



San Francisco VA Medical Center

2011-2012
Psychology Externship Program

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Psychology Externship Training Program Training Year 2011-2012

Application deadline is **February 22, 2011**.

Training Opportunities

We are offering externship (practicum) training this year in the areas of: Community Mental Health/Santa Rosa Clinic (with Dr. Patrick Reilly), Geropsychology (with Dr. Jeremy Doughan), Community Living Center (with Dr. Elizabeth Sutherland), Substance Abuse/PTSD Treatment (with Dr. Sam Wan), Substance Abuse Treatment (with Dr. Galloway), Opioid Dependence Treatment (with Dr. Rollins), Women's Clinic (with Drs. Tong and Tichenor), Health Psychology (with Dr. Timothy Carmody), Mood Disorders (with Dr. John McQuaid), Neuropsychology (with Drs. Johannes Rothlind and Charles Filanosky), Psychosocial Rehab (with Drs. Michael Drexler and Jennifer Boyd), PTSD Treatment (with Drs. Victoria Tichenor, Martha Schmitz and Dawn Lawhon).

A copy of our comprehensive Psychology Predoctoral Training Program brochure is available on this website if you would like more information about our training site. On the following pages are specific descriptions of the separate externship training rotations and bio sketches for our training staff.

Eligibility & Requirements

To be eligible for externship placement at San Francisco VA Medical Center, you must be in good standing at an APA accredited doctoral program in psychology. All applicants must have had varicella (chicken pox) or the vaccination and will be required to take a PPD test prior to start. San Francisco VA is a drug-free workplace.

Externships are without compensation and are typically 16-20 hours per week; days and hours will be negotiated with supervisors. The training year begins on July 1 and ends on June 30. There is a 3-4 day required Psychology Trainee Orientation at the start as well as a two-day Medical Center Orientation that may be taken in July or August. We also host a Trainee Welcoming Party at one of the staff's homes every year within the first two weeks, family and significant others are welcome to attend.

Application Procedure & Selection

To apply, please complete the enclosed application materials and return no later than **February 22, 2011**.

On the application cover page, Part 1, please **rank order** your preferences if you are applying to more than one area. Your application will be reviewed by the rotation supervisors you selected in your rank order list. If a supervisor would like to invite you for an interview, they will contact you directly to set up a date and time. If you have not been selected to interview for any of your selected rotations, you will receive an email indicating such by **April 12, 2011**. *If you receive an email indicating you have not been selected for an interview, this applies to all rotations you ranked.*

Individual interviews will take place from Feb – April. We will make offers on **APRIL 18, 2011** from 8:30-noon, the Practicum Notification Date agreed upon by BAPIC (Bay Area Practicum Information Collaborative). Please be sure that the telephone number we have on file for you is the one we can reach you at on PND.

Please note: It is important that applicants be aware that we make a clear distinction between “internship” and “externship” training, and applicants are asked to sign a brief statement at the end of our externship application so as to avoid any misunderstanding. We use the term “externship” to denote a part-time (less than 40 hour/week) unfunded practicum experience with a concentration in a particular area. The hours accrued as an extern at our Medical Center are not counted for California licensure as a psychologist.

Contact Information

For questions about specific rotations, you may contact the supervisors directly at the email address listed on each rotation description. General administrative questions may be sent to Alexa Harrison at alexandra.harrison@va.gov and general questions about the overall SFVA Psychology Training Program may be sent to Kellie Rollins, PsyD, Director of Psychology Training, at kellie.rollins2@va.gov.

Please purchase package tracking or enclose a self-addressed stamped envelope or postcard with your application that we can return to serve as receipt of your application’s arrival. We kindly ask that you do not call the program to check on the status of your application until it is clear there may be a problem. We aim to preserve staff support resources as much as possible in order to sort and review applications in a timely manner.

Thank you for your interest in our program.

Community Mental Health / Santa Rosa Veterans Affairs Community Based Outpatient Clinic (CBOC)

Emphasis on Substance Use Disorders and Posttraumatic Stress Disorder

The Santa Rosa CBOC is located 55 miles north of San Francisco and is a satellite clinic of the San Francisco VA Medical Center, serving veterans from Sonoma, Marin, Napa, Lake, and Mendocino Counties. It operates as a community mental health center with a unique and diverse patient population and has been admitting an increasing number of returning OEF/OIF veterans. The clinic provides high quality care for veterans with mental health problems, emphasizing combat and sexual assault-related posttraumatic stress disorder, substance abuse, anger management, mental health problems of homeless veterans, late life depression, chronic mental illness, and psychiatric illness co-occurring with medical illnesses. The Santa Rosa CBOC consists of an interdisciplinary treatment team including three psychiatrists, two psychologists, two registered nurses, two social workers, a postdoctoral psychology fellow, and two externs.

The CBOC offers two 16-hour a week externships to predoctoral students enrolled in APA accredited psychology programs. The primary focus of the externships is on substance abuse and posttraumatic stress disorder (PTSD), although other mental health problems are also addressed. The extern will function as part of a multidisciplinary team consisting of psychologists, psychology postdoctoral fellow, psychiatrists, social workers, counselors, and clinical nurse specialists.

The extern will receive clinical and didactic training in the assessment and treatment of substance abuse, PTSD, and other mental health problems, and will learn individual and group therapy skills, cognitive behavioral techniques, and gain exposure to psychopharmacology. Training is under the direction of Patrick Reilly, Ph.D. and weekly supervision is provided by Dr. Reilly.

There is a specific focus on a phase-oriented model of substance abuse treatment that emphasizes group treatment, although individual therapy is provided when clinically indicated. PTSD treatment is provided with a largely here and now focus, although a more intensive trauma focus approach is offered to those patients who can benefit from this more in-depth type of therapy. Other treatments options available to the extern are anger management and stress management groups. The extern will also participate in a weekly substance abuse and PTSD training seminar focusing on evidence based treatment.

Contact information: Dr. Reilly at Patrick.reilly@va.gov

Geropsychology / Geropsychiatry

The Geropsychology/Geropsychiatry externship program consists of four rotations: Geriatric Medical Practice 2 Outpatient Clinic, Geriatric Mood Assessment Outpatient Clinic, Home Based Primary Care and Hospice/Palliative Care. Each rotation will offer the extern an opportunity to integrate psychological theory and practice in working with older adults, based on the biopsychosocial model. Externs will engage in training activities related to late life disorders: intake assessments, psychological assessment and testing, neuropsychological evaluations, capacity assessments, treatment planning, individual psychotherapy, group therapy/psychoeducation, family consultation and interdisciplinary team meetings.

1. Geriatric Medical Practice 2 Outpatient Clinic provides medical and psychological care, as well as treatment to ambulatory veterans and their families. This clinic will focus on conducting neuropsychological assessments to aid in the diagnosis of dementias (i.e. Alzheimer's disease, vascular dementia) and capacity assessments to assist with proposed guardianships and/or conservatorships.
2. Geriatric Mood Assessment Clinic provides psychiatric and psychological treatment to veterans and families. This clinic will focus on treating the psychological and behavioral manifestations of various mood disorders such as depression, anxiety, and psychotic disorders that may present in the elderly. This rotation allows the extern to gain further experience in individual psychotherapy and evidenced based psychotherapies (EBP), as well as psychological testing and some cognitive assessment.
3. Home Based Primary Care program provides in home primary care and treatment to veterans with significant chronic medical and psychological conditions. The extern will be responsible for providing psychological assessments, individual/family psychotherapy and geriatric neuropsychological and capacity evaluations.
4. Hospice/Palliative Care service provides care to veteran patients with life-limiting and terminal illness, as well as their families. The extern will acquire skills needed to assist veterans and families with end of life care, such as individual and family therapy, brief neuropsychological and capacity assessments, mood evaluations, bereavement counseling and staff support.

Contact information: Jeremy Doughan, PsyD at Jeremy.doughan@va.gov

Geriatrics & Extended Care: Community Living Center (CLC)

Training in the Geriatrics and Extended Care (GEC) line at the San Francisco VA Medical Center (SFVAMC) includes involvement at the Community Living Center (CLC). Trainees are under the supervision of Elizabeth S. Sutherland, Psy.D. GEC Practicum students (i.e., Psychology Externs) generally contract for 20 hrs/wk. Graduate level trainees who have the best experience are usually in their 3rd year or beyond, and can function within the complex interdisciplinary environment. Some aspects of the experience include the following:

I. Seminars/Meetings

- A. Weekly Geropsychology seminar which would include both didactic and case presentations.
- B. Attendance at selected Interdisciplinary Team Meetings. These teams meet weekly to discuss patient issues and trainees are expected to attend and provide feedback and suggestions directly to the team.

II. Intervention/Psychotherapy

- A. Supportive psychotherapy interventions
 - 1. Therapeutic issues often related to adjustment, depression, anxiety, chronic pain, end of life issues, and interpersonal functioning in a nursing home facility.
- B. Behavioral case management involves evaluation and consultation to the interdisciplinary teams about approaching various individuals with problematic behavior such as non-adherence, confusion, manipulation, and so forth.
- C. Environmental interventions may need to be evaluated and manipulated to better address behavioral issues and cognitive loss.

III. Assessment

- A. Neuropsychological and psychological assessments are completed with complex questions related to such things as capacity for decision making (i.e., financial and/or medical decisions), differential diagnoses, treatment compliance to name a few. This externship experience differs from the general Neuropsychological Assessment Externship rotation in that patients are in the CLC and assessments are under the supervision of Dr. Sutherland. Trainees participate in all phases of patient evaluation and consultation, including information gathering, assessment, scoring and interpretation, report writing and case-conferences, feedback and counseling.

Contact information: Dr. Sutherland at Elizabeth.Sutherland@va.gov

Substance Use Disorders / PTSD Clinic (SUPT)

The Substance Abuse Programs (SAP) in the Mental Health Service is comprised of several programs combined to address the individual and diverse treatment needs of veterans with substance use disorders. Externs will work in the Substance Abuse/PTSD Clinic (SUPT). This will allow the extern to gain in-depth experience treating these co-morbid conditions commonly encountered in both veteran and non-veteran populations, which often lead to substantial problems in functioning.

The SUPT Team is one of only five specialized programs in the VA system dedicated to outpatient treatment of veterans with co-occurring Substance Use Disorders (SUDs) and PTSD who served in combat or who experienced sexual trauma in the military. The team consists of a psychiatrist, psychologist, two social workers, an addictions therapist, postdoctoral psychology fellows, predoctoral interns, externs, social work interns, and psychiatry residents.

This externship will provide graduate students in clinical psychology an opportunity to increase understanding of substance use disorders and posttraumatic stress disorders and develop a solid foundation in effective treatment strategies for these conditions. Clinical opportunities include co-facilitation of psychotherapy groups (process-oriented and skills-based), individual psychotherapy cases (both long-term and short-term problem-focused), and psychodiagnostic assessments/treatment planning.

Often times, the extern will have the unique opportunity to plan, develop, and implement a psychotherapy group of choice with the substance abuse postdoctoral fellow. Examples of such are DBT groups, Seeking Safety groups, Interpersonal Psychotherapy groups, Anger Management, and others. Externs also have the opportunity to complete at least one full psychological assessment battery, write a comprehensive integrated report, and present the findings to the team. On SUPT, the trainee will develop a foundation to provide exposure-based treatments, systems informed, cognitive-behavioral, psychodynamic therapies, and increase understanding of the neurobiological underpinnings of substance dependence and psychopharmacology.

*Note about schedule: The extern is expected to complete up to 20 hours weekly on the externship, and will receive the optimal experience by attending the externship on Mondays, Wednesdays, and Fridays. Some adjustment to the days may be possible, but these days are optimal.

Contact information: Samuel Wan, PhD at samuel.wan@va.gov

Substance Abuse Day Hospital (SADH) Drug and Alcohol Treatment Clinic (DAT)

The Substance Abuse Day Hospital Program (SADH) provides comprehensive outpatient treatment to veterans with substance related disorders. SADH is the initial stabilization phase of addiction treatment. The SADH is a Monday-Friday intensive outpatient program in which patients attend therapeutic activities from 8:30 am- 4:00 pm. Veterans admitted to the SADH manifest problems based on the multiple disabilities which are typically related to a history of addiction to alcohol and other drugs of abuse.

Problems may include psychiatric disorders such as primary affective disorders and primary psychoses, transient affective or psychotic symptoms resulting from substance abuse, PTSD or other anxiety disorders, dementia and varying degrees of cognitive impairment, and personality disorders of all types. The average age is 45 years old. Ethnic composition goes in the following order of magnitude: Caucasians, African Americans, Hispanics, and other groups. About 70% of enrollees have polysubstance abuse problems. Drugs of abuse include alcohol, amphetamines, cocaine, benzodiazepines, opiates and marijuana. About 65% of enrolling patients are homeless at the time of presentation.

The SADH patient census is ~20 patients, and enrolls approximately 45 patients per month. Each patient has a case manager, however, groups are the primary mode of treatment. Group topics include relapse prevention, Seeking Safety, mindfulness meditation, psychoeducation, vocational therapy, recreational therapy, 12-step, and process. There are groups based upon CBT and DBT principles and groups designed to build a recovery oriented therapeutic milieu.

Externs who participate in the this training opportunity on the SADH will develop expertise in assessing, diagnosing and treating substance use disorders and related medical and psychiatric conditions, including managing and appropriately triaging intoxication and withdrawal. The extern will work directly with Dr. Herbst and Dr. Galloway in the initial assessment and management of patients on their first day of treatment and with Dr. Galloway on providing case management for select cases throughout the patient's SADH enrollment. Additionally, the extern may be able to participate in a range of ongoing group therapy offerings. Externs will have an opportunity to work with other trainees, including addiction medicine fellows, anesthesia pain fellows, psychiatry residents, and medical students. The multidisciplinary team allows for a unique opportunity to collaborate with experts in related fields.

The Drug and Alcohol Treatment Clinic (DAT) serves approximately 150 veterans with substance use disorders, most of whom come to DAT from SADH. Treatment is based on a three phase model (roughly equivalent to early, middle and sustained recovery/abstinence) and the treatment modality is heavily group based. In this model, early treatment is highly structured and behaviorally oriented. More advanced phases are progressively less structured and more psychotherapy oriented.

The extern will co-facilitate a Phase group with Dr. Galloway and will follow a small case load of patients. The DAT patients that the extern follows will be the same patients that the extern worked with on SADH. This will allow the extern to see the patients progress through the phases of treatment. The extern may also have the opportunity to co-facilitate other psychotherapy groups (process-oriented and skills-based) and provide individual psychotherapy cases (both long-term and short-term problem-focused) (16 hours)

Contact information: Chris Galloway, PhD at Christopher.galloway@va.gov

Opioid Replacement Treatment Clinic (ORT)

The Substance Abuse Programs (SAP) in the Mental Health Service is comprised of several programs combined to address the individual and diverse treatment needs of veterans with substance use disorders. Externs in this practicum will complete a major rotation through the Opioid Replacement Treatment Clinic (ORT) and a minor rotation through the Substance Abuse Day Hospital (SADH). ORT is an outpatient substance abuse treatment program for opioid dependent patients, offering both psychological and medication-assisted treatments for addiction. The majority of ORT patients also have co-occurring psychiatric and medical disorders, as well as polysubstance abuse/dependence issues (e.g., stimulants, alcohol, benzodiazepines, nicotine). ORT functions as a multidisciplinary hospital team that includes a psychologist, a psychiatrist, nurses, addiction therapists, two psychology post-doctoral fellows, interns, psychiatry residents and pharmacy staff. Although ORT is an outpatient program, it closely resembles a day treatment program given the frequency and intensity of treatment activities and the interdisciplinary clinical team. Patients are mostly men, range in age from 23-85 and 40% are ethnic minorities.

Externship in ORT will provide graduate students in clinical psychology an opportunity to increase understanding of substance use disorders and develop a solid foundation in effective treatment strategies for addiction and co-occurring disorders, particularly PTSD and SUD. Therapy is primarily integrative and patient-centered. Clinical opportunities include co-facilitation of psychotherapy groups (process-oriented or skills-based), individual psychotherapy cases (both long and short-term), and psychodiagnostic assessments/treatment planning. The extern will have the unique opportunity to plan, develop, and implement a psychotherapy group of choice with the substance abuse treatment postdoctoral fellow or a supervisor. Examples of such are DBT groups, Seeking Safety, interpersonal psychotherapy, mindfulness groups, stimulant recovery, alcohol recovery, social skills groups, anger management and now, a young adults group and problematic gambling group. Externs will also co-lead the Motivational Enhancement Group with Joan Zweben, Ph.D, a nationally recognized leader in the substance abuse treatment field.

Additionally, to help prepare graduate students for internship, externs will complete at least one full psychological assessment battery, write a comprehensive integrated report and present the findings to the team. For half of the year, externs will join a team in the Behavioral Health Access Center with Dr. Rollins. The Access Center promotes brief interventions up to six sessions and includes patients presenting with general mental health issues (not just substance abuse). The team is interdisciplinary and includes a didactic hour promoting an intense learning environment. Externs will have the opportunity to observe experienced staff, work together or more independently depending on the case and extern skill level. Graduated levels of responsibility promote close supervision, teamwork and a unique training opportunity.

Weekly individual supervision will be provided by Kellie Rollins, Psy.D., Director of Practicum and Internship Training, Staff Psychologist and Clinical Supervisor for ORT and group supervision with the Substance Abuse Programs postdoctoral fellow. Consultation with Dr. Zweben, David Kan, MD, Staff Psychiatrist and Team Leader of ORT, and other physicians on staff may occur regularly. Externs will be fully integrated into the ORT Team and participate in Clinical Team Meetings. In addition, externs will attend the advanced Substance Abuse Seminar chaired by Joan Zweben, Ph.D., and Peter Banyas, MD, Chief of SFVAMC Substance Abuse Programs. The weekly substance abuse lecture series for UCSF psychiatry residents led by John Straznickas, MD, is also open to psychology externs and meets coursework criteria for California licensure. Practicum is 52 weeks minus vacation, ~16 hours per week, days *may* be negotiable but are typically Tuesdays & Wednesdays and Friday mornings for 6 months.

Contact information: Kellie Rollins, PsyD at Kellie.rollins2@va.gov

Women's Mental Health

The Women's Clinic Mental Health Program provides clinical training in trauma informed and gender sensitive mental health treatment. The externship training experience offers an opportunity to work in a collaborative setting with a multidisciplinary team consisting of psychology, psychiatry, social work, and primary care providers. Patients in the Women's Clinic are women and transgendered veterans from multiple service eras and spouses of disabled veterans who present with a wide array of mental health issues. Many patients presenting to the Women's Clinic have histories of complex trauma, Military Sexual Trauma, and interpersonal difficulties. Externs in the Women's Clinic will primarily receive training and supervision in the treatment of depression, risk management, personality disorders, PTSD, and other anxiety disorders. In addition, coordination of care with other SFVA specialty clinics, such as pain management and substance use disorders, other VA resources such as the Vet Center, and community-based mental health services, is also part of standard care for many patients.

Predoctoral externs in the Women's Clinic have the opportunity to co-facilitate groups such as Women's Engagement and Education Group, Seeking Safety, DBT Skills for Women, Stress Management, Mindfulness Based Stress Reduction, and a process group for spouses of veterans with PTSD. In addition, externs will have the opportunity to provide short and long-term psychotherapy utilizing primarily Cognitive Behavior Therapies and Interpersonal Psychotherapy.

There will be two predoctoral externship training positions available in the Women's Clinic in the 2011-2012 training year. Predoctoral externship training in the Women's Clinic is structured as a part-time (16 hours/week) training experience over a 12-month period. The training year begins on July 1st and continues through June 30th. Predoctoral externs in the Women's Clinic spend their time as follows:

%	Hrs/wk	Training Activity
78	12.5	Direct patient care
6	1	Seminar/didactic Training (CPT)
9	1.5-2	Individual/group supervision (Drs. Hui-Qi Tong, Martha Schmitz, Victoria Tichenor)
6	1	Case conference

Contact information: Hui-Qi Tong, PhD at hui-qi.tong@va.gov

Health Psychology

Description of Predoctoral Externship Training

The Health Psychology Program provides clinical training in various aspects of behavioral medicine, including pain management and cognitive-behavioral treatment of anxiety, depression, and somatoform disorders. Clinical training is provided in other aspects of behavioral medicine including adjustment to chronic illness, smoking cessation, weight control, and treatment of psychophysiological disorders. The predoctoral externs in Health Psychology provide psychological consultation and conduct stress and pain management therapy (both group and individual), biofeedback, and hypnotherapy. In addition, they perform psychological evaluations for candidates for bariatric surgery, co-lead weight control groups and serve on interdisciplinary teams in the areas of pain management, smoking cessation, and obesity treatment.

Supervision

Clinical supervision is provided by Timothy P. Carmody, Ph.D., Director of Health Psychology Program. Supervision is provided in weekly one-on-one sessions, case conferences, and co-therapy experiences in cognitive-behavioral groups. Externs also participate in interdisciplinary case conferences.

Didactic Training

There is a weekly Health Psychology Seminar. Topics include chronic pain, adjustment to illness, integrated models of care, cognitive behavior therapy, self-care in disease management, weight management, stress management, smoking cessation, mindfulness, biofeedback, and hypnosis. There are also presentations on various topics in general medicine including coronary heart disease, hypertension, diabetes, chronic obstructive pulmonary disease, and cancer.

Predoctoral Externship Positions

There are two predoctoral externship training positions available in the Health Psychology Program during any given training year. Predoctoral externship training in Health Psychology is structured as a part-time (16-20 hours/week) training experience over a 12-month period. All clinical training activities in Health Psychology are scheduled on Mondays, Wednesdays, and Thursdays. The training year begins on July 1st and continues through June 30th.

Predoctoral externs in Health Psychology spend their time as follows (based on 20 hours/week):

<u>% Effort</u>	<u>Hrs/wk</u>	<u>Training Activity</u>
75	11-15	Direct patient care
10	2	Seminar/didactic Training
15	3	Supervision

Mood Disorders Psychotherapy Program

The Mood Disorders Psychotherapy Program at the VA San Francisco Medical Center is a new treatment program that started in the 2009-2010 academic year. It provides training in diagnostic assessment and evidence-based psychotherapy for the treatment major depressive disorder and related diagnoses (bipolar disorder, borderline personality disorder). The program focuses on the use of evidence-based psychotherapy (primarily cognitive-behavioral techniques) and the use of case formulation to guide treatment. Opportunities include diagnostic assessment using the Structured Clinical Interview for the DSM-IV (SCID), diagnostic screening, structured cognitive-behavioral group therapy for major depression and individual cognitive-behavioral therapy for mood disorders. Additional possible opportunities (depending on resources, interest, and patient need) include cognitive-behavioral interventions for anxiety disorders, dialectical behavior therapy for borderline personality disorder, cognitive-behavior therapy for insomnia, imagery rehearsal therapy for nightmares, and mindfulness-based stress reduction.

Supervision

Clinical supervision will be provided by John R. McQuaid, Ph.D. Supervision will be provided in weekly one-on-one sessions and co-therapy experiences in cognitive-behavioral groups. All treatment will be either audio or video recorded for supervision purposes. If there is enough interest, there will also be a group supervision team.

Didactic Training

If there is sufficient interest, there will be a weekly, year-long course seminar open to trainees and staff on evidence-based psychotherapy. Topics will include principles of cognitive and behavioral therapies, overview of current evidence-based therapies (interpersonal psychotherapy, dialectical behavior therapy, “third wave” interventions) application to specific disorders (depression, anxiety, personality disorders, psychosis) and additional topics of interest to the class.

Predoctoral Externship Positions

There will be two predoctoral externship training positions available in the Mood Disorders Psychotherapy Program during any given training year. Predoctoral externship training in mood disorders will be structured as a part-time (20 hours/week) training experience over a 12-month period. The training year begins on July 1st and continues through June 30th. Predoctoral externs in mood disorders are anticipated to spend their time as follows:

% Effort	Hrs/wk	Training Activity
75	15	Direct patient care
10	2	Seminar/didactic Training
15	3	Supervision

Contact information: Dr. McQuaid at john.mcquaid@va.gov

Neuropsychology

The Neuropsychology Externship Program (20 hours/week) provides training in neuropsychological evaluation and consultation. Externs participate in weekly didactic training and case-conference meeting (2 hours). A variety of assessment techniques are taught and practiced, and basic psychometric principles are reviewed. Trainees gain experience applying a hypothesis-testing approach to the neuropsychological evaluation, and learn to select and integrate methods from clinical interviewing, intelligence testing, cognitive screening assessments, the Halstead-Reitan and Boston Process approaches to neuropsychological assessment, projective testing, and traditional self-report techniques (MMPI-2, PAI, NEO-PI-R, etc.). Basic neuroanatomy is also reviewed in these seminars. Further opportunities are available for attendance at brain-cutting and psychiatry and neurology rounds.

The Neuropsychology Program evaluates inpatient and outpatients from all programs of the SFVAMC, inpatient and outpatient, and patients referred from VA clinics and programs in the surrounding region. Trainees will have an opportunity to perform evaluations and participate in the weekly multidisciplinary Memory Disorders Clinic, and may also consult to the multidisciplinary triage clinic of the Mental Health Outpatient Service. Other patients are scheduled individually for appointments in our clinic or are seen at the bedside.

Trainees participate in all phases of patient evaluation and consultation, including information gathering, assessment, scoring and interpretation, report writing and case-conferences, feedback and counseling. Dr. Rothlind is the supervising psychologist for this training experience, and has been the Director of the Neuropsychology Program at the SFVAMC since May, 1995. Prior to joining our Service, he served on the faculty of the University of Maryland School of Medicine (1992-1995), where he also provided training and supervision in the area of clinical neuropsychology. He is licensed as a Psychologist in California.

Contact information: Dr. Rothlind at Johannes.rothlind@va.gov

Psychosocial Rehabilitation and Recovery Center (PRRC)

Psychosocial Rehabilitation (12-16 hours per week). Jennifer Boyd, PhD, CPRP; Michael Drexler, PhD, CPRP

The Psychosocial Rehabilitation and Recovery Center (PRRC) program directed by Dr. Boyd provides services to veterans with severe mental illness (SMI) with GAF scores of 50 or less. Diagnoses include schizophrenia, schizoaffective disorder, major depression, psychosis NOS, severe PTSD, and similar conditions. The PRRC offers services based on a community college model, and students (patients) select from among skills-based classes (groups), those that would contribute to their individually chosen recovery goals. The PRRCs are new programs that have recently been mandated at VAs nationwide, and are charged with providing up to date evidence based services contributing to role recovery in SMI. The PRRC interdisciplinary team includes psychology, social work, occupational therapy, nursing, recreation therapy, peer support and health technicians, and trainees which may include psychiatry residents, psychology interns, and psychology externs and others.

Working with members of the interdisciplinary team, the extern will be involved at several levels of the program, co-leading skills oriented classes (groups), offering individual intervention, and engaging in recovery oriented assessment as needed. Weekly individual and possible group supervision is provided (depending on the number of trainees). Attendance at weekly clinical staff meetings and trainings, as well as the monthly Psychosocial Rehabilitation Brown Bag Seminar is expected. The extern may also have the opportunity to provide group psychosocial rehabilitation interventions in the Psychiatric Intensive Outpatient Program (PIOP) and in the Psychiatric Inpatient Care Unit under the supervision and guidance of the Local Recovery Coordinator (LRC), Dr. Drexler.

Externs are under the overall supervision of Dr. Jennifer Boyd, Director of the PRRC, and Dr. Michael Drexler, Local Psychosocial Recovery Coordinator for Severe Mental Illness.

Contact information: Dr. Drexler at Michael.drexler@va.gov

Posttraumatic Stress Disorder Clinical Team (PCT)

The Posttraumatic Stress Disorder Clinical Team (PCT) at the Department of Veterans Affairs Medical Center, San Francisco, offers 16 hour psychology practicum placements (externships). Trainees will gain experience with in depth assessment and individual and group psychotherapy for PTSD. Supervision is provided by Victoria Tichenor, Ph.D., Martha Schmitz, PhD and Dawn Lawhon, PhD.

Supervision breakdown is as follows:

One hour weekly with Ph.D. psychologist; One hour weekly with postdoctoral psychology Trauma fellow; One hour weekly group supervision of assessment with PCT staff, postdoctoral fellow, psychology interns and psychiatry residents; One hour weekly didactic covering clinical issues, biology, theory, research and trainee case presentations; One hour weekly group psychotherapy consultation with Ph.D. psychologist and postdoctoral fellow. Videotapes utilized; One half hour with co-therapist following group therapy meetings

The Posttraumatic Stress Disorder Clinical Team (PCT) specializes in the outpatient treatment of veterans who have PTSD related to combat, combat support/training, or sexual abuse in the course of active duty military service. Our PCT is one of the largest in the nation with regard to clinical activity. The majority of the population in PCT is male Vietnam veterans, with large representation of WWII veterans and increasing numbers of veterans from modern deployments (i.e., Afghanistan, Iraq War, Persian Gulf War, and peacekeeping operations). We also have an active program providing services for spouses and partners of veterans in the PTSD clinic. Women veterans are represented in all eras and are increasing in their requests for services from modern deployments. Military sexual trauma is a major emphasis of the clinic, serving both male and female veterans. Many of our veterans suffer from co-morbid disorders, depression and substance abuse being the most frequent. Issues regarding medical illness, chronic pain, postwar adjustment, and relationship stress are increasingly common. Our population is quite diverse, with multiple ethnicities (significant numbers of Filipino American veterans), ages, sexual orientations and levels of SES represented.

The PCT is dedicated to providing comprehensive outpatient treatment for veterans suffering from posttraumatic stress disorder. Although we are in a densely populated urban location, our area of outreach covers eight counties in Northern California and extends nearly to the Oregon border. Because the veterans we treat suffer primarily from chronic PTSD, we believe they require sustained and prolonged treatment. The secondary psychosocial effects of PTSD often pose as much a therapeutic challenge as the primary symptoms of the disorder. Thus, we see it as vital that a multi-modal approach to treatment be employed. This approach includes a variety of treatment components provided by the PCT and a close collaboration with the excellent clinical resources within our Medical Center's Mental Health Service. The objectives of the treatment interventions are to reduce the intensity of symptoms and maximize social and vocational functioning. There is also an emphasis upon coordination of care with the other medical services in the Medical Center to optimize attention to physical problems. Veterans co-morbid for alcohol/substance abuse are referred for evaluation and treatment to the Substance Use PTSD Team (SUPT) or other specialized Substance Abuse treatment programs in the Mental Health Service. The PCT staff provides consultation to the various clinic services throughout the SFVAMC, Community Based Outpatient Clinics, the Veterans Readjustment Counseling Centers in the San Francisco Bay Area, as well as to agencies and private clinical practitioners in the community at large.

The PCT is organized to provide five stages of treatment to veterans with PTSD: 1) evaluation, 2) stabilization, 3) exposure/uncovering, 4) integration and relapse prevention and 5) maintenance. Evaluations are coordinated by the postdoctoral trauma fellow and conducted by all members of the PCT staff and professionals in training with the PCT. The Director of the PCT supervises the day to day clinical activities of the PCT. The postdoctoral fellow is responsible for leading the weekly meeting in which intake assessments are distributed, the process of evaluation is discussed and treatment plans are determined. The director of the program, all psychology staff and all trainees with the PCT attend this meeting. Stabilization treatment is particularly important for our newly returning and MST veterans. We have recently added two staff positions to develop further programming for these veterans. For the stabilization stage of treatment, the main focus is upon biological, social, cognitive and educational strategies with rapid referrals for medication evaluation, couples, structured groups and brief individual treatments. Prolonged exposure and uncovering treatment is conducted individually and in groups. Psychology staff on PCT has particular expertise with exposure based models and other evidence based treatments for PTSD (e.g., Cognitive Processing Therapy). Integration and relapse prevention are accomplished primarily through group treatment, with several of our groups in PCT running long term. Medication management is also a long term strategy for many veterans in the clinic. Because of the chronicity of PTSD, many veterans participate in less intensive maintenance treatments, again with group and psychopharmacological interventions predominating.

Treatment Modalities:

Group Therapy: Short and long term groups are available to provide treatment interventions at each stage of treatment. The groups include: 1) PTSD education group (ongoing) provides information about PTSD and its consequences and serves the function of both stabilization and maintenance treatments, 2) trauma focus groups (6 to 12 months) – exposure/uncovering therapy in a group context, 3) integration and relapse prevention groups (1 to 2 years) draw from the experience of the trauma focus work and examine it in the context of present day coping style and skills. The objective is to solidify gains in symptom reduction from exposure/uncovering treatment and emphasize optimal psychosocial functioning, 4) maintenance groups (duration indefinite) provide support, structure and reinforcement of skills learned in prior stages of treatment and to deal with inevitable symptom exacerbation, 5) stabilization groups (brief) We currently have a Modern Deployment Psychotherapy Group and will be adding a second group in the next few months. This group is comprised mainly of returnees from the Iraq War and focuses on weekly themes related to adjustment (e.g., relationships, employment reintegration, emotional regulation) This group also contains a psychoeducational component, 6) structured groups such as DBT and Seeking Safety (3 months), 7) MST groups for men and women (12-14 weeks), 8) partners group (12-14 weeks) which provides education, support and insight to partners of veterans with PTSD

Individual Therapy: The PCT provides individual therapy when indicated. Individual therapy may be provided: 1) to stabilize a patient in crisis, 2) to provide psychoeducation and assistance with adjustment for newly returning veterans, 3) to provide exposure, behavioral therapy or focal dynamic treatment, 4) to provide adjunctive therapy to group work when the task of the group does not fit with specific issues of a patient 5) to address acute symptom exacerbation for ongoing patients and 6) to prepare a patient for group treatment.

Family Therapy: In PCT, most conjoint therapy is couples. Couples treatment is offered throughout all stages of treatment in the clinic.

Psychopharmacology Clinic: The PCT has a specialized Pharmacology Clinic staffed by all of the PCT psychiatrists. Patients are referred to the Pharmacology clinic by clinicians in the PCT and from clinicians in the community, such as the Veterans Readjustment Counseling Centers. The clinic provides a review of medical status and often serves as a primary referring source to other medical clinics in the Medical Center. The Pharmacology Clinic is available to veterans in the PCT during any stage of the treatment process. Duration of treatment is determined by the presenting symptoms. Case management based maintenance treatment is often a component of long term medication treatment.

Contact information: Victoria Tichenor, PhD at Victoria.tichenor@va.gov

San Francisco VA Medical Center
Psychology Externship Training Program

Please copy and paste application into word doc and type

Part 1:

Please rank order those areas of training to which you are applying:

- Community Mental Health//Santa Rosa Clinic
- Geropsychology / Geropsychiatry
- Community Living Center (CLC)
- Substance Use Disorders/PTSD (SUPT)
- Drug & Alcohol Treatment Clinic (DAT) / Substance Abuse Day Hospital (SADH)
- Opioid Replacement Treatment Clinic (ORT)
- Women's Clinic
- Health Psychology
- Mood Disorders Clinic
- Neuropsychology
- Psychosocial Rehab (PRRC)
- PTSD Treatment (PCT)

Name:

Mailing Address:

Work Phone:

Home Phone:

Cell Phone:

BEST PHONE NUMBER TO REACH YOU ON PND:

U.S. Citizen: Yes No

Graduate School:

Director of Training:

APA Accredited: Yes No (**MUST BE ACCREDITED TO APPLY**)

Type of Program: Clinical Counseling

Type of degree: Ph.D. Psy.D.

Status in graduate program, both currently and anticipated as of July 1, 2010

(If unsure, provide approximate dates of completion)

Date of completion of course work for doctoral degree: _____

Date of completion of any qualifying examinations: _____

Date of completion of dissertation: _____

Application Checklist

Please include all items below in one application packet.

___ Completion of Parts 1-5 of the application

___ Curriculum Vitae

___ Three letters of recommendation sent to support your application.

Note: One of these must be from the Director of Training or a professor at your graduate school indicating approval of your seeking placement at the SFVAMC and confirmation of your graduate student standing.

___ Graduate Program Transcript (unofficial will be considered but official will be required if accepted).

___ Either purchase package tracking or include a self-addressed, stamped postcard to confirm receipt of your application

Please mail application materials to:

**Alexa Harrison
Psychological Services
Mental Health Service
San Francisco VA Medical Center
4150 Clement Street (116B)
San Francisco, CA 94121**

2. Please describe your clinical experience (including clinical settings, patient or client population, duties in each setting, and approximate number of supervised clinical hours in each setting). Also indicate if you expect to obtain additional clinical experience between the time of your application and the beginning of the externship. Discuss the nature of your supervised experience.

3. Please describe your assessment experience (including the names of the psychological/psychometric tests you have administered/interpreted). Approximate the number of each test you have given and the nature of the supervised experience you have received. Also indicate if you expect to acquire more assessment experience before July.

4. Please discuss your interest in the emphasis area to which you are applying and the goals for the externship. Be specific regarding the types of clinical experiences you are seeking. Also, please describe how these goals fit within your overall plan for clinical training during graduate school (you may describe more than one emphasis area in this section).

5. Agreement Regarding Representation of Training Experience

I, _____ (printed name) understand that I am applying a training experience with the Psychological Services/Mental Health Service, San Francisco VA Medical Center that is classified as an “Externship.” Should I be accepted, I agree to represent this training at all times as an “Externship,” and I agree not to represent it anywhere (whether verbally, on a CV, to a license agency, etc.) as an “Internship” or as part of an internship. While my graduate school may count this externship experience toward its internally defined criteria for satisfying “internship” requirements, I will make sure that it does not represent to anyone externally that I obtained part or all of an “internship” at the SFVAMC.

Signature

Date

San Francisco VA Medical Center Psychology Training Staff

Keith R. Armstrong, L.C.S.W. is the Director of the Family Therapy Clinic, the social workers in mental health service and is a Clinical Professor of Psychiatry at the University of California, San Francisco. He is also a member of the Posttraumatic Stress Disorder Program. Prior to his 19 years of outpatient work at the VA he was the inpatient social worker for the VA's Psychiatric Inpatient Unit. He received his masters degree in Social Work from University of California, Berkeley in 1984. He is author of clinical and research articles and chapters addressing the treatment of traumatized individuals and families. He co-authored *Courage After Fire*, a self-help book for returning Iraq and Afghanistan veterans and their families. In 2005 he was given his 4th excellence in teaching award by the University of California Psychiatry Residents Association. In 2005 he also won the Excellence in Direct Teaching Award by the Haile Debas Academy of Medical Student Educators. He also maintains a private practice in the Bay Area.

Peter Banys, M.D., M.Sc. is the Chief of the Substance Abuse Programs and the Substance Abuse Physician Fellowship at the SF-VAMC for over 25 years. Dr. Banys has developed a phase model of recovery that guides treatment in these programs. He is Health Sciences Clinical Professor of Psychiatry at UCSF. Twenty-five fellows have completed the fellowship and have obtained junior faculty appointments at UCSF, Stanford, University of Pennsylvania, Yale and elsewhere. Others have gone to work for Kaiser Permanente, City and County of San Francisco, and other community agencies such as the Haight Ashbury Free Clinics. He is active in clinical research and is a co-investigator in two NIDA sponsored research centers. Dr. Banys was educated at Harvard University (as a National Merit Scholar), the London School of Economics and Political Science (M.Sc. in Social Psychology), and obtained his MD from Case Western Reserve School of Medicine in 1973. He is a Past-President of the California Society of Addiction Medicine and a member of the Executive Boards of the California Society and the American Society of Addiction Medicine. Dr. Banys is the recipient of the Federal Employee of the Year Award from the VA, and the Vernelle Fox Award from CSAM for Excellence in Physician Teaching. He sits on the State Advisory Committee for the California Department of Alcohol and Drug Programs. He is listed in Best Doctors in America. In 2006 he began consulting to the government of Vietnam about development of addiction treatment programs in-country.

Steven L. Batki, M.D. directs the Addiction Psychiatry Research Program at the San Francisco VA Medical Center, within the UCSF Department of Psychiatry. Prior to his return to UCSF, Dr. Batki had served as Professor and Director of Research in the Department of Psychiatry at the State University of New York (SUNY) Upstate Medical University from 1999 to 2007. Dr. Batki completed his psychiatry training at UCSF where he taught, directed clinical services, and conducted clinical research from 1983 to 1999. In his previous roles at UCSF, he was Clinical Professor of Psychiatry and Director of the Division of Substance Abuse and Addiction Medicine at San Francisco General Hospital until his move to SUNY Upstate Medical University in 1999. Dr. Batki engages in clinical research in addiction psychiatry and psychopharmacology with a focus on the treatment of addiction and comorbid mental illness and medical disorders. His NIAAA-funded research addresses the treatment of alcohol problems among individuals with schizophrenia. His NIDA project is aimed at improving the treatment of injection drug users with chronic Hepatitis C infection. Dr. Batki's research at the San Francisco VAMC will continue to focus on psychopharmacology and addiction comorbidity with schizophrenia as well as PTSD.

Jennifer E. Boyd, Ph.D. is the Director of the Psychosocial Rehabilitation and Recovery Center and an Associate Adjunct Professor of Psychiatry at the University of California, San Francisco. Dr. Boyd was educated at Stanford University, the University of Maryland, Georgetown University, and Columbia University. Her research investigates the influence of sociocultural factors on psychopathology, such as the cross-cultural validity of psychological measures, and the effect of internalized stigma on the course of severe mental illness. Recent papers include "Hearing voices: Explanations and implications," "Internalized stigma predicts erosion of morale among psychiatric outpatients," "Internal validity of an anxiety disorder screening instrument across five ethnic groups," "Cultural differences in patterns of mood states on board the International Space Station" "Association of Rorschach and MMPI psychosis indicators and schizophrenia spectrum diagnoses in a Russian clinical sample." In clinical work, Dr. Boyd uses the recovery model of psychosocial rehabilitation.

Timothy P. Carmody, Ph.D. is Director of the Health Psychology and Clinical Professor in the Department of Psychiatry, UCSF. He received his doctorate in clinical psychology from the University of Montana in 1977 and has been a member of the Psychological Services staff since 1985. For eight years, he was a faculty member in the Department of Medical Psychology at the Oregon Health Sciences University. His professional interests include nicotine dependence, chronic pain, obesity/weight control, and behavioral factors in the prevention and treatment of coronary heart disease. He is affiliated with the Department of Psychiatry's Treatment Research Center in which he directs a clinical trial on tobacco use cessation in alcohol-dependent smokers. He has published in a variety of areas in behavioral medicine including smoking cessation, pain management, coronary risk factors, dietary management of hyperlipidemia, coronary-prone behavior, and medical adherence. Dr. Carmody has been the recipient of a Research Career Development Award from the National Heart, Lung, and Blood Institute (NHLBI) and he has

served on several ad hoc grant review committees for NHLBI. His research has been funded by the VA HSR&D and RR&D Programs, NIDA, and the University of California Tobacco-Related Diseases Research Program. He serves as an editorial consultant to several professional journals and as a member of the editorial board for the Journal of Clinical Psychology in Medical Settings. He also serves as a member of the VA's National Technical Advisory Group for tobacco use cessation, membership committee for the APA Division 18/VA section, and Evidence-Based Behavioral Medicine Committee for the Society of Behavioral Medicine.

Robert B. Daroff, Jr., MD, is Associate Chief for Education in the Mental Health Service at the San Francisco VA Medical Center, and serves as a staff psychiatrist for the General Psychiatric Outpatient Service (GPOS). He completed his undergraduate and medical education at Case Western Reserve University, and his residency at the University of California, San Francisco. Dr. Daroff's clinical expertise is in HIV psychiatry, and he has led the HIV Psychiatry Program at the SFVA for many years. Dr. Daroff has extensive leadership experience in undergraduate and graduate medical education, serving as the Clerkship Director for the required psychiatry course for all UCSF third year medical students, and for many years as the Associate Residency Training Director for the Department of Psychiatry. In addition to his administrative duties, he has extensive experience as a clinical supervisor, having received multiple awards and nominations for teaching excellence award from medical students and residents at UCSF.

John Devine, M.D. is a staff psychiatrist General Psychiatry Outpatient Services and is an Associate Clinical Professor, Department of Psychiatry, University of California, San Francisco. Dr. Devine received his medical degree from the University of Vermont in 1988, and completed his internship and residency in psychiatry at the University of California, San Francisco in 1992. He served as Chief Resident in Psychiatry at the SFVAMC from 1992-93, and has since worked as a staff psychiatrist in the outpatient services. His interest include psychiatric education, psychodynamic psychotherapy, group psychotherapy, treatment issues related to affective disorders and the psychiatric issues of patients with HIV infection. Dr. Devine's most recent publication has been a chapter on psychotherapy of patients with HIV infection in a book entitled: The UCSF ADS Health Project Guide to Counseling: Perspectives on Psychotherapy, Prevention and Therapeutic Practice.

Jeremy Doughan, Psy.D. is a staff psychologist in the Division of Geropsychiatry at the San Francisco VA Medical Center. Current clinical roles include the Home Based Primary Care Program, Hospice/Palliative Care Service, inpatient Neuropsychology consults, Geriatric Medical Practice Clinic and Geriatric Mood Assessment Clinic. Dr. Doughan received his undergraduate degree in psychology from the University of Minnesota. He subsequently received his master's and doctoral degree from the Minnesota School of Professional Psychology. During his graduate tenure, he completed an advanced practicum in geriatrics at the Minneapolis VAMC, pre-doctoral clinical psychology internship at the Miami VAMC and postdoctoral fellowship in Clinical Psychology, with Geropsychology specialization, at the Boston VAMC. He held academic appointments as a Teaching Fellow in Psychiatry at the Boston University School of Medicine, Clinical Psychiatry Fellow at Harvard Medical School and currently is Adjunct Professor of Psychology at the University of San Francisco. Dr. Doughan's interests include geriatric-neuropsychological evaluations, personality assessments of older adults, interpersonal psychotherapy of geriatric patients and academic teaching/supervision of trainees.

Michael L. Drexler, Ph.D., C.P.R.P., is the Local Psychosocial Recovery Coordinator (LRC) for Serious Mental Illness at the SFVAMC. As the LRC, he provides patient and staff education, support, consultation and evidence-based intervention supporting role recovery in serious mental illness. He works closely with the interdisciplinary teams of the Psychosocial Rehabilitation and Recovery Center, the Psychiatric Intensive Outpatient Program, and also provides input and service to the Psychiatric Inpatient Care Unit. He also provides evaluations in the Compensation and Pension Clinic and helps to manage the mental health services provided in that clinic. Prior to becoming the LRC, he served as Geropsychologist and Geriatric Neuropsychologist. Before coming to the VA, he worked at Laguna Honda Hospital and Rehabilitation Center in San Francisco, one of the largest skilled nursing and subacute rehabilitation facilities of its kind, where he served as Director of the Neuropsychology Service, Program Director of Psychosocial Units, and Psychosocial Coordinator of the Dementia Cluster. Dr. Drexler has worked as the consulting psychologist/neuropsychologist for Geriatric Services of San Francisco, Garfield Geropsychiatric Hospital in Oakland, Morton Bakar Geropsychiatric Center in Hayward (which was heavily oriented toward psychosocial rehabilitation), and Letterman Army Medical Center in San Francisco. He is Assistant Clinical Professor at UCSF, adjunct professor at the California School of Professional Psychology of Alliant University, Berkeley/Alameda, and is Instructor in Psychosocial Rehabilitation, Geropsychology and Neuropsychology at UC Berkeley Extension. Dr. Drexler is a Fellow of the National Academy of Neuropsychology, and his service to that organization has included being Chair of the Education Committee. He is a Past President of the Northern California Neuropsychology Forum. He received his doctorate from the California School of Professional Psychology (Alliant International University), Berkeley, in 1988.

Maria Isabella Fernandez, MD is the Director of Psychiatric Intensive Care Unit and Assistant Clinical Professor at University of California, San Francisco. She graduated medical school at the University of Barcelona and completed residency at UCSF and a

fellowship in geriatric psychiatry at Brown University. Her areas of interest are inpatient psychiatry, mood disorders, electroconvulsive therapy, and geriatric psychiatry. She teaches and directly supervises 3rd year UCSF medical students on their core psychiatry rotation and lectures in medical student rounds. She has published in the areas of panic disorder and treatments with buprenorphine.

Charles Filanosky, Ph.D., Ed.M. is a Staff Clinical and Rehabilitation Neuropsychologist in the Medical Practice – Mental Health Integrated Clinic (MP-MHIC) joining the SFVAMC in 2007. He is also an Assistant Clinical Professor of Psychiatry at UCSF. Prior to this, he completed a two year post-doctoral residency in clinical neuropsychology and rehabilitation research at The Mount Sinai Medical Center in New York and was an adjunct member of the faculty at Hunter College of the City University of New York. He earned his doctorate at the Pacific Graduate School of Psychology (2004) and has a Master's degree in education from Boston University (1995). Dr. Filanosky is primarily located in the MP-MHIC where he evaluates veterans who screen positive for mental health concerns and provides consultation services to the medical staff and residents. His therapeutic approach integrates cognitive-behavioral, existential, and mindfulness based therapies. He also performs neuropsychological evaluations for PNAP where he specializes in traumatic brain injury (TBI). In addition, he is involved in the coordination of services for returning OEF/OIF veterans, consults to the PCT, performs compensation and pension evaluations and is a member of the Polytrauma Clinical Support Team. His research interests include neuropsychological assessment, TBI, applications of technology in within mental health, and coping with grief and bereavement.

Chris Galloway, Ph.D., is the SFVAMC Suicide Prevention Coordinator and Co-chair of the Disruptive Behavior Committee. After receiving his Ph.D. in Clinical Psychology in 2006 from the University of North Carolina at Chapel Hill, he completed a Postdoctoral fellowship with the Dual Disorders team at the Center for Excellence in Substance Abuse Treatment and Education at the Seattle VA. Opportunities for training in risk management and administrative activities (e.g., program development, program evaluation, Mental Health Service Quality Improvement) will be available to trainees at the beginning of the 2008 training year. Additional training opportunities in specialized interventions for suicide prevention may become available later in the training year. Dr. Galloway's research interests include suicide prevention as well as assessment, etiology, and treatment of substance abuse and comorbid mental health conditions.

Caitlin Hasser, MD is the Director of the Women's Mental Health Program. She was educated at Harvard, completed medical school at the University of Virginia in 1997 and completed her psychiatry residency at UCSF where she served as LPPI Chief Resident in 2007. Dr. Hasser works as a consultant to the Women's Clinic, a multidisciplinary clinic designed to provide comprehensive services to women veterans, where she evaluates patients who screen positive for mental health concerns and consults with primary care providers. She also provides clinical services with the PTSD clinical team and via telemental health. The women's mental health program is currently expanding with increases in the services provided to women as well as educational opportunities for trainees in this integrated setting. Her interests include affective and anxiety disorders during pregnancy and the postpartum period, sexual trauma, post-traumatic stress disorder and improving access to care. She has published in the area of depression and pregnancy. She also has a strong commitment to teaching and regularly supervises psychology and psychiatry trainees.

Ellen Herbst, M.D. is an Assistant Clinical Professor of Psychiatry at UCSF. She is the Medical Director of the Substance Abuse Day Hospital (SADH) at the VA Medical Center, an intensive outpatient day program for patients with substance use and dual-diagnosis disorders. She has extensive clinical experience working with veterans with chronic mental illness, with a particular interest in substance use disorders, women's health, and post-traumatic stress disorder. In 2005, Dr. Herbst helped to design and implement a clinical trial investigating the effectiveness of D-cycloserine medication treatment combined with cognitive behavioral therapy for post-traumatic stress disorder. She also has a strong commitment to teaching and regularly supervises UCSF psychiatric residents, fellows, and medical students.

Joshua Israel, M.D. is staff psychiatrist on the Psychiatric Intensive Care Unit and Electroconvulsive Therapy Services, and is an Associate Clinical Professor, Department of Psychiatry, University of California, San Francisco. Dr. Israel received his medical degree from the University of Massachusetts 1995, and completed his residency in psychiatry at Massachusetts General Hospital in 1999. Dr. Israel was a clinical fellow at Harvard University from 1995-1999. He completed a UCSF fellowship in Consultation-Liaison Psychiatry at the San Francisco VA in 2000. From 2000-2001 he was an attending psychiatrist on the Inpatient Psychiatric Unit at the California-Pacific Medical Center in San Francisco where he was also a staff physician on the electroconvulsive therapy service. He has worked as a staff psychiatrist at the San Francisco VA since 2001. Dr. Israel's interests include psychopharmacology of depression and adult attention-deficit/hyperactivity disorder, and ECT. Dr. Israel's most recent publication has been a chapter on somatic therapies for depression in The Massachusetts General Hospital Psychiatry Update and Board Preparation Guide.

David Kan, M.D. is the Medical Director of the ORT clinic. He received his medical degree from Northwestern University Medical School and completed his psychiatry residency at UC San Francisco. He has also completed a Forensic Psychiatry Fellowship. He has supervised psychiatry and psychology trainees in the ORT and Substance Abuse Day Hospital. His professional interests include addiction treatment, forensic psychiatry and assessment and treatment of special populations including the criminal justice populations. He also works part time for the City and County of San Francisco conducting evaluations and risk assessments. He is a member of the SFVAMC psychotherapeutic medications committee.

Dawn Lawhon, PhD is a staff psychologist on the Posttraumatic Stress Disorder Team (PCT). After receiving her Ph.D. in Clinical Psychology and Women's Studies from the University of Michigan (2004), Dr. Lawhon completed a clinical post-doctoral fellowship in PTSD at the San Francisco VAMC (2005) and a NIDA-funded research fellowship in substance abuse treatment at the University of California, San Francisco (2007). Dr. Lawhon's research focuses on family systemic issues of individual treatment (e.g., how a patient's significant other affects and is affected by the patient's involvement in treatment, and in turn, how such systemic processes might be used to increase treatment adherence and efficacy). Other interests include psychotherapeutic issues of race, gender, class, and sexual orientation. Within the PTSD clinical program, Dr. Lawhon conducts evaluations, leads therapy groups, and treats patients in individual therapy, with emphasis on enhancing motivation for treatment and recovery from military sexual trauma. She serves as PCT Intake Coordinator, and also oversees coordination and provision of mental health services for Afghanistan and Iraq War veterans through an integrated clinic located in Primary Care. Dr. Lawhon specializes in psychodynamic, interpersonal, and self-psychological approaches to treatment, and also conducts prolonged exposure therapy for PTSD. She provides supervision to psychology interns, externs and fellows, teaches psychiatry residents in training with the PCT, and participates in the PCT educational seminar.

Kewchang Lee, M.D. Dr. Lee is Director of the Psychiatry Consultation Unit at the SF-VAMC and Associate Clinical Professor of Psychiatry at the UCSF School of Medicine. He is actively involved in clinical and teaching activities, focusing on consultation-liaison psychiatry and mental health issues in the primary care setting. He founded the Fellowship in Consultation-Liaison Psychiatry at the SF-VAMC in 1999, and has published several chapters in psychiatry, internal medicine, and geriatric medicine texts. Dr. Lee was educated at Harvard University, and received his MD at New York University in 1992. He was trained in the psychiatry residency program at UCSF.

Russell Lemle, Ph.D. is Psychology Director, Mental Health Service and Associate Clinical Professor, UCSF Medical School, Department of Psychiatry. He obtained his doctorate from SUNY at Buffalo in 1979. He completed his predoctoral internship at UCLA Neuropsychiatric Institute and his postdoctoral fellowship in Family Therapy at Langley Porter Psychiatric Institute. Between 1984 and 1993, he was Chief of the SFVAMC Outpatient Alcohol Clinic, during which period he authored clinical articles on alcohol treatment and etiology. He became the Chief Psychologist in 1992 and interimly served as Director of Psychology Training 2003 -2008. Other areas of professional interest and teaching include existential/process psychotherapy and group therapy. He also has published in couples therapy. Dr. Lemle is on the Planning Committee of the yearly national VA Psychology Leadership Conference and trainees are encouraged to attend the conference. In 2005, he received an APA Presidential Citation for his significant contributions to national VA Psychology issues. Dr. Lemle is a Fellow in the APA Division 18 (2004).

Shira Maguen, Ph.D. is a Staff Psychologist on the Posttraumatic Stress Disorder Clinical Team (PCT). Dr. Maguen completed her internship and postdoctoral training at the National Center for PTSD at the VA Boston Healthcare System after receiving her doctorate in Clinical Psychology from Georgia State University. She is involved with both the clinical and research components of the PTSD program. Within the PTSD clinical program, Dr. Maguen conducts evaluations, leads therapy groups, and sees patients for individual therapy. She is involved in the provision of services for the returning Afghanistan and Iraq War veterans, including working as part of the Integrated Care Clinic and facilitating an OIF/OEF Reintegration Group. Dr. Maguen specializes in evidence-based cognitive behavioral therapies, including Cognitive Processing Therapy (CPT) and Prolonged Exposure (PE) Therapy and for PTSD. She leads the CPT seminar and supervision group offered through the PCT. She provides supervision to psychology interns, externs and fellows, teaches psychiatry residents in training with the PCT, and participates in the PCT educational seminar. Her research interests fall under the umbrella of PTSD and include risk and resilience factors in veterans, the psychological impact of exposure to death and dying in Iraq War veterans, complicated grief, and coping with the ongoing threat of terrorism in countries such as Israel.

John R. McQuaid, Ph.D., is Associate Chief of Mental Health for Clinical Administration at the San Francisco VA Medical Center, and serves as a staff psychologist for the General Psychiatric Outpatient Service (GPOS). He completed his undergraduate education at the University of California, San Diego, his Ph.D. at the University of Oregon, and his internship and postdoctoral fellowship at the University of California, San Francisco. Prior to joining the San Francisco VA in 2009, Dr. McQuaid worked at the VA San Diego Healthcare System and UCSD for 13 years as Director of a mood clinic. Dr. McQuaid's clinical and research expertise is in the development and use of cognitive-behavioral interventions for psychiatric disorders and health

management issues. He is currently funded for a VA research grant examining the treatment of phantom limb pain using cognitive-behavior therapy and visual feedback. He is a co-investigator or consultant on several other treatment studies applying cognitive-behavior therapy to treatment of psychosis, comorbid depression and substance dependence, and high risk sex behaviors. Dr. McQuaid also has extensive experience as a clinical supervisor, having twice received the teaching excellence award from the VA San Diego/UCSD Psychology Internship Program.

Thomas Neylan, M.D. received his medical school education from Rush Medical College, graduating in 1984, and completed his psychiatry residency at the University of Pittsburgh. He began his research training at the University of Pittsburgh in a NIMH funded clinical research fellowship. He is currently the Director of the PCT. Dr. Neylan is an Associate Professor of Psychiatry in Residence at the University of California School of Medicine, San Francisco. Dr. Neylan has been an active researcher in the study of sleep, psychopharmacology, and Posttraumatic Stress Disorder for the past 18 years. He is the Principal Investigator (PI) on a National Institutes of Health grant studying the role of the PTSD and gender on endocrine sleep regulation. He is also the PI on a Veterans Affairs Administration grant study the effects of prazosin on sleep polysomnography in PTSD, and a Department of Defense grant studying gene expression arrays in PTSD. He is a Co-Investigator on an NIH funded study of the responses of police officers to traumatic exposure and a Department of Defense study of magnetic resonance imaging and spectroscopy in veterans who served in the Persian Gulf War.

Dr. Neylan has first-authored multiple articles in prominent psychiatric journals including the Archives of General Psychiatry, the American Journal of Psychiatry, Neuropsychopharmacology, Journal of Clinical Psychiatry, Biological Psychiatry, Journal of Traumatic Stress, and Psychosomatic Medicine. He has presented his research at national meetings such as the American Psychiatric Association, the American College of Neuropsychopharmacology, the American Sleep Disorders Association, and the International Society for Traumatic Stress Studies. Dr. Neylan serves on the National Institutes of Health, Center for Scientific Review, Adult Psychopathology and Disorders of Aging Study Section.

Nancy Odell, L.C.S.W. is a clinical social worker on the Substance Use/ Posttraumatic Stress Team (SUPT) and an Associate Clinical Professor at the UCSF Medical School, Department of Psychiatry. She received her graduate degree in Clinical Social Work from Boston College and worked at the National Center for Posttraumatic Stress Disorder prior to working at the San Francisco VA Medical Center. She provides group supervision for psychiatry residents and coordinates the SUPT Clinical Training Seminar. Ms. Odell participated in an inter-cultural exchange in the Republic of Vietnam. She traveled to Vietnam and met with various mental health professionals, university and government officials to exchange treatment information on Posttraumatic Stress Disorder and substance use disorders. She participated in a treatment outcome study with Stanford University investigating the effectiveness of group psychotherapy for women diagnosed with Posttraumatic Stress Disorder from childhood sexual abuse. She has participated in MIRECC funded studies in the treatment of PTSD and is currently involved in an exposure based treatment for Iraq/Afghanistan veterans. She has specific training in Control Mastery and her orientation is cognitive/ behavioral and psychodynamic. Ms. Odell has a private practice in San Francisco.

Patrick Reilly, Ph.D. is the Director of Mental Health Services at the Santa Rosa VA Community Based Outpatient Clinic, and Professor of Clinical Psychology at the University of California, San Francisco. He received his doctorate in counseling psychology from Stanford University in 1989, where he was an American Psychological Association Minority Fellow. His professional interests include substance abuse treatment, anger management, and the treatment of violent behavior. He currently has administrative, clinical, and teaching duties at both the Santa Rosa VA and the San Francisco VAMC. He has completed research studies with the San Francisco Treatment Research Center, the San Francisco VAMC, and the Honolulu VAMC, on group treatment of anger management for drug treatment and/or PTSD patients. He is currently a co-investigator on a study examining violence-prone substance use patients at the Palo Alto VAMC. He has also served as a co-investigator on cocaine treatment studies and 180-day methadone detoxification protocols. He has received several awards including the 2008 APPIC Award for Excellence in Diversity Training, the 2003 Apex Award for publication excellence for his cognitive-behavioral anger management treatment manual; the American Psychological Association, Division 18, VA Section, Outstanding Administrator Award for 2002; and the 1999 Interdisciplinary Achievement Award by the Langley Porter Psychiatric Institute Alumni-Faculty Association at UCSF. His publications include "Anger Management for Substance Abuse and Mental Health Patients: A Cognitive- Behavioral Therapy Manual" through the Center for Substance Abuse Treatment, SAMHSA, "Anger Management Group Treatment for Cocaine Dependence: Preliminary Outcomes" in the American Journal of Drug and Alcohol Abuse, "Self-Efficacy and Illicit Opioid Use in a 180-Day Methadone Detoxification Treatment" in the Journal of Consulting and Clinical Psychology, and "Anger Management and Temper Control: Critical Components of Posttraumatic Stress Disorder and Substance Abuse Treatment" in the Journal of Psychoactive Drugs.

Kellie Rollins, PsyD is the Director of Psychology Training at San Francisco VA Medical Center, staff psychologist and clinical supervisor of the Opioid Replacement Treatment Team (ORT) within the Substance Abuse Programs and Assistant Clinical Professor of Psychiatry at UCSF. Dr. Rollins graduated from Nova Southeastern University after predoctoral internship at

Harvard Medical School/Boston VA with an emphasis on assessment and treatment of severe psychopathology in women veterans and psychodynamic psychotherapy. She subsequently completed her postdoctoral fellowship at San Francisco VA Medical Center, focusing on the treatment of substance use disorders and posttraumatic stress. As Director of Training, Dr. Rollins leads the predoctoral internship and postdoctoral fellowship programs in Clinical Psychology and oversees the psychology externship training program. In the ORT Clinic, she provides individual psychotherapy from dynamic/relational orientation, facilitates a long term interpersonal psychotherapy process group and a skills-based harm-reduction alcohol dependence recovery group. She is primary supervisor for the substance abuse postdoctoral fellow and psychology externs. Dr. Rollins' specific interests include the psychological assessment and treatment of individuals with co-occurring substance abuse and psychiatric disorders, harm-reduction, personality/characterological disorders and early career professional development. She serves as the Chair of Quality Improvement for the Substance Abuse Programs at the Medical Center and is a Board member of the San Francisco Psychological Association as local chapter representative to California Psychological Association.

Martha Schmitz, Ph.D. is a psychologist with both research and clinical responsibilities. She coordinates a V.A. clinical research project (CSP #504) studying the effectiveness of Risperidone (Risperdol) in managing symptoms of PTSD. She offers both present-centered and past-centered (e.g., Prolonged Exposure) individual psychotherapy to veterans with MST and combat-related PTSD. She also facilitates several groups, including an interpersonal process group for Vietnam veterans, an Anger Management group for OEF/OIF veterans, and a psychoeducational group for veterans of all eras. For the past 5 years, Dr. Schmitz has offered continuing education workshops and supervision in Seeking Safety, a cognitive-behavioral therapy for PTSD and substance abuse, to mental health professionals throughout the United States.

Mark Stalnaker, Ph.D., is a staff psychologist with the SFVAMC Suicide Prevention Program. After receiving his Ph.D. in Social Psychology in 2004 from Harvard University, he obtained a Certificate of Clinical Respecialization from the University of Massachusetts at Amherst in 2006. He subsequently completed his clinical internship at the Baltimore VA Medical Center and postdoctoral fellowship in posttraumatic stress at the San Francisco VA Medical Center. As part of the suicide prevention program Dr. Stalnaker performs a range of clinical, administrative, and educational duties focused on the assessment, management, and treatment of suicidal behaviors in the veteran population. Dr. Stalnaker's research and clinical interests include suicide prevention, posttraumatic stress disorder, and cognitive-behavioral and mindfulness-based treatment interventions.

John Straznickas, M.D. is the Team leader for the Substance Use Posttraumatic Team (SUPT) and a staff attending psychiatrist in the Substance Abuse Outpatient Clinic (SAOPC) at the San Francisco VA Medical Center. He is an Associate Clinical Professor in the Department of Psychiatry at the University of California, San Francisco School of Medicine, and has received several teaching awards from the residents in psychiatry including the Excellence in Teaching Award in 2004, 2007 and 2008. He leads the substance abuse seminars for the psychiatry residents and the psychology interns, supervises psychology fellows, interns, residents and medical students. He leads two group supervisions for both faculty group leaders and psychiatry residents. Dr. Straznickas received his medical degree from Duke University and is a graduate of the UCSF psychiatry residency program.

Elizabeth S. Sutherland, Psy.D. is the Geropsychologist in the Geriatrics and Extended Care Line at the San Francisco VA Medical Center. Dr. Sutherland graduated from John F. Kennedy University in 2007 and completed her predoctoral internship at Mount Sinai Medical Center in Manhattan through the Department of Rehabilitation Medicine. Internship specialized in acute inpatient units, which included the spinal cord injury unit, traumatic brain injury unit, and major medical rehabilitation unit. Dr. Sutherland completed her postdoctoral fellowship at the San Francisco VA Medical Center, specializing in older adults for both inpatient and outpatient services. Research interests include evaluating the efficacy of interdisciplinary teams with individuals diagnosed with dementia within long-term care facilities.

Victoria Tichenor, Ph.D., is staff psychologist in the PCT. Dr. Tichenor is one of the founders of the Family Therapy and women's clinical services components of the PTSD Program. Dr. Tichenor received her Ph.D. in Counseling Psychology at the University of Maryland (1989), and is currently is an Assistant Clinical Professor of Psychiatry at the UCSF. She has been a member of the PCT staff since 1989. She has published articles on the relationship of peritraumatic dissociation and PTSD in female Vietnam Theater veterans therapeutic alliance on psychotherapy process.

Angela Waldrop, Ph.D., is a psychologist and researcher. She received her doctorate in clinical psychology from the University of Missouri-St. Louis. She completed her predoctoral internship and a NIMH-funded research postdoctoral fellowship at the Medical University of South Carolina (MUSC), primarily at the National Crime Victims Research and Treatment Center. She is an Assistant Professor of Psychiatry at UCSF and a Staff Psychologist on the PTSD Clinical Team at the San Francisco VAMC. Her research interests include comorbidity of substance use disorders and PTSD, the role of impulsivity in risky behaviors, HIV

risk behaviors, and associations between stress reactivity and addiction. Her clinical expertise is in the treatment of PTSD, anxiety and mood disorders, and substance use disorders.

Samuel Wan, Ph.D., is a staff psychologist with the SFVAMC Substance Use and PTSD Clinic (SUPT). He completed his pre-doctoral internship with the Boston Consortium in Clinical Psychology and post-doctoral fellowship in Substance Use Disorders at the San Francisco VA Medical Center. He received his Ph.D. in Counseling Psychology in 2007 from Boston College, and afterwards contributed to a clinical research project investigating the efficacy of treatments for co-occurring chronic pain and PTSD. As part of the SUPT clinic, Dr. Wan performs a range of clinical, administrative, and educational duties focused on the assessment, management, and treatment of co-occurring substance abuse and PTSD in the veteran population. Dr. Wan's research and clinical interests include substance use disorders, posttraumatic stress disorder, multicultural psychology, particularly Asian American psychology, and gender issues. For 2008-09, Dr. Wan was selected as an Early Career Leadership Fellow with the Asian American Psychological Association, where he has been active on projects focused on social justice and advocacy for Asian Americans and psychology in general.

Joan Zweben, Ph.D. obtained her doctorate in 1971 from the University of Michigan. She is part time staff psychologist at the VA where she supervises trainees in issues related to the treatment of addiction. Dr. Zweben is a Clinical Professor in the Department of Psychiatry, UCSF Medical Center. Dr. Zweben is an APA Fellow in the Addiction Division since 1997. She is also Director of the Fourteenth Street Clinic and East Bay Community Recovery Project in Oakland, an outpatient drug program with psychological and medical services. Dr. Zweben is widely known as a consultant in the area of drug and alcohol treatment. She has numerous publications and is on the editorial board of the Journal of Psychoactive Drugs. She does consulting and training in a wide range of drug and alcohol treatment modalities.

Leila Zwelling, L.C.S.W. is clinical social worker on the Posttraumatic Stress Disorder Clinical Team (PCT) and an Assistant Clinical Professor in the Department of Psychiatry at the UCSF School of Medicine. Within the PTSD clinical program, she conducts evaluations; provides individual, couples and group psychotherapy; and offers gender-specific care through the program's Women's Focus. She conducts cognitive processing therapy and prolonged exposure to treat PTSD due to combat trauma, military sexual trauma and civilian traumas. Additionally, she coordinates the PCT Group Therapy Program. Ms. Zwelling also provides mental health evaluations and brief treatment through the Women's Clinic, where she serves as mental health consultant to medical staff in the primary care setting. She is working to expand women's mental health treatment options at the San Francisco VA, as a member of the recently formed Women's Mental Health Planning Committee. Prior to joining the VA, Ms. Zwelling provided intensive outpatient mental health treatment to frequent users of San Francisco General Hospital's emergency department. Additionally, she served as a family therapist at the Edgewood Center for Children & Families, and completed a specialized training with the UCSF Infant-Parent Program. She draws on psychodynamic, existential, and mindfulness-based therapies, and is involved with the local psychoanalytic community. Clinical interests include gender differences in response to trauma, child development and parenting issues. She teaches psychology interns, externs, fellows and psychiatry residents in training with the PCT and participates in educational seminars and case conferences.