues in the primary care setting. He is Director of the UCSF Fellowship Program in Psychosomatic Medicine, and has published several chapters in psychiatry, internal medicine, and geriatric medicine texts. Dr. Lee was educated at Harvard University, and received his MD at New York University in 1992. He was trained in the psychiatry residency program at UCSF.

**Russell Lemle, Ph.D.** is Psychology Director, Mental Health Service and Associate Clinical Professor, UCSF Medical School, Department of Psychiatry. He obtained his doctorate from SUNY at Buffalo in 1979. He completed his pre-doctoral internship at UCLA Neuropsychiatric Institute and postdoctoral fellowship in Family Therapy at Langley Porter Psychiatric Institute. Between 1984 and 1993, he was Chief of the SFVAMC Outpatient Alcohol Clinic, during which period he authored clinical articles on alcohol treatment and etiology. Since 1992, he has been the Psychology Director (formerly called Chief Psychologist) and served as Director of Psychology Training 2003 -2008. Other areas of professional interest, teaching and publications include couples therapy, psychotherapy process and group therapy. Dr. Lemle is on the Planning Committee of the yearly national VA Psychology Leadership Conference and trainees are invited to attend the conference. For his significant contributions to national VA Psychology issue, he received an APA Presidential Citation in 2005, and the APA Division 18 Harold Hildreth Award in 2011. Dr. Lemle is a Fellow in APA Division 18.

**Rebecca Liu, Psy.D.**, is a Staff Psychologist at the Santa Rosa VA Community-Based Outpatient Clinic. She received her doctoral degree from the California School of Professional Psychology in San Francisco and began her VA training in health psychology at the SFVAMC. She completed her clinical internship at the VA New Jersey Healthcare System, and served as Primary Care Psychology Fellow at the SFVAMC, where she specialized in integrated care settings across the medical center. Her involvement in training VA PACT teams and UCSF medical students in patient-centered communication and care extended as an SFVAMC-UCSF Center of Excellence in Primary Care Team Member. Dr. Liu's main clinical emphasis areas revolve around Primary Care-Mental Health integration and psychology, chronic pain, and integrationist and mindfulness-based therapies.

**Shira Maguen, Ph.D.** is a Staff Psychologist on the Posttraumatic Stress Disorder Clinical Team (PCT). Dr. Maguen completed her internship and postdoctoral training at the National Center for PTSD at the VA Boston Healthcare System after receiving her doctorate in Clinical Psychology from Georgia State University. She is involved with both the clinical and research components of the PTSD program. Within the PTSD clinical program, Dr. Maguen conducts evaluations, leads therapy groups, and sees patients for individual therapy. She is involved in the provision of services for the returning Afghanistan and Iraq War veterans, including working as part of the Integrated Care Clinic and facilitating an OIF/OEF Reintegration Group. Dr. Maguen specializes in evidence-based cognitive behavioral therapies, including Cognitive Processing Therapy (CPT) and Prolonged Exposure (PE) Therapy and for PTSD. She leads the CPT seminar and supervision group offered through the PCT. She provides supervision to psychology interns, externs and fellows, teaches psychiatry residents in training with the PCT, and participates in the PCT educational seminar. Her research interests fall under the umbrella of PTSD and include risk and resilience factors in veterans, the psychological impact of exposure to death and dying in Iraq War veterans, complicated grief, and coping with the ongoing threat of terrorism in countries such as Israel.

**Megan McCarthy, Ph.D.**, is a staff psychologist with the Suicide Prevention Team. She completed her predoctoral internship at SFVAMC and received her doctoral degree from the University of California, Berkeley. During fellowship at Cambridge Hospital/Harvard Medical School, she specialized in psychotherapies that focus on developmental and interpersonal aspects of psychopathology. As part of the suicide prevention program, Dr. McCarthy is based at the Santa Rosa CBOC and performs a range of clinical, administrative, and educational duties focused on the assessment, management, and treatment of suicidal behaviors in veterans at the Northern CBOCs (Santa Rosa, Ukiah, Eureka, and Clearlake). Dr. McCarthy is especially interested in telemental health, interpersonal psychotherapy (IPT), models of clinical supervision, and how biobehavioral aspects of trauma and attachment can inform the development of more effective psychotherapies.

**Shannon McCaslin-Rodrigo, Ph.D.**, is a Staff Psychologist in the Mental Health Service at SFVAMC and an Assistant Adjunct Professor of Psychiatry at UCSF. Dr. McCaslin-Rodrigo's research is focused on risk and resilience factors for PTSD among veterans, police, and disaster responders. She has also studied the nature of the relationship of PTSD to posttraumatic growth among individuals in Sri Lanka. Dr. McCaslin-Rodrigo's current research studies are focused on the impact of PTSD on overall quality of life and functioning among veterans; early interventions for acute stress in-theater; and underlying brain mechanisms of PTSD and pain. In particular, her research aims to understand the behavioral and biological mechanisms that distinguish those with PTSD who experience little functional impairment versus those who develop an often progressive and disabling form of PTSD, with the goal of developing interventions that have the potential to preserve functioning and mitigate disability. Dr. McCaslin-Rodrigo's clinical work is focused on the use of evidence-based treatments for PTSD (e.g., Prolonged Exposure Treatment; Cognitive Processing Therapy).

**John R. McQuaid, Ph.D.**, is Associate Chief of Mental Health for Clinical Administration at the San Francisco VA Medical Center, and serves as a staff psychologist for the General Psychiatric Outpatient Service (GPOS). He completed his undergraduate education at the University of California, San Diego, his Ph.D. at the University of Oregon, and his internship and postdoctoral fellowship at the University of California, San Francisco. Prior to joining the San Francisco VA in 2009, Dr. McQuaid worked at the VA San Diego Healthcare System and UCSD for 13 years as Director of a mood clinic. Dr. McQuaid's clinical and research expertise is in the development and use of cognitive-behavioral interventions for psychiatric disorders and health management issues. He has served as a PI, co-investigator or consultant on several treatment studies applying cognitive-behavior therapy to treatment of psychosis, comorbid depression and substance dependence, phantom limb pain and high risk sex behaviors. Dr. McQuaid also has extensive experience as a clinical supervisor, having twice received the teaching excellence award from the VA San Diego/UCSD Psychology Internship Program.

**Thomas Neylan, M.D.** is the Director of the Posttraumatic Stress Disorders (PTSD) Clinical and Research Programs at the San Francisco Veterans Affairs Medical Center. He is a Professor, In Residence in the Department of Psychiatry at the University of California, San Francisco. Dr. Neylan has been an active researcher in the study of sleep and Posttraumatic Stress Disorder for the past 16 years. He has been the Principal Investigator on multiple funded projects sponsored by the National Institutes of Health, the National Institute of Justice, the Department of Defense, and the Department of Veterans Affairs. Dr. Neylan has first-authored multiple articles in prominent psychiatric journals including the Archives of General Psychiatry, the American Journal of

Psychiatry, Biological Psychiatry, Chronobiology International, Journal of Clinical Psychiatry, Journal of Traumatic Stress, Neuropsychopharmacology, and Psychosomatic Medicine. He has presented his research at national meetings such as the American Psychiatric Association, the American College of Neuropsychopharmacology, the American Sleep Disorders Association, and the International Society for Traumatic Stress Studies. Dr. Neylan has served on the National Institutes of Health, Center for Scientific Review, Adult Psychopathology and Disorders of Aging Study Section.

**Tatjana Novakovic-Agopian, Ph.D.** is a Staff Clinical and Rehabilitation Neuropsychologist at the SFVAMC Neurology and Rehabilitation Service and the TBI- Polytrauma Clinic. She is also an Assistant Adjunct Professor at the Department of Neurology UCSF, and a Co-Director of the Program in Rehabilitation Neuroscience at SFVAMC, Martinez VA and CPMC. She was educated at Johns Hopkins University, California School of Professional Psychology and UCSF. Her area of particular interest includes ecologically valid assessment and treatment of executive control problems following brain injury. She is presently directing multisite (SFVAMC, Martinez VA, CPMC and UC Berkeley) clinical research protocols for assessment (cognitive and functional outcomes, and functional neuroimaging), and rehabilitation of executive functions following brain injury. Prior to joining SFVA she worked as a Clinical and Rehabilitation Neuropsychologist at the California Pacific Regional Rehabilitation Center, where she was also a Chair of the Brain Injury Research Committee. She also worked as a Clinical Neuropsychologist at San Francisco General Hospital/ UCSF Neurology Department, focusing on Neuropsychology of HIV. She is past president of the Northern California Neuropsychology Forum. She has presented her work internationally and is an author of a number of peer reviewed publications.

**Nancy Odell, LCSW** is a clinical social worker on the Substance Use/ Posttraumatic Stress Team (SUPT) and an Associate Clinical Professor at the UCSF Medical School, Department of Psychiatry. She received her graduate degree in Clinical Social Work from Boston College and worked at the National Center for Posttraumatic Stress Disorder prior to working at the San Francisco VA Medical Center. She provides group supervision for psychiatry residents and coordinates the SUPT Clinical Training Seminar. Ms. Odell participated in an inter-cultural exchange in the Republic of Vietnam. She traveled to Vietnam and met with various mental health professionals, university and government officials to exchange treatment information on Posttraumatic Stress Disorder and substance use disorders. She participated in a treatment outcome study with Stanford University investigating the effectiveness of group psychotherapy for women diagnosed with Posttraumatic Stress Disorder from childhood sexual abuse. She has participated in MIRECC funded studies in the treatment of PTSD and is currently involved in an exposure based treatment for Iraq/Afghanistan veterans. She has specific training in Control Mastery and her orientation is cognitive/ behavioral and psychodynamic. Ms. Odell has a private practice in San Francisco.

**Sarah Palyo, Ph.D.**, is a staff psychologist with the SFVAMC Pain Clinic. She received her Ph.D. in clinical psychology from the State University of New York at Buffalo and completed her clinical internship at the Palo Alto VA Medical Center. She completed a post-doctoral fellowship in Stanford University's Behavioral Medicine Clinic. Dr. Palyo specializes in the assessment and treatment of co-occurring chronic pain conditions and psychiatric disorders, with an emphasis on CBT and ACT based interventions. Treatment modalities include individual, group, and video conferencing sessions with patients in the Community Based Outpatient Clinics. Dr. Palyo is also involved in the development of the interdisciplinary Pain Clinic, which has plans to include a CARF-accredited, tertiary pain program. Dr. Palyo's research interests include co-occurring chronic pain and PTSD and resiliency.

**Stephen M. Rao, Ph.D.** is the Health Behavior Coordinator and Director of Training Psychology Postdoctoral Fellowship Program at the SFVAMC. He obtained his B.A. from Drew University, and his M.A. and Ph.D. from Binghamton University – The State University of New York. He completed a Predoctoral Internship at the Palo Alto VA Health Care System, Psychology Service and a Postdoctoral Fellowship at Stanford University School of Medicine, Department of Psychiatry and Behavioral Sciences. Prior to joining the SFVA Mental Health Service he was a Clinical Research Mentor in the UCSF Clinical Psychology Training Program, within the Public Service and Minority Cluster at San Francisco General Hospital, Director of UCSF Psychosocial Medicine Clinic at SFGH, Director of the UCSF Interdisciplinary Pain Management Program and Associate Director for the Correctional Medicine Consultation Network holding faculty appointments in the Departments of Psychiatry and Family and Community Medicine at UCSF School of Medicine. His clinical interests include use of evidence-based Cognitive Behavioral Therapy, Behavioral Medicine and Health Psychology, multidisciplinary and Family Systems approaches in the assessment, treatment and self-management, of co-morbid psychiatric, polytrauma, and chronic disease syndromes, within individual and group, couples and family therapies. His teaching and training efforts emphasize a developmental model embedded within a scientist-practitioner approach accompanied by interactive, experiential and problem-based learning approaches. His research interests include clinical translational and treatment outcome investigations into the role of cognition and affect mediating the management of acute and chronic pain, among culturally diverse, underserved and traumatized populations.

**Patrick Reilly, Ph.D.** is the Director of Mental Health Services at the Santa Rosa VA Community Based Outpatient Clinic, and Professor of Clinical Psychology at the University of California, San Francisco. He received his doctorate in counseling

psychology from Stanford University in 1989, where he was an American Psychological Association Minority Fellow. His professional interests include substance abuse treatment, anger management, and the treatment of violent behavior. He currently has administrative, clinical, and teaching duties at both the Santa Rosa VA and the San Francisco VAMC. He has completed research studies with the San Francisco Treatment Research Center, the San Francisco VAMC, and the Honolulu VAMC, on group treatment of anger management for drug treatment and/or PTSD patients. He is currently a co-investigator on a study examining violence-prone substance use patients at the Palo Alto VAMC. He has also served as a co-investigator on cocaine treatment studies and 180-day methadone detoxification protocols. He has received several awards including the 2008 APPIC Award for Excellence in Diversity Training, the 2003 Apex Award for publication excellence for his cognitive-behavioral anger management treatment manual; the American Psychological Association, Division 18, VA Section, Outstanding Administrator Award for 2002; and the 1999 Interdisciplinary Achievement Award by the Langley Porter Psychiatric Institute Alumni-Faculty Association at UCSF. His publications include —Anger Management for Substance Abuse and Mental Health Patients: A Cognitive- Behavioral Therapy Manual|| through the Center for Substance Abuse Treatment, SAMHSA, —Anger Management Group Treatment for Cocaine Dependence: Preliminary Outcomes|| in the American Journal of Drug and Alcohol Abuse, —Self-Efficacy and Illicit Opioid Use in a 180-Day Methadone Detoxification Treatment|| in the Journal of Consulting and Clinical Psychology, and —Anger Management and Temper Control: Critical Components of Posttraumatic Stress Disorder and Substance Abuse Treatment|| in the Journal of Psychoactive Drugs.

**Kellie Rollins, Psy.D.** is the Director of the Clinical Psychology Internship and Practicum Training Programs at San Francisco VA Medical Center and staff psychologist and clinical supervisor of the Opioid Replacement Treatment Team (ORT) within the Substance Abuse Programs at San Francisco VA Medical Center (SFVAMC). She assumes a clinical educator role as Associate Clinical Professor in the Department of Psychiatry at the University of California, San Francisco School of Medicine. Dr. Rollins received her Doctor of Psychology degree from Nova Southeastern University in 2005 after completing predoctoral internship at Harvard Medical School/Boston VA Medical Center where she specialized in assessment and treatment of severe psychopathology in women Veterans and longer-term psychodynamic psychotherapy. She subsequently completed her postdoctoral fellowship at SFVAMC, focusing on the treatment of substance use disorders and posttraumatic stress. As staff psychologist in ORT Clinic, she provides individual psychotherapy and group psychotherapy for Veterans with substance use disorders and co-occurring psychiatric, personality/characterological and medical conditions. As Director of Psychology Training at SFVAMC, Dr. Rollins leads the APA accredited clinical psychology predoctoral internship and the practicum training programs. She is an active member of the VA Psychology Training Council and is Campus Training Representative for the APA Federal Education Advocacy Coordinators. She also serves on the Board of both the San Francisco Psychological Association and the California Psychological Association and is co-chair of American Association for Treatment of Opioid Dependence (AATOD) conference steering committee.

**Johannes C. Rothlind, Ph.D.** directs the Neuropsychological Assessment Program at the SF VAMC. He is an Associate Clinical Professor of Psychiatry at UCSF. Dr. Rothlind obtained his Ph.D. in Clinical Psychology from the University of Oregon in 1990, with a focus in neuropsychology. He completed his pre-doctoral clinical psychology internship at the UCSD/San Diego VAMC with special emphasis in geriatric neuropsychology. From 1990-1992 he completed a NIA-sponsored postdoctoral neuropsychology fellowship at the Johns Hopkins University School of Medicine, where he was engaged in mentored research on the neuropsychology of Huntington's disease and received further supervised training in clinical neuropsychology. Dr. Rothlind came to the SFVAMC in 1995 after several years on the faculty of the University of Maryland School of Medicine, as an assistant professor of psychiatry. Dr. Rothlind's responsibilities at the SFVAMC include leadership of the operations of the Neuropsychological Assessment Program. He provides evaluation and consultation services to a wide range of clinical programs including the various clinics of the Mental Health Service, Medical Practice Clinics, the PADRECC, Memory Disorders Clinic, Comprehensive Epilepsy Program, and TBI clinic. He provides both teaching and supervision to clinical psychology trainees (practicum students, interns, post-doctoral fellows) and psychometric technicians. He leads weekly training seminars and case-conferences for trainees to review core topics in neuropsychological and psychological assessment, including functional neuroanatomy, and theoretical and empirical foundations of clinical neuropsychological assessment and consultation. Dr. Rothlind also maintains active collaboration with SFVAMC and UCSF investigators on several research projects, including studies examining neuropsychological functioning in veterans with alcoholism, HIV disease, Gulf War Illness, PTSD, and Parkinson's disease. His research interests include neuropsychological outcomes following deep brain stimulation for treatment of Parkinson's disease, and methods for evaluating self-appraisal of neuropsychological functioning. He currently serves as the lead neuropsychologist for, and is active on the executive committee of the multicenter NINDS-VA Cooperative Study group investigating deep brain stimulation for treatment of Parkinson's disease. Through the Memory Disorders Clinic, he has worked to advance techniques for telehealth neuropsychological screening and consultation.

**Martha Schmitz, Ph.D.** is a psychologist with both research and clinical responsibilities. She coordinates a V.A. clinical research project (CSP #504) studying the effectiveness of Risperidone (Risperdol) in managing symptoms of PTSD. She offers both present-centered and past-centered (e.g., Prolonged Exposure) individual psychotherapy to veterans with MST and

combat-related PTSD. She also facilitates several groups, including an interpersonal process group for Vietnam veterans, an Anger Management group for OEF/OIF veterans, and a psychoeducational group for veterans of all eras. For the past 5 years, Dr. Schmitz has offered continuing education workshops and supervision in Seeking Safety, a cognitive-behavioral therapy for PTSD and substance abuse, to mental health professionals throughout the United States.

**Mark Stalaker, Ph.D.**, is Director of the SFVAMC Suicide Prevention Program. After receiving his Ph.D. in Social Psychology in 2004 from Harvard University, he obtained a Certificate of Clinical Respecialization from the University of Massachusetts at Amherst in 2006. He subsequently completed his clinical internship at the Baltimore VA Medical Center and postdoctoral fellowship in posttraumatic stress at the San Francisco VA Medical Center. As part of the suicide prevention program Dr. Stalaker performs a range of clinical, administrative, and educational duties focused on the assessment, management, and treatment of suicidal behaviors in the veteran population. Dr. Stalaker's research and clinical interests include suicide prevention and behavioral risk management, and cognitive-behavioral and mindfulness-based treatment interventions.

**John Straznickas, M.D.** is the Team leader for the Substance Use Posttraumatic Team (SUPT) and a staff attending psychiatrist in the Substance Abuse Outpatient Clinic (SAOPC) at the San Francisco VA Medical Center. He is an Associate Clinical Professor in the Department of Psychiatry at the University of California, San Francisco School of Medicine, and has received several teaching awards from the residents in psychiatry including the Excellence in Teaching Award in 2004, 2007, 2008 and 2010. He organizes the substance abuse seminar for all the trainees and supervises the psychiatry residents and the psychology fellows, interns, externs and medical students. He has expertise in the theory and practice of group psychotherapy and leads two group supervision seminars for both faculty group leaders and psychiatry residents. Dr. Straznickas received his medical degree from Duke University and is a graduate of the UCSF psychiatry residency program.

**Elizabeth S. Sutherland, Psy.D.** is the Geropsychologist in the Geriatrics and Extended Care Line at the San Francisco VA Medical Center. Dr. Sutherland graduated from John F. Kennedy University in 2007 and completed her predoctoral internship at Mount Sinai Medical Center in Manhattan through the Department of Rehabilitation Medicine. Internship specialized in acute inpatient units, which included the spinal cord injury unit, traumatic brain injury unit, and major medical rehabilitation unit. Dr. Sutherland completed her postdoctoral fellowship at the San Francisco VA Medical Center, specializing in older adults for both inpatient and outpatient services. Research interests include evaluating the efficacy of interdisciplinary teams with individuals diagnosed with dementia within long-term care facilities.

**Victoria Tichenor, Ph.D.** is the training director for the Posttraumatic Stress Disorder Clinical Team. Dr. Tichenor received her Ph.D. in Counseling Psychology from the University of Maryland (1989), completed her internship at Palo Alto VA, and currently is an Associate Clinical Professor of Psychiatry at the University of California, San Francisco. She has been a member of the PCT staff since 1989. Dr. Tichenor is one of the founders of the Family Therapy and women's clinical services components of the PTSD Program. She teaches and supervises Time Limited Dynamic Therapy. Her current interests include the application of mindfulness and wellness interventions to the treatment of PTSD.

**Hui Qi Tong, Ph.D.** is a staff psychologist with the PTSD Clinic Team /Women's Clinic at the San Francisco VA Medical Center. Dr. Tong received her medical degree from Shanghai Medical College, Fudan University in China and her PhD in Clinical Psychology from Palo Alto University. She completed her psychiatric residency program at Shanghai Mental Health Center, Shanghai Jiao Tong University and her psychology internship and fellowship at the San Francisco VA Medical Center. She has expertise in research-informed psychotherapy and works with an integrative approach. In her clinical work, Dr. Tong conducts CBT-based intervention (i.e. Seeking Safety), Interpersonal Psychotherapy (IPT), Time-limited Dynamic Psychotherapy (TLDP) and Mindfulness-Based Stress Reduction (MBSR). Dr. Tong is also actively involved in the Global Mental Health Program at UCSF, conducting PTSD research and providing training in psychotherapy in China.

**Angela Waldrop, Ph.D.**, is a psychologist and researcher. She received her doctorate in clinical psychology from the University of Missouri-St. Louis. She completed her predoctoral internship and a NIMH-funded research postdoctoral fellowship at the Medical University of South Carolina (MUSC), primarily at the National Crime Victims Research and Treatment Center. She is an Assistant Professor of Psychiatry at UCSF and a Staff Psychologist on the PTSD Clinical Team at the San Francisco VAMC. Her research interests include comorbidity of substance use disorders and PTSD, the role of impulsivity in risky behaviors, HIV risk behaviors, associations between stress reactivity and addiction, and gender differences. Her clinical expertise is in the treatment of PTSD, anxiety and mood disorders, and substance use disorders.

**Samuel Wan, Ph.D.**, is a staff psychologist with the SFVAMC Substance Use and PTSD Clinic (SUPT). He completed his predoctoral internship with the Boston Consortium in Clinical Psychology and post-doctoral fellowship in Substance Use Disorders at the San Francisco VA Medical Center. He received his Ph.D. in Counseling Psychology from Boston College, and later collaborated on a clinical research project investigating the efficacy of treatments for co-occurring chronic pain and PTSD. As

part of the SUPT clinic, Dr. Wan performs a range of clinical, administrative, and educational duties focused on the assessment, management, and treatment of co-occurring substance abuse and PTSD in the veteran population. Dr. Wan's research and clinical interests include substance use disorders, posttraumatic stress disorder, multicultural psychology, particularly Asian American psychology, and gender issues. For 2008-09, Dr. Wan was selected as an Early Career Leadership Fellow with the Asian American Psychological Association, where he has been active on projects focused on social justice and advocacy for Asian Americans and psychology in general. He is currently serving as Chair of the Psychology Diversity Committee.

**Joan Zweben, Ph.D.** is part time staff psychologist at the VA where she supervises trainees in issues related to the treatment of addiction. Dr. Zweben is a Clinical Professor in the Department of Psychiatry, UCSF Medical Center. Dr. Zweben is an APA Fellow in the Addiction Division since 1997. Most of her time is spent as Director of the East Bay Community Recovery Project in Oakland, a substance abuse treatment program that provides psychological and medical services in residential and outpatient settings, and also offers supportive housing. Dr. Zweben is widely known as a consultant in the area of drug and alcohol treatment. She is an author of four books and over 60 journal articles and book chapters on substance abuse issues.. She does consulting and training in a wide range of drug and alcohol treatment modalities. She has been on the National Steering Committee of NIDA's Clinical Trials Network since 2002 and is currently its Co-Chair.

**Leila Zwelling, L.C.S.W** is a clinical social worker with the San Francisco VA's Women's Clinic Mental Health and Posttraumatic Stress Disorder programs and an Assistant Clinical Professor with UCSF's Psychiatry Department. She provides gender-specific treatment for women with complex trauma histories, including civilian and military sexual trauma, as well as spouses of veterans with PTSD. Ms. Zwelling supervises trainees in the Women's Integrated Care Clinic, providing mental health treatment and consultation in the primary care setting. As the clinics' Intake Coordinator, she has played a key role in the expansion of women's mental health services at the San Francisco VA. She practices evidence-based treatments, including Prolonged Exposure and Interpersonal Psychotherapy. A graduate of the University of Virginia, she completed clinical training with UCSF's Infant-Parent Program, and worked in San Francisco General Hospital's Psychiatry Department prior to joining the VA.